# Dr. Schulze's

## 2021

The Year of **Super-Immunity** 

#### Something **you can count on** in uncertain times...



### Welcome to the Amazing World of **Dr. Schulze's Herbal Formulas**

When 2020 started, I had a feeling it was going to be a **very different year.** But I would **never have imagined** what that year turned out to be.

As if a once-a-century pandemic wasn't bad enough, we had record levels of unemployment, businesses closing and failing, social unrest, protests, looting, rioting and burning, schools closed almost all year, restaurants, churches, and almost everything closed, wearing masks all year, rubber gloves, a very divided presidential election, being shut-in... all of this creating unheard-of levels of stress, anger, frustration, and depression.

Never in my life have I seen more people stressed-out and unhappy than currently in America, which has led to increased levels of depressed immunity. Not good.

Right now, it is more important than ever to get STRONG and stay HEALTHY. 2021 must be a year of recovery for you and your family, and the foundation of that recovery is Creating Powerful Health. I will tell you exactly the best way to do this.

#### – Dr. Richard Schulze

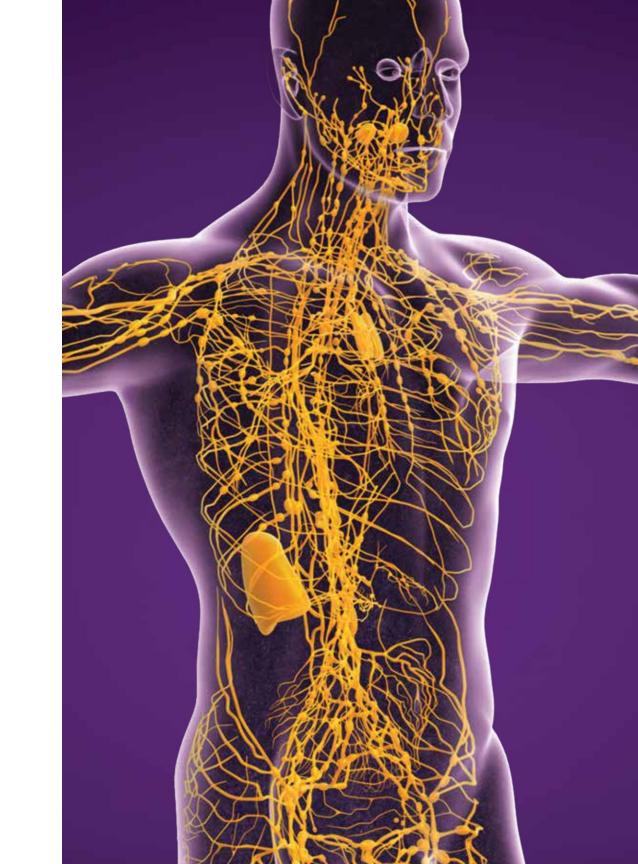
# **2021:** The Year of **Super-**Immunity

### I have been saying this for **four decades,** and now it's **more important than ever.**

This year, we must be very vigilant, and our immune systems must remain super-strong. Now is NOT the time to let your guard down.

I want you to create for yourself and your loved ones many protective and preventative health protocols to build superimmunity.

So let's start 2021 differently than most years, with all of my immune support suggestions and protocols. See the following pages for the formulas that I use every day to build an Extraordinary, Powerful Immune System.





# Dr. Schulze's **Daily** 2021 **Routine**

Friends, besides washing your hands 10 times a day (or more), using your PPE (Personal Protective Equipment), and avoiding crowds and especially sick people, I need you to go the extra mile this year...

#### NUTRITIONAL SUPPORT TO FUEL YOUR IMMUNE SYSTEM

#### "NUTRITION is the fuel that creates a powerful immune system."

#### SuperMeal, SuperFood Plus, and SuperFood 100

Many of the herbs in my immune formulas tell your body to increase and make more immune cells and immune chemicals. But what does your body need to create these cells—pizza, beer, junk food? Eating the typical American food program, you're not going to build anything except fat. I need you to FLOOD your body with NUTRITION every day, so you have the rocket fuel to build powerful immune cells.

#### **Super-C Plus**

Your immune cells have one primary nutrient that they need 24/7/365, and that's Vitamin-C Complex. I am not talking about the 98% of toxic ascorbic acid from China that's sold in most health food stores and pharmacies. I am talking about my Super-C Complex, a blend of 12 organic fruits, vegetables, and herbs that your body recognizes, utilizes, and assimilates. It's a Vitamin-C Complex BLAST!

#### **SuperProtein Plus**

Building strength and muscle are vitally important. You need a rich supply of clean plant protein to build-up your body after spending so much time indoors in 2020. I like to use a 50/50 blend of SuperMeal and SuperProtein Plus twice a day.



#### POWERFUL IMMUNE SUPPORT

#### "BOOST immune response naturally!"

#### C&F Herbal "SHOT"

This is my most potent blend of over 20 powerful immune-boosting herbs, and specific herbal vitamin concentrates. It gives you 1,000% of your daily Vitamin-C and strengthens your body's immune system like no other formula anywhere. This is why we call it the "ultimate weapon" to boost immunity.

#### Echinacea Plus and Children's Echinacea

Echinacea is by far the #1 immune herb in the world. Why? Because it tells your body to speed up the production of more immune cells like T-Cells, B-Cells, and Macrophages and also immune chemicals like Interferon and Interleukin. More immune cells and chemicals mean a healthier and more robust immune system and a stronger and more powerful immune response.

#### SuperTonic

This is a simple yet powerful tonic I created as my "college thesis" almost forty years ago. Since that time, my patients, and then my customers, have demanded it, calling it my "miracle tonic." The plants and herbs in this formula naturally support clear and open sinuses and lungs. With organic horseradish, onion, ginger, and garlic, it starts working immediately to stimulate an immune response.

#### Lung Tonic

Many of this year's problems seem to attack the lungs. If you can't breathe, you die. This formula promotes clearer breathing by opening up the respiratory passageways.

#### **Throat & Tonsil Formula**

This formula starts working immediately to protect and soothe your throat and tonsils and strengthen your natural immune defenses.



#### **ENVIRONMENTAL SUPPORT**

#### "PROTECT yourself when you are away from home!"

#### Hand Clean

Do NOT leave home without a bottle in your pocket, and use it constantly when you are outside the home, especially when touching door handles, railings, public bathrooms, and restaurant tables. KEEP YOUR HANDS CLEAN!!!

#### **Herbal Shield**

Every day, I cleanse my nasal passages with this 100% essential oil blend to support immune response. It's cooling and refreshing, and most important—protective.

#### **Air Detox**

In my clinic, I used 100% pure essential oils to detoxify the air. With a delightful eucalyptus/citrus scent, you'll want to keep a bottle in your bathroom, car, and office.





## The easiest, most delicious way to boost immunity!

Dr. Schulze's Defender Drink



### Dr. Schulze's **Defender Recipe**

In a blender add:

#### 1 C&F HERBAL "SHOT"

Pour it in to get a clinically extreme dose of my immuneboosting Echinacea Blend, SuperTonic, 1,000% of your Vitamin-C Complex, and over a dozen additional immune boosting herbs.

#### SUPER-C PLUS,

#### **1 LEVEL TEASPOON**

This is a double dose, giving you an additional 1,000% of your RDA of Vitamin-C. You're now at 2,000% not including the fresh fruit!

#### **8 OUNCES OF ANY JUICE**

Mixed fresh citrus is best, and a touch of lemon or lime is awesome.

#### 1/2 CUP OF ANY FRUIT

Strawberries, Blackberries, Raspberries, Blueberries are readily available, make it taste great, and add even more Vitamin-C. All fruits contain natural Vitamin-C.

#### 4 OUNCES PURE WATER OR ICE CUBES

This can be more or less depending on your taste. Ice cubes will cool this drink to soothe sore throats.

# **5 Steps** to Amazing Health

My 5 STEPS are very simple, common sense, but extremely powerful at switching on your body's super-healing ability.

### STEP 1: NUTRITION

Everyone needs a constant, rich, and easy-to-assimilate supply of nutrition in their body and blood at all times. If you want your body to repair and heal, this is critical. ALL Americans fall short of the minimum recommended intake of their daily vitamins. Therefore, I supplied all of my patients with my SuperFoods—the richest, most nutrient-dense herbs and foods on the planet.

### STEP 2: ELIMINATE

Almost every American is constipated and eventually develops bowel disease. This retention of toxic waste poisons your body, depresses your immunity, and keeps you from self-repairing. Get super-nutrition IN and get the accumulated waste OUT—these are the first two of my five steps that will thrust your body into self-healing.

### STEP 3: IMMUNE

The stress of modern life beats you up, depleting and depressing your immune system. Your immune system is the most important system to protect and heal you. For most people, their immune system is limping if not almost dead. Supercharge your immune system and watch your body come alive.

### STEP 4: DETOX

No one would expect their car engine to run forever without some routine cleaning and maintenance like oil changes and radiator flushes. This is common sense. Routine preventative maintenance using my simple 5-Day Detoxes a few times each year created even more miracles in my clinic.

### STEP 5: SPECIFICS

Using these formulas, I would get my patients to take care of their little problems—correcting imbalances and addressing specific issues—before they grew to full-blown problems. An ounce of prevention is much better than a pound of cure.

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### 5 Ways To Order

HerbDoc.com	Call Toll-Free	Visit Our St
24 hours a day, 7 days a week	1-800-HERBDOC (437-2362)	Dr Schulze's American Bota
7 days a week	Mon–Sat 6am–7pm PST Sunday 7am–3:30pm PST	4114 Glencoe A Marina del Rey
Fax	Mail	ph: 310-577-99
Fax your completed order form to:	Send your completed order form to:	Mon–Fri 9am–7 Saturday 9am–(
1-866-305-1830	Dr Schulze's American Botanical Pharmacy PO Box 9699	Sunday 10am–6

Marina del Rey, CA 90295

#### tore

tanical Pharmacy Avenue ey, CA 90292

#### 999

7pm -6pm -6pm

### **100% Quality Guarantee:**

Dr. Schulze's Original Clinical Herbal Formulas and Programs are the absolute BEST available anywhere. If you are not completely satisfied, we will gladly refund 100% of your money, no questions asked.

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# Pure

**6 6** Making the most potent and effective Herbal Products, starts with using the HIGHEST QUALITY HERBS.

First, I use Organic herbs because it doesn't make any sense to consume herbs for healing your body that are sprayed and treated with toxic and dangerous chemicals, insecticides, pesticides, chemical fertilizers and other farming pollutants. More chemicals in our environment pollutes the air we breathe, the water we drink and the food we eat. Worse, these poisons cause disease. I will not try to help you get healthy while at the same time poisoning our planet.

Furthermore, Organic herbs are proven to have up to 10 times more healing phytochemicals in them. This is why my manufacturing facility is an Organic, Kosher and Vegan certified facility.

**PURE,** That's the Dr. Schulze **DIFFERENCE.** 

#### Beware of Fakes

Many herbal products I look at today in drug stores, and even health food stores, USE THE WRONG (or nonmedicinal) PART OF THE PLANT!!!!

All herbs have a specific part of the plant that has the highest concentration of the medicinal HEALING chemicals. Often, the rest of the herb is thrown away. They use the nonmedicinal part that we throw away because they can still say ECHINACEA on their labeling, even though they are using the woody stalk or leaves when the medicinal (and expensive) part of the plant is the root and seeds. Many vitamin manufacturers do this and customers just don't know.

It would be like eating the bark of an apple or pear tree, when it is the fruit that is the nutritional part. Or like eating spinach root, not the greens, or garlic leaves and not the bulb.

So BEWARE, there are many FAKE herbal formulas out there just robbing you of your money by selling you what I throw into my compost pile. Worse, they are robbing you of your health!

PURE,

### POTENT, & PROVEN That's the Dr. Schulze Difference.



# Potent

What created miracles in my clinic was simple. The strongest formula, the highest dosages, and patients who were sick and tired of feeling sick and tired. While other herbalists feared hurting a patient, I feared failing my patient. Looking back, it was my clinical strength Herbal Formulas and my higher dosages that made miracles happen.

> The industry standard is 10% herbs, maybe 20% herbs in the vats to make extracts. I fill my vats to the very top. My employees say the herbs spill on the floor, my competitors say I waste herbs, but my customers say THANK YOU! I always say, if your kids or parents are sick, OR YOU, do you want 10% or 20% herbs, or will you fill the vats to the very top with herbs like I do? Hell no, you'll cram as much healing herbs as you can into the vat and then even more. **22**

> > **POTENT,** That's the Dr. Schulze **DIFFERENCE.**

# Proven

The biggest difference between my herbal formulas and others you see in health food stores, well honestly, it's that mine work. I'm serious. See, other herbalists and herbal product manufacturers never had a clinic and didn't have thousands of patients like I did. So, they bottle their impotent herbal ideas and theories based on what they read in books, and hope they might work, but they don't. Over the decades, my patients taught me what works, and what doesn't.

> I didn't want to be a doctor, but people knocked on my door anyway, hundreds, then thousands, so I had a lot of patients who really helped me refine my formula until I got it right. My clinic spanned 3 decades and now over a million people worldwide religiously use my herbal formulas. I guess that means they work.

**PROVEN,** That's the Dr. Schulze **DIFFERENCE.** 

### STEP 1: NUTRITION

Your body has the ability to create Miracles.

It just needs a little help.

I learned in my clinic, with EVERY patient, powerful NUTRITION is the beginning, the foundation of Amazing Health. You have no idea what healing miracles your body can perform when it has a constant, rich and abundant supply of vital nutrition running through your bloodstream. And even if you're healthy, you have no idea how great you can feel, and how much energy you will have, when you flood your body daily with nature's powerful nutrition.

You want to build hormones, immune cells, brain chemicals, nerve cells; you want healthy organs to feel younger, look awesome and have endless energy, then get some powerful nutrition into your body and bloodstream every day. I designed my nutritional formulas in my clinic to save lives and they created miracles.

Modern life destroys nutrition. Modern medicine is on the defense trying to kill disease after you get it. That's hard, doesn't work very well and costs you your life savings. I say let's get on the offense and not get sick in the first place.

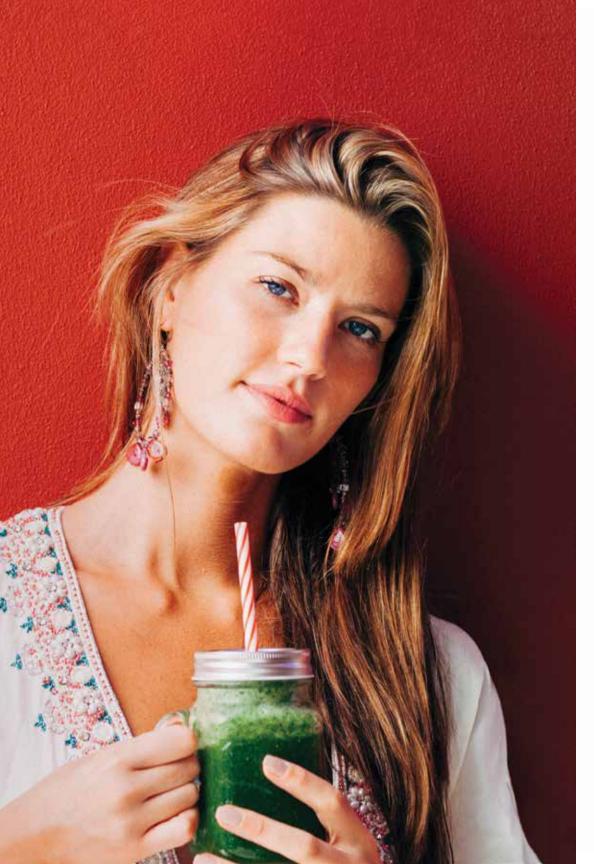
Because every cell in your body needs a constant abundant supply of high quality nutrition. EVERY CELL, Brain cells, Immune cells, Heart cells, Liver cells, Nerve cells.

– Dr. Schulze

I first formulated my SuperFood right in the kitchen of my clinic. I was desperate, my patients were dying, and the results were miraculous.







#### **Energy Levels Through The Roof!**

"My wife and I recently decided to try drinking SuperMeal every morning for breakfast. And, wow, the results are amazing. We don't feel hungry again for hours and our energy levels are through the roof! Thanks."

- Bruce M., Santa Ana, CA

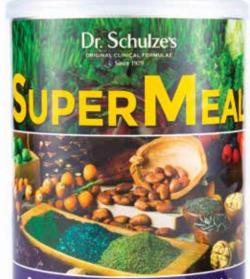
### SuperMeal

#### What Customers Report

- Ultimate Meal Replacement
- Low Calorie
- Powerful Nutrition

#### How It Does This

It FLOODS your body and blood with natural & powerful Nutrition.



Powerful Nutrition for Extreme Livin MEAL REPLACEMENT NET WEIGHT: 16.5 OUNCES (468 GRAMS)

#### What's In It?

Dr. Schulze's SuperMeal is a powerful blend of over 40 different miracle superfood ingredients. It combines three of his now-famous formulas—his nutrient-dense **SuperFood Plus powder**, his all-natural vitamin-C packed **Super-C Plus** and his fiber-rich **HerbalMucil Plus!** 

Additionally, Dr. Schulze included four more of his vitamin and mineral complexes, like his Cruciferous **Protective / Nutrient-Dense Green** Complex (with organic kale leaf, collard greens, Brussels sprouts and cabbage leaf), his **Antioxidant Berry Complex** (made with organic blueberries, blackberries, and raspberries), his Omega-3 & Omega-6, High-Protein Seed & Nut Complex (made with organic flax seeds, chia seeds, walnuts, sunflower seeds, almonds, pine nuts, and pistachios) and his International Superfoods (a potent blend of both black and red maca root, with cacao bean and eleuthero root).

Just one serving of delicious SuperMeal, added to your blender with fresh, organic juice and pure water, will provide your cells with the essential nutrients they need for an entire day, leaving you full of energy and totally satisfied. Enjoy!

### SuperFood PLUS

#### Why I Made This Formula

I designed SuperFood like all of my formulae in my clinic. It was my last-ditch effort to save my anemic and dying patients and bring them back to life. SuperFood did just that! I would make juice and blender drinks right in the kitchen, and add every herb and food that I knew would provide the most potent and powerful vitamins or minerals. My SuperFood was responsible for many of the miracles that happened in my now-famous clinic. A few years later, I started giving it to ALL of my patients.

#### **Benefits**

EVERYTHING that your body wants to do and needs to do—not only to keep you alive and functioning, but to run and repair itself, and beyond that, to feel awesome—demands a constant supply of nutrition to be in your bloodstream. Without complete nutrition, it's the same old, same old, day after day, feeling blah and just surviving. SuperFood will change that. It will make you feel

AWESOME! I don't want you to just survive. I want you to THRIVE! You need 100% of your daily vitamins just for survival, but SuperFood Plus gives you up to 500% of your daily vitamins! Be energetic. Be exceptional!

#### The Dr. Schulze Difference

Most nutritional products are nothing more than chemotherapy; man-made chemicals designed to try and mimic what scientists "think" are the important parts of food. I trust in God and nature. Instead of trying to copy it, I just use it. Mankind will never be smart enough to do that. Food and herbal nutrition is the kind of nutrition that your body recognizes, and more importantly,

#### Brought Mom Back to Life!

"Your SuperFood has changed my life and saved my mother who will be 102 this summer. It literally brought her back to life. She'd been in bed for months. She was giving up and said she had no more energy left to live. I didn't know what to do, so I just started making her SuperFood every morning and afternoon. In less than three weeks she was up and puttering around the house and driving me crazy. Now she wants to go out all the time and the other day I refused to go out so she said: Well, then let me drive the car!"

- C.P. Portland, OR

can assimilate and utilize. You don't need more chemicals in your body. You need more nature. You need SuperFood Plus. 100% of the ingredients in my SuperFood Plus are super-potent herbs and foods. No chemicals. No crap. Just take it, and you will see and feel the real difference.



#### What Customers Report

- More ENERGY
- More Vitality
- Increased Health

#### How It Does This

It FLOODS your body and blood with natural & powerful Nutrition.

#### What's In It?

Non-Fermentable Saccharomyces Cerevisiae Yeast, Wild Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root and Organic Spinach Leaf.

Dr. Schulze's

& MINERAL HERBAL COM

HERBAL SUPPLEMENT

390 VEGETARIAN TABLETS (1 GRAM EA.) en 168% Vitamins A, C & El Over 1200% Vitamin 812

PERFOOD

### **STEP 1:** NUTRITION

### The Best **SuperFood Nutrition** -Bar None, With 8 Products To Meet Your Needs.

Dr. Schulze's line of SuperFood products are designed to blast your bloodstream with a rich supply of nutrients derived from the most potent plant superfoods on the planet, painstakingly selected by Dr. Schulze in his clinic to increase your energy, vitality, and strength.



#### **SuperMEAL**

The ultimate meal replacement: complete protein, antioxidants, Omega 3 & 6, low calorie, vegan, gluten free, over 1800% of your ENERGY Vitamin B12, 500% Vitamin C, and 100% of daily Vitamins A and E!

#### SuperMeal ..... \$78 16.5-ounce powder



#### SuperFood PLUS

A nutrient-dense, easy-to-assimilate, pure product with over 1200% of "Energy" Vitamin B12, over 500% Thiamin and Riboflavin, 353% of your daily B6, 263% of your Niacin, and over 100% of Vitamins A, C, E and Pantothenic Acid!

#### SuperFood 100

Get 100% of your daily vitamin and mineral needs, with over 1300% RDI of your ENERGY Vitamin B12, in only THREE tablets! The best "on-the-go" nutrition available!

SuperFood Plus\$48	SuperFood 100\$38
14-ounce powder / 1-month supply	90 tablets / 1-month supply
SuperFood Plus\$56	SuperFood 100\$96
390 tablets / 1-month supply	270 tablets / 3-month supply
SuperFood Plus "On The Go"	SuperFood 100 for Kids \$28 90 tablets / 1-month supply

### STEP 1: NUTRITION

### More Powerful Products For **A Super-Nutrition Blast.**





#### SuperFood BARS

Get a potent dose of SuperFood nutrition in a convenient "on-the-go" bar! Plus, it's organic, raw, and vegan with no added sugars!

SuperFood Bars ......\$44 12-Pack / 60 grams (each)

#### Cacao Crunch Treats

**The ultimate healthy snack:** Each treat contains 600% of your ENERGY Vitamin B12 and 50% of your Vitamin-C, with NO Gluten, NO Soy, NO GMOs, NO Trans-Fat, and NO Junk!

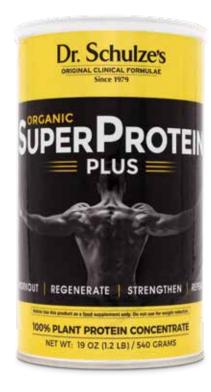
Cacao Crunch Treats ...... \$28 12 pieces / 20.96 grams (each)



#### Super-C PLUS

For a stronger immune system, better skin, and to help you age gracefully. The only Vitamin-C complex with NO ascorbic acid, NO sugar, and over 500% per serving!

Super-C Plus Powder / 56 grams / 20-day supply	\$26
Super-C Plus 60 Tablets / 20-day supply	\$28
Super-C Plus 180 Tablets / 2-month supply	\$76



#### SuperProtein PLUS

The only organic and vegan 100% plantprotein concentrate, with **20 grams of easy-to-assimilate protein and 110 calories per serving!** 

SuperProtein Plus	\$48
19-ounce powder	

24 | Call 800-HERBDOC (437-2362)

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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### STEP 2: ELIMINATE

These formulas take a unique approach to **promoting regular bowel movements** by strengthening the muscles of the colon to work more effectively.

• Every single patient in my clinic had retained waste somewhere in their body, and most often it was in their bowel. Why? I have three reasons for this...

FIRST, ALL animal foods—meat, eggs, and dairy—have absolutely NO fiber. So, when we eat it, it's really hard to get that grease and fat out of our bowel. Add in wheat and flour products, and now you have a heavy paste. SECOND, we don't move our bodies enough, and a sedentary lifestyle promotes constipation. THIRD, we have plenty of stress, major stress, which also causes constipation.

Add this up and you can clearly see why Americans have the highest incidence of constipation on the planet!

Even worse, retained fecal waste causes everything from bad skin, bad breath, and backaches, to headaches and low energy.

In the clinic, getting the excess waste OUT, along with increased nutrition, had the biggest impact to greatly increase my patients' overall health.

– Dr. Schulze

✓ My patients were always so amazed at how much better they felt after having regular and complete bowel movements!







#### Wonderful Stuff!

"I had been so constipated, but once I took Intestinal Formula #1, within a few hours I was able to go with no problem. Wonderful stuff."

- Doris P

### **Intestinal Formula #1**

#### What Customers Report

- Relieves Constipation
- Better Digestion
- Flatter Stomach
- Weight Loss

#### How It Does This

Powerfully promotes regular and complete bowel movements.

#### What's In It?

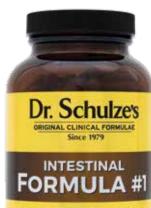
Curaçao and Wild Harvested Cape Aloe Leaf, Organic Senna Leaf and Pod, Wild Harvested Cascara Sagrada Aged Bark, Wild Harvested Oregon Grape Root, Organic Hawaiian Yellow Ginger Root, Organic Garlic Bulb, Wild Harvested Habanero Pepper



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### STEP 2: ELIMINATE

### The Best UnBlockers To **Remove Waste & Toxins.**



HERBAL SUPPLEMENT 250 VEGAN CAPSULES



#### Intestinal Formula #1

The best herbal blend on the planet for regular and complete bowel movements. Plus, **strengthens the muscular movement of the colon.** 

Intestinal Formula #1 ...... \$30 90 vegan capsules (575 mg each) Intestinal Formula #1 ..... \$62

250 vegan capsules (575 mg each)

### Intestinal Formula #1

MAX

A more powerful version of Intestinal Formula #1 for those who need something stronger.

Dr. Schulzes

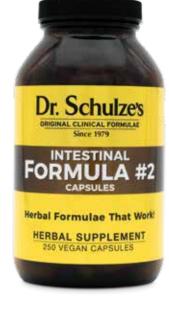
BRIDEAL CLINICAL FORMULA

INTESTINAL

FORMULA #

MAXIMUM STRENGTH

HERBAL SUPPLEMENT



#### Intestinal Formula #2

A powerful intestinal vacuum that draws out old fecal matter, toxins, poisons, bacteria, and heavy metals.

Intestinal Formula #2 ...... \$26 8-ounce bulk powder Intestinal Formula #2 ...... \$38 250 vegan capsules Intestinal Formula #2 ...... \$32



### Intestinal **Formula #3**

A milder, liquid version for the whole family. For children and adults who need less power to move their bowel. HerbalMucil PLUS

The only 100% organic, herbal, fiber-rich, sugarfree and chemical-free formula that relieves constipation and helps you maintain regularity.

#### Bowel Flush "SHOT"

One "SHOT" is all you need when you want to **flush** everything out of your entire gastrointestinal system by the following morning!

Intestinal Formula #3 ...... \$22 4 ounces /120 ml. bottle

Bowel Flush "SHOT" ...... \$42 (3-pack) 1.5 ounces / 45 ml. bottle

30 | Call 800-HERBDOC (437-2362)

25 packets

### STEP 3: IMNUNE

A healthy and strong immune system can be the key to managing stress, sleeping well, and for **looking and feeling great throughout a long life.** 

**6** Never before in the history of mankind have we had so much stress.

First, there is the PHYSICAL stress from eating more toxic chemicals than ever existed before, and from the highest consumption of junk food, fat, sugar, grease, soft drinks, snacks and candy than ever before. Add to that the physical stress of insufficient sleep and exercise, and you have a recipe for disaster.

Now, add to that the EMOTIONAL stress of every day life. Today, our brains are being constantly bombarded and polluted with more information in one day than the average person had in their entire life just 100 years ago. My patients were literally run over on the information highway.

Every patient that walked into my clinic was beat up, run down, and worn out, which caused a depressed immune system.

– Dr. Schulze

**6** Building a strong and powerful IMMUNE System is literally the antidote to the negative onslaught of modern living—especially life in the fast lane! **9** 





### Super-C PLUS



#### Call 800-HERBDOC (437-2362)

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#### **My Skin Looks Fantastic!**

"My skin looks fantastic as a result of taking the Super-C Powder. I have less wrinkles, and my skin is shinier. I've been taking it for almost a year and am blown away by how many people have complimented me on how youthful I look. I will take Super-C forever!"

– L.L., Mount Vernon, NY

#### What Customers Report

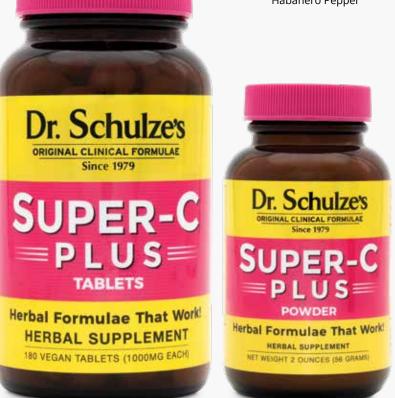
- Immune Boosting
- Healthy Aging
- Skincare

#### How It Does This

Over 500% Vitamin-C COMPLEX per serving!

What's In It?

Dr. Schulze's High-C Fruit Combination: Wild Harvested Camu Camu, Organic Acerola Cherry, Organic Raspberry, Organic Strawberry; Dr. Schulze's High-Bioflavonoid Combination: Organic Rose Hips, Organic Orange Peel, Organic Lemon Peel; Dr. Schulze's High-C Greens Combination: Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf; plus a hint of High-C Organic Habanero Pepper



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### **STEP 3:** IMMUNE

### The Ultimate Immune System Superchargers.



#### **C&F** Herbal "SHOT"

Packed with over 20 potent immune boosting herbs, herbal tinctures, herbal concentrates, and specific herbal vitamin concentrates, giving you 1,000% of your daily Vitamin C!

It strengthens your body's immune system like no other formula anywhere. This is why we call it the "ultimate weapon" to boost immunity.

C&F Herbal "SHOT"..... \$84 (6-pack) 1.5 ounces / 45 ml. bottle

C&F Herbal "10-SHOT" ...... \$112 15-ounce bottle



Echinacea Plus .....\$30 (ECH+) 2 ounces / 60 ml. bottle Echinacea Plus .....\$52

most potent blend on the

(ECH+) 4 ounces / 120 ml. bottle

market!

#### Children's Echinacea..... \$24

2 ounces / 60 ml. bottle

Vitamin-C complex with NO ascorbic acid, NO sugar, and over 500% per serving!

Super-C Plus ...... \$26 Powder / 56 grams / 20-day supply

Super-C Plus ..... \$28 60 Tablets / 20-day supply

Super-C Plus ...... \$76 180 Tablets / 2-month supply

### **STEP 4:** DETOX

Routine cleansing of all your major elimination channels to stimulate, flush, and tone your body is essential for optimum health.

**6 C** Every single one of the 37 trillion cells in your body creates metabolic waste as it functions. Therefore. the constant elimination of this cellular waste is of the utmost importance to PROTECT you and create POWERFUL health.

Every cell relies on your body's "garbage disposal" systems—like your bowel, liver and kidneys—to remove this waste from your body.

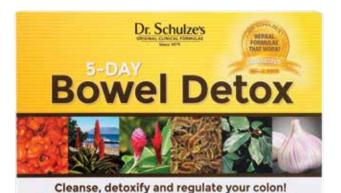
When any of these waste disposal systems gets congested, sluggish, or slows down, your cellular waste starts backing up. This is a serious problem.

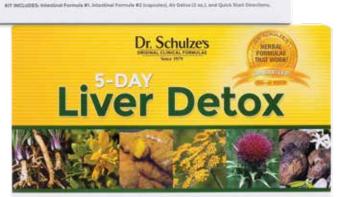
At first, you'll feel bad, have low energy and headaches, because you are living in a polluted body. When these systems back-up or stop, you become really sick and can even die.

Like preventative maintenance for your car, routine seasonal detoxification is preventative maintenance for your body. It protects you and keeps you strong and healthy.

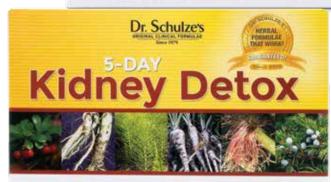
- Dr. Schulze

**6** My 5-Day Detox programs were designed to cleanse and detoxify your Bowel, your Liver, and your Kidneys. This is preventative maintenance for your whole body!





Naturally flush, cleanse, detoxify your liver and gallbladder!



Naturally flush, cleanse, detoxify your kidneys and bladder! KIT INCLUDES: K-B Formula, K-B Tax, Delox Formula, Cayerrar Tochare (1/2 us.), and Quick Shart O



#### Heart & Cholesterol All Fine!

"After Bowel Detox, lost 12 pounds. My doctor said my cholesterol is now fine and I no longer have an enlarged heart! I also lost my big tummy! And I'm also now addicted to SuperFood."

- Vanessa J., Anaheim, CA

### **5-Day Bowel Detox**

#### What Customers Report

- Detoxifying
- Better Digestion
- Improved Elimination
- Diet & Weight Loss

#### How lt Does This

A POWERFUL intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues and heavy metals

#### What's In It?

KIT INCLUDES: Intestinal Formula #1 (90-ct), Intestinal Formula #2 (250-ct capsules or 25 packets), Air Detox (2-oz) plus QuickStart Directions

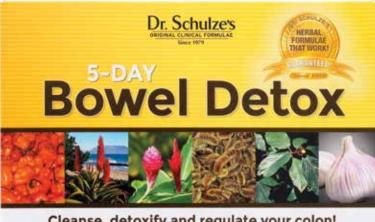




Cleanse, detoxify and regulate your colon! NIT INCLUDES: Intestinal Formula #1, Intestinal Formula #2 (captules), Air Detox (2 oz.), and Quick Start Directions.



### A Detox Is **Preventative Medicine** For Your Whole Body





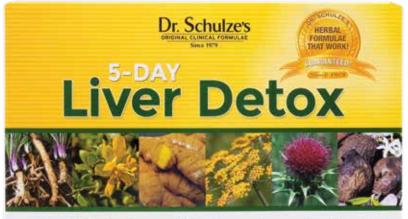
Cleanse, detoxify and regulate your colon! KIT INCLUDES: Intentinal Formula #1. Intestinal Formula #2 (capsules). Air Detox (2 oz.), and Quick Start Directions.

#### 5-Day Bowel Detox

80% of Dr. Schulze's patients improved their health after doing this detox. Cleanse, feel lighter, and watch miracles happen!

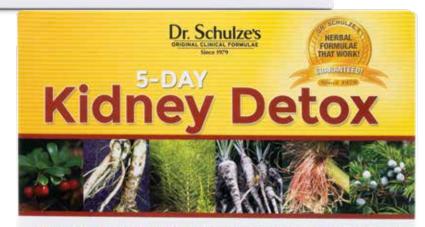
5-Day Bowel Detox .....\$74 Includes: Intestinal Formula #1, Intestinal Formula #2 (Packets), Air Detox (2-oz), and **QuickStart Directions** 

5-Day Bowel Detox ..... \$78 Includes: Intestinal Formula #1, Intestinal Formula #2 (Capsules), Air Detox (2-oz), and QuickStart Directions



Naturally flush, cleanse, detoxify your liver and gallbladder!

KIT INCLUDES: 1-Cit Formula, Detox Yea, Detox Formula, Fresh Breath Plus and Quick Start Directions.



Naturally flush, cleanse, detoxify your kidneys and bladder! KIT INCLUDES: K-B Formula, K-B Tea, Detox Formula, Cayenne Tincture (1/2 oz.), and Quick Start Directions

#### 5-Day Liver Detox

Cleanse and protect your liver and eliminate harmful toxins. Feel great and triple your energy!

#### 5-Day Liver Detox ..... \$86

Includes: L-GB Formula, Detox Tea, Detox Formula, Fresh Breath Plus, and QuickStart Directions

#### 5-Day Kidney Detox

Every organ in your body depends on your kidneys. Keep your kidneys healthy and strong for a long and vibrant life!

5-Day Kidney Detox ..... \$78 Includes: K-B Formula, K-B Tea, Detox Formula, Cayenne Tincture (.5-oz) and QuickStart Directions

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#### You're only **30 days** from a whole new life!



#### Don't give up hope! This program gives life-altering results!



#### 30-Day Detox

Detoxifies every major organ, helping you to lose weight and gain energy for more powerful and vibrant health. A complete life changer!

#### 

Includes: (2) SuperFood Plus (Powder), (2) 5-Day BOWEL Detox, (1) 5-Day LIVER Detox, (1) 5-Day KIDNEY Detox, (2) Echinacea Plus, plus complete "30-Day Detox" instruction book

#### **Incurables** Program

An original program created in Dr. Schulze's clinic for people with serious issues needing life-altering results!

Incurables Program .......\$460 Includes: (2) SuperFood Plus Powder, (2) Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 Powder, (2) Echinacea Plus (2-oz), (2) L-GB Formula, (2) Detox Tea, (2) K-B Formula, (2) K-B Tea, (2) Detox Formula, plus complete instruction book, "There Are NO Incurable Diseases"

### STEP 5: SPECIFICS

My fifth clinical step is treating individual problems and imbalances with my Specific Formulas. **With 38 very pure and potent formulas available, there is something here for everyone.** 

Herbs are powerful, healthy and natural tools, and can be safely used to correct, balance, tone, stimulate, soothe, sedate, cleanse, and increase circulation. This is what my Specific Herbal Formulas are to be used for—Specific Problems—to give you Specific RESULTS!

– Dr. Schulze

My first four steps—Nutrition, Eliminate, Immune, and Detox—will turn your life around and make miracles happen. But there is no need to suffer while you are taking the time to lay the foundation of your new super-healthy life. **99** 





### **Protect Yourself** For Only \$1 A Day

### **Detox** When You Need It

#### Everybody Needs Protection, Especially:

People at Risk I would put ALL of my ill, older, or at-risk patients on the same formula—my Protect Formula—at least until they were eating well, cleaned up, exercising and back to loving life.

2 People We Love We all have someone we want to save and protect but they are not going to change their ways. I designed Protect Formula for those people who we can't get to do anything for themselves, except swallow one pill.

**3** Anyone over 40 My Protect Formula is the edge you need to help you think more clearly, protect your health, and live a more vibrant life.

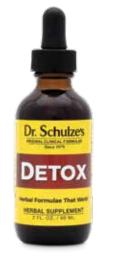


#### Protect Formula

Support your heart, liver, and brain, and eliminate free radicals. **Fight back against the daily bombardment of stress and pollutants.** 

Protect Formula	\$36
60 vegan capsules (844 mg each)	
Protect Formula	\$64

120 vegan capsules (844 mg each)



#### Detox Formula

**Our most potent formula** for cleansing, promoting healthier skin and complexion!

Detox Formula.....\$28 2 ounces / 60 ml. bottle



#### 24-Hour Bowel Detox

A powerful, one-day detox that captures, neutralizes, and eliminates toxins in your bowel!

**24-Hour Bowel Detox......\$12** Contains: 6 Intestinal Formula #1 capsules and 50 Intestinal Formula #2 capsules

### Stimulate &

### **Boost** Circulation



#### HUGE IMPROVEMENT!

"I'm happy to let Dr. Schulze know that his Brain Formula is a great product. I've been using the product for four days now. I was having trouble with memory loss, names, places, etc. I can now see a huge improvement and even bought a bottle for my girlfriend!"

> – Patricia B. Fort Worth, TX



Stimulates circulation to **improve memory and sharpen concentration.** 

Brain Formula .....\$30 2 ounces / 60 ml. bottle Brain Formula .....\$48 4 ounces / 120 ml. bottle



Dr. Schulzes

HEART

what Formulae That Wo

THE OFFICE

A life saving formula that can diffuse the ticking "time bomb"!

Heart Formula ......\$30 2 ounces / 60 ml. bottle Heart Formula .....\$48 4 ounces / 120 ml. bottle



#### Cayenne

The most powerful blend in the world to boost circulation.

Cayenne	\$22
(Tincture) 1 ounce liquid fire	
Cayenne	\$24
(Powder) 2 ounces powder (250,000 heat units)	



#### CAYENNE FOR A CLEAR HEAD!

"The Cayenne Tincture is great for so many reasons. I find it helps with my allergies and with any headaches I may have. It helps me with sinus pressure and clears everything up. It gives me relief throughout the day!"

> – K.D. Los Angeles, CA

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#### Feeling Better After 10 Minutes!

"A friend stopped by with a box of your C&F Herbal SHOTS... and once again, I was amazed that within 10 minutes I was on the mend. Thank you for your fight to keep these products available."

- Aurora S., Hacienda Heights, CA

### C&F Herbal "SHOT"

#### What Customers Report

- Immune Boosting
- Seasonal Relief

#### How It Does This

Keeps you clear and free from seasonal invaders!

#### What's In It?

Dr. Schulze's Immune Combination: Wild Harvested Echinacea Angustifolia Root, Organic Echinacea Purpurea Seed, Organic Garlic, Wild Harvested Habanero, Organic Onions, Organic Ginger, Organic Horseradish, Organic Acerola Cherry, Organic Elderberry, Organic Blackberry, Dr. Schulze's Herbal Diaphoretic Combination: Wild Harvested Yarrow, Organic Boneset, Wild Harvested Desert Sage, Dr. Schulze's Herbal Lung Combination: Organic Lobelia, Organic Elecampane, Wild Harvested Kola Nut, Organic Coffee, Organic Licorice, Wild Harvested Cherry Bark, Wild Harvested Horehound, Wild Harvested Coltsfoot, Organic Fennel, Organic Thyme



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### Supercharge &

### Boost Your Immunity



#### C&F Herbal "SHOT"

Packed with over 20 potent immune boosting herbs, herbal tinctures, herbal concentrates, and specific herbal vitamin concentrates, giving you 1,000% of your daily Vitamin C! **It strengthens your body's immune system like no other formula anywhere.** This is why we call it the "ultimate weapon" to boost immunity.

C&F Herbal "SHOT"	\$84
(6-pack) 1.5 ounces / 45 ml. bottle	
C&F Herbal "10-SHOT"	\$112
15 ounces / 450 ml. bottle	



#### Herbal Shield

A 100% essential oil blend to **support immune response.** EASY to apply roller ball dispenser! Apply a few drops to a cotton swab or your fingers to coat the opening and inside of nostrils. Also apply to upper lip, lips, and chest.

Herbal Shield	. \$20
1/3 fl ounce	



#### Hand Clean

Over **70% organic botanical ethyl alcohol for effective cleaning** with 100% organic essential oils to moisturize your hands.

Hand Clean	\$10
2 ounces / 60 ml. bottle	
Hand Clean	\$36
REFILL SIZE (no sprayer)	
8 ounces / 240 ml. bottle	

### Supercharge &

### Support Your Body



#### 

#### SuperTonic

An all-purpose miracle tonic that supports clear and open sinuses & lungs. A "must-have" during winter months.

SuperTonic ......\$24 2 ounces / 60 ml. bottle

#### Protects and soothes your throat

and tonsils! Use it to put the "fire" out instantly!

**Throat & Tonsil** 

#### 



#### Lung Tonic

Helps you breathe by supporting clear and open lung passageways!

#### Lung Tonic...... \$28 2 ounces / 60 ml. bottle

#### Air Detox

The most powerful, natural formula to detoxify the air and clear the mind. A customer favorite for your home, office, or car.

Air Detox	\$16
2 ounces / 60 ml. bottle	
Air Detox	\$28
4 ounces / 120 ml. bottle	
Air Detox	\$100
REFILL SIZE (no sprayer)	•
16 ounces / 480 ml. bottle	

### **Powerful** Formulas

#### QUICK START GUIDE: TONIC VS. "SHOT"

For a super dosage of Digestive Tonic, try the Digestive "SHOT", which includes 10 droppersful of Digestive Tonic along with extra Hawaiian Ginger, Peppermint Spirits, and the super digestive power of Papain-enhanced Papaya and Bromelainenhanced Pineapple!

#### Worth Its Weight In Gold!

"When I have serious episodes, the only thing that works is Dr. Schulze's Digestive "SHOT". After drinking it, within 30 minutes I am ready for a good night's sleep. These shots are worth their weight in gold!"

– Danny S., Paramount, CA



### For Everyday Use



Vitality "SHOT"

A true, natural, herbal, healthy energy and vitality formula that gives you lots and lots of clean energy. **Makes you feel strong, alert, and refreshed, and sustains your energy without a "crash and burn" at the end!**  A very effective, very powerful formula for cleansing the eyes.

Formula

Vitality "SHOT"	\$32
(2-pack) 1.5 ounces / 45 ml. bottle	····· ··· ···
Vitality "10-SHOT"	\$118
15 ounces / 450 ml. bottle	-

Eyebright Formula ....... \$22 1 ounce / 30 ml. bottle

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### **Balance** Female

### Hormones Naturally





#### Female Formula

#### An effective formula designed to balance female hormones, which are the cause of almost all female problems,

complaints and crises, from puberty through menopause and beyond.

<b>Female Formula</b>	\$28
Female Formula 4 ounces / 120 ml. bottle	\$48

#### Female PLUS

An effective formula for balancing hormones, PLUS relieves mood swings, reduces bloating and water retention, and calms the nerves.

Female Plus......\$28 (FEM+) 2 ounces / 60 ml. bottle



#### Female "SHOT"

Extra strength female formula **for crisis situations related to PMS**, **menstruation, menopause, and fertility.** 

**Female "SHOT"** ......**\$42** (3-pack) 1.5 ounces / 45 ml. bottle

#### Quick Start Guide: The Difference Between My Female Formulas

**Female Formula** promotes healthy menstrual cycles and relieves menopause symptoms like hot flashes, depression, sleeplessness and fatigue.

**Female Plus** is the antidote for bloating and mood swings, with extra herbs to reduce anxiety and relieve water retention.

**Female "SHOT"** is for crisis situations related to PMS, menstruation, menopause, and fertility!

### **Detox & Support**



#### Instant Relief!

"I eat healthy; however, for the past two years, I've had pain in my kidneys. I have partial mobility in my arm and developed kidney pains from the ailment. When I took the K-B Formula, the pain went away almost instantly!"

– Joy S., Preston, MO

#### K-B Formula

A strong diuretic for all kidney and bladder issues. Supports healthy urine flow and helps dissolve any deposits.

K-B Formula.....\$28 2 ounces / 60 ml. bottle **K-B** Tea

A good tasting and powerfully effective tea **to gently flush and cleanse the entire urinary tract.** 

K-B Tea.....\$24 4 ounces / bulk tea

### Your Vital Organs



#### Detox Tea

A great tasting, traditional recipe with powerful health benefits. Great for daily use and an excellent caffeine-free coffee replacement.

#### Detox Tea .....\$26 6 ounces / bulk tea

#### L-GB Formula

Flushes the liver and gallbladder while protecting liver cells. Also, cleans the gallbladder and removes hardened sediments.

#### L-GB Formula......\$28 2 ounces / 60 ml. bottle

#### Amazing! Gives Me Vitality!

"I have been drinking the Detox Tea for about two years. It gives me energy and balances out my diet. This tea is amazing and gives me vitality. I would greatly recommend it to anyone who wants to improve their health."

– A. A., Los Angeles, CA



#### My Wife Is More **Pleased And Pleasured!**

"Dude, that Male 'SHOT' is some powerful stuff. I have been on it for three days. After the second day, my wife asked me what I was on? She is even more pleased and pleasured."

– Damien B., Largo, MD



#### **Prostate** Formula

**Reduces the frequency of nighttime urination**, relieves unwanted pressure and increases the flow of urine.

Prostate Formula ......\$28 2 ounces / 60 ml. bottle Prostate Formula ...... \$48 4 ounces / 120 ml. bottle



#### Male Formula

#### **Boost sexual** performance naturally! Male Formula is high-octane male "super-fuel" and much more! The #1 comment: "I feel like I'm in my 20s again!"

Male Formula.....\$30 2 ounces / 60 ml. bottle

Super Ginseng.....\$32 1 ounce / 30 ml. bottle

Dr. Schulzes

Super Ginseng

Highest quality ginseng

Reduces exhaustion,

heightens sexual

root blend on the planet!

performance, promotes

harder erections and supports well being.

Formulas For Men

Male "SHOT" ..... \$68



#### Male "SHOT"

A powerful single dose to stimulate male sexual performance, stamina, strength and power.

(3-pack) 1.5 ounces / 45 ml. bottle

### **Great Herbal Blends**

### For Your **Body**





#### **Nerve** Formula

Helps to relax and sedate the mind and body. A very effective sleep aid with no side effects to relieve agitated nerves.

#### Nerve Formula .....\$28

2 ounces / 60 ml. bottle



#### SuperSlim

Your fat doesn't stand a chance with this unique approach that suppresses appetite, blocks fat and carbs, burns more fat, and eliminates water and waste weight!

SuperSlim	\$94
36 packets / 13.4-grams each	
SuperSlim	\$84
17-ounce / 1 canister bulk powder	-

### and gums.

Daily Oral Therapy ...... \$38 16 fluid ounces / 1 month supply

Fresh Breath+.....\$28 (5-pack) .25 ounce / 7.4 ml. bottle

Tooth & Gum Formula.... \$20 1 ounce / 30 ml. bottle

### Great Topical Formulas

### For External Use



#### Deep Tissue

An amazing blend of two of Dr. Schulze's clinical formulas. **Reduces muscle pain and stiffness!** 

Deep Tissue Oil ...... \$20 1 ounce / 30 ml. bottle Deep Tissue Stick ....... \$14

.5 ounces / stick

#### Anti-I Formula

Excellent for cleansing and protecting any wound. Provides a protective coating to keep dirt out!

Anti-I Formula...... \$18 .5 ounce / 15 ml. bottle

#### Miracle Cream

Dr. Schulzes

MIRACLE

CREAM

100% Herbal

SKIN SuperFood

Repair

Protect

Regenerate

**Revitalize** 

Herbal Supplement

NET WT. 30ml/ ha

A shea and aloe based Vitamin E Super Cream packed with essential herbal ingredients. It's pure SuperFood for your SKIN!

Miracle Cream...... \$28 1 ounce / 30 ml. bottle



#### Jojoba & Tea Tree

Mild, yet powerfully penetrating formula that soothes the skin and cleanses on contact. **Ideal for dry skin, itchiness, and irritation even for children and babies.** 

Jojoba & Tea Tree Oil	\$16
1 ounce / 30 ml. bottle	·
Jojoba & Tea Tree	ф-1 Л

Healthy Skin Stick ...... \$14 .5 ounces / stick



#### Bug Block

Repels mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants, and almost every type of biting, blood-sucking, flesh-eating, stinging and annoying insect known.

Bug Block Spray	\$28
2 ounces / 60 ml. bottle	
Bug Block Stick	\$14
.5 ounces / stick	







68 | Call 800-HERBDOC (437-2362)

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What **Products Should I Use** For Particular Health Complaints?

#### A healthy lifestyle comes first! Dr. Schulze always says, "True healing comes from creating a healthy lifestyle, stopping the things you did that made you sick in the first place, and starting new programs of health and wellness, like healthy food programs, elimination programs, detox programs, exercise programs and programs that create emotional wellness. This is true healing!"

So work on getting YOU well by adopting these principles, and don't try to change your life by ONLY using his herbal remedies—change your life by changing YOU! Being proactive first is what counts!

Dr. Schulze is not a Medical Doctor. His opinions regarding health and healing are based on his own personal experience and that of thousands of patients that he treated in his clinic over a period of decades. If you have any illness or disease, we advise you to consult a licensed medical professional.

#### Legal Disclaimer

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#### How To Use This Listing

In this listing, we identified different conditions that you might experience. Each is followed by Dr. Schulze's Herbal Formulas and Programs that he recommends based on his clinical experience. Some conditions have two or more formulas and programs listed.

All suggestions are listed in their order of priority, so start with the first formula listed. You may use more than one formula at a time. If you start with one and after a reasonable period of time you do not get the desired results, add the second and then the third recommended formula. Continue to use the first formula when adding the second and so on.

Keep in mind that Natural Healing is based on helping your body do the work it was designed to do. So please use Dr. Schulze's Foundational Products to get the nutrition IN and the waste OUT, and build a powerful immune system. Then, add specific formulas as you see necessary.

**ABDOMINAL HEALTH** 5-Day BOWEL Detox, Cayenne (Tincture or Powder), HerbalMucil Plus

#### **ADENOIDS SUPPORT**

Daily Oral Therapy, Throat & Tonsil, C&F Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Raw Garlic

#### **ANTIOXIDANTS**

SuperMeal, SuperFood Plus, Super-C Plus, Protect

#### APHRODISIAC

Male "SHOT", Female "SHOT", Female Formula, Male Formula, Super Ginseng

#### B

#### **BAD BREATH**

Daily Oral Therapy, Fresh Breath Plus, Digestive "SHOT", Digestive Tonic, Tooth & Gum, 5-Day BOWEL Detox

#### BAD FOOD

24-Hour Bowel Detox, Intestinal Formula #2. Digestive "SHOT", Digestive Tonic, Echinacea Plus, Children's Echinacea, Raw Garlic. Bowel Flush "SHOT"

#### **BLADDER HEALTH**

5-Day KIDNEY Detox, K-B Formula, K-B Tea

#### BLEEDING

Cayenne (Tincture or Powder), Anti-l

#### BLOATING

K-B Formula, 5-Day KIDNEY Detox, Female Plus, Female "SHOT" (for women)

#### **BLOOD BUILDING**

SuperMeal, SuperFood Plus, SuperFood Bar, Super-C Plus, **Organic Fruit & Vegetable** Juice, 5-Day LIVER Detox, 30-Day Detox Program

#### **BLOOD SUGAR**

Incurables Program

#### **BOWEL HEALTH**

HerbalMucil Plus, Intestinal Formula #2, 5-Day BOWEL Detox, Nerve

#### **BRAIN CIRCULATION**

Brain, Cayenne (Tincture or Powder), SuperMeal, SuperFood Plus, Vitality "SHOT", Protect Formula (prevention)

#### **BRAIN HEALTH**

Nerve, Brain, Incurables Program

#### BREAKOUTS

Jojoba & Tea Tree (Stick or Oil), 5-Day BOWEL Detox, 5-Day **KIDNEY Detox**, 30-Day Detox Program

#### BREASTFEEDING

SuperMeal, SuperFood Plus, SuperFood Bar, Super-C Plus

#### BREATHING

Lung, Air Detox, C&F Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Dairy-Free, Vegan Food Program, Incurables Program

#### С

#### CHILDBIRTH

SuperMeal, SuperFood Plus, Nerve

#### CHOLESTEROL

Heart, Raw Garlic, 5-Day LIVER Detox, SuperSlim, Vegan Food Program

#### CIRCULATORY HEALTH

Cayenne (Tincture or Powder), Heart, Brain, Dairy-Free Vegan Food Program, Incurables Program

#### **COLON HEALTH**

HerbalMucil Plus, Intestinal Formula #1, Intestinal Formula #1 "MAX", Intestinal Formula #3, Intestinal Formula #2, SuperMeal, Bowel Flush "SHOT", 5-Day BOWEL Detox, **Incurables** Program

#### CRAMPING. INTESTINAL

Digestive "SHOT", Digestive Tonic. Nerve

#### **CRAMPING, MENSTRUAL**

Female Plus, Nerve, Female "SHOT", 5-Day BOWEL Detox

#### D

#### DETOXIFICATION

5-Day BOWEL Detox, 5-Day LIVER Detox, 5-Day KIDNEY Detox, 30-Day Detox Program

#### DIAPER RASH

Jojoba & Tea Tree (Stick or Oil)

#### DIGESTIVE HEALTH

Digestive "SHOT", Digestive Tonic. Intestinal Formulas #1 and #2. Nerve

#### DIZZINESS

Brain, Cayenne (Tincture or Powder)

#### Ε

#### ENERGY

Vitality "SHOT", SuperMeal, SuperFood Plus, Echinacea Plus, Cayenne (Tincture or Powder), 5-Day BOWEL Detox

#### EYE HEALTH

Eyebright, Brain, Cayenne (Tincture or Powder), SuperMeal, SuperFood Plus, Chop & Eat Raw Onions (to open tear ducts), Incurables Program

#### F

#### FATIGUE

Echinacea Plus, Children's Echinacea, SuperMeal, SuperFood Plus, 30-Day Detox Program

#### FITS

Nerve, Incurables Program

#### G

#### GALLBLADDER

5-Day LIVER Detox

#### GAS

Digestive "SHOT", Digestive Tonic, 5-Day BOWEL Detox, 5-Day LIVER Detox

#### **GLAND HEALTH**

C&F Herbal "SHOT", Throat & Tonsil, Echinacea Plus, Children's Echinacea, SuperTonic, Raw Garlic

#### **GUM HEALTH**

Daily Oral Therapy, Tooth & Gum (in a water pick), Cayenne Tincture

#### GUT BIOME BALANCING

5-Day BOWEL Detox, Echinacea Plus, Raw Garlic

#### Η

#### HEAD

Nerve, Brain, 5-Day BOWEL Detox, Cayenne (Tincture or Powder)

#### HEARING

Brain, Cayenne (Tincture or Powder), Nerve, SuperMeal, SuperFood Plus

#### HEART HEALTH

Heart, Cayenne (Tincture or Powder), Protect Formula, 5-Day BOWEL Detox, Raw Garlic, Incurables Program

#### **HEAVY METALS**

Intestinal Formula #2, 5-Day BOWEL Detox

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#### HICCUPS

Nerve, Digestive "SHOT", Digestive Tonic

#### HOT FLASHES

Female "SHOT", Female Formula, SuperMeal, SuperFood Plus

#### IMMUNE STIMULATION

Echinacea Plus, Children's Echinacea, SuperMeal, SuperFood Plus, Super-C Plus, Incurables Program

#### **IMMUNE SUPPORT**

C&F Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, SuperMeal, SuperFood Plus, Super-C Plus, Throat & Tonsil, Lung, Deep Tissue (Stick or Oil) on chest, Air Detox

#### INTESTINAL HEALTH

Bowel Flush "SHOT", 5-Day BOWEL Detox, 5-Day LIVER Detox

#### INVOLUNTARY MOVEMENT

Nerve, SuperMeal, SuperFood Plus, Digestive "SHOT", Incurables Program

#### ITCHING

Deep Tissue (Stick or Oil), Jojoba & Tea Tree (Stick or Oil), Echinacea Plus, Children's Echinacea

#### J

#### JOINT HEALTH

Deep Tissue (Stick or Oil), Hot & Cold Hydrotherapy, Raw Garlic

#### K

#### **KIDNEY HEALTH**

5-Day KIDNEY Detox, K-B Formula, K-B Tea

#### LIGAMENT SUPPORT

Deep Tissue (Stick or Oil), SuperMeal, SuperFood Plus, Hot & Cold Hydrotherapy

#### LIGHTHEADEDNESS

Cayenne (Tincture or Powder), Brain, SuperMeal, SuperFood Plus

#### LIVER HEALTH

5-Day LIVER Detox, L-GB Formula, Detox Tea, Detox Formula

#### LOOSE STOOLS

Intestinal Formula #2, HerbalMucil Plus, Echinacea Plus, Children's Echinacea, 5-Day BOWEL Detox, Nerve, 30-Day Detox Program

#### LOWER BACK SUPPORT

Deep Tissue (Stick or Oil), Nerve, Hot & Cold Hydrotherapy, Intestinal Formula #1

#### LUNG HEALTH

Nerve, Lung, SuperMeal, SuperFood Plus

#### Μ

#### MALNUTRITION

SuperMeal, SuperFood Plus, SuperFood Bar, 5-Day BOWEL Detox

#### MELANCHOLY

Brain, Nerve, SuperMeal, SuperFood Plus, 5-Day BOWEL Detox, Protect Formula (prevention)

#### **MEMORY SUPPORT**

Brain, SuperMeal, SuperFood Plus, Cayenne (Tincture or Powder), Incurables Program, Protect Formula

#### MENSTRUAL HEALTH

Female "SHOT", Female Plus, Nerve, SuperMeal, SuperFood Plus, 5-Day BOWEL Detox, K-B Formula, K-B Tea

#### MENTAL HEALTH

Vitality "SHOT", Brain, SuperMeal, SuperFood Plus, Cayenne (Tincture or Powder)

#### **MUSCLE SUPPORT**

SuperProtein Plus, Deep Tissue (Stick or Oil), Nerve, Hot & Cold Hydrotherapy

#### Ν

#### NERVE HEALTH

Nerve, Deep Tissue (Stick or Oil), SuperMeal, SuperFood Plus

#### Ρ

POLLEN SENSITIVITY Lung, Echinacea Plus, Children's Echinacea, SuperTonic, C&F Herbal "SHOT", 30-Day Detox Program

#### **PROSTATE HEALTH**

Prostate Formula, Male Formula, 5-Day BOWEL Detox, 5-Day KIDNEY Detox

#### R

#### REPRODUCTIVE HEALTH (MEN)

Male "SHOT", Male Formula, Super Ginseng, Prostate, 30-Day Detox Program

#### REPRODUCTIVE HEALTH (WOMEN)

Female Formula, SuperMeal, SuperFood Plus, Female "SHOT", Garlic Suppository, 5-Day BOWEL Detox, 30-Day Detox Program

#### RESTLESSNESS

Nerve, Brain, SuperMeal, SuperFood Plus

#### S

#### SEXUAL DESIRE (MEN)

Male "SHOT", Male Formula, Super Ginseng, SuperMeal, SuperFood Plus **THYROID HEALTH** 

**TOOTH HEALTH** 

**UPSET STOMACH** 

Program

U

Tonic

V

Female Formula (men and

Daily Oral Therapy, Tooth &

Gum, Nerve, Echinacea Plus,

SuperMeal, SuperFood Plus

Digestive "SHOT", Digestive

**URINARY SUPPORT (MEN)** 

5-Day KIDNEY Detox

VAGINAL HEALTH

**KIDNEY Detox**, Garlic

WEIGHT MANAGEMENT

Suppository

SuperSlim

REFERENCES

Dictionary

Order online at www.herbdoc.com

The Merck Index

The Merck Manual

Taber's Cyclopedic Medical

Germany's Commission "E"

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The Federal Republic of

Herbal Monographs

W

5-Day KIDNEY Detox, Prostate

**URINARY SUPPORT (WOMEN)** 

Female Formula, Echinacea

Plus, Female "SHOT", 5-Day

women), 30-Day Detox

#### SEXUAL DESIRE (WOMEN)

Female "SHOT", Female Formula, SuperMeal, SuperFood Plus

#### SINUS SUPPORT

C&F Herbal "SHOT", Echinacea Plus, Children's Echinacea, Lung, SuperTonic, Air Detox, Chop & Eat Raw Onions (to open sinuses)

#### SKIN HEALTH

Miracle Cream, Jojoba & Tea Tree (Stick or Oil), Echinacea Plus (topically), SuperMeal, SuperFood Plus, 5-Day BOWEL Detox, 5-Day KIDNEY Detox, 5-Day LIVER Detox, Vegan & Raw Food Program

#### SLEEP SUPPORT

Nerve

#### STOMACH UPSETS

Digestive "SHOT", Digestive Tonic, HerbalMucil Plus, Intestinal Formula #2, 5-Day BOWEL Detox

#### STRESS REDUCTION

Nerve, Brain, SuperMeal, SuperFood Plus

Nerve, Tooth & Gum,

TEMPERATURE

Echinacea Plus (topical)

C&F Herbal "SHOT", Echinacea

Plus, Children's Echinacea,

SuperTonic, Super-C Plus

Daily Oral Therapy, Throat &

Tonsil, C&F Herbal "SHOT",

Echinacea Plus, Children's

Echinacea, SuperTonic

**THROAT & TONSILS** 

#### Т

TEETHING

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