

### Dr. Schulze's ORIGINAL CLINICAL FORMULAE Since 1979

## SPRING CLEANING SPECIAL REPORT



### De-Toxification.

A detox, or detoxification program, (also called a cleanse) is the process of extracting, neutralizing, and eliminating built-up waste, pharmaceutical drug residue, heavy metals, mucous, pus, fluids, toxic chemicals, poisons or any harmful residues from your body. This waste can be in your fat, muscles, organs, cells, and even within the various spaces between organs within your body.

One of the greatest ways to prevent, and even heal disease, is to keep ahead of the game by periodically assisting our body in eliminating this built-up toxic waste. That's a detox.

### Where do the toxins come from?

First, simply being alive creates metabolic waste. Your body must continuously eliminate solid, liquid, and gaseous waste or you will get sick and die. Second,

we adsorb many toxins and poisons every day from our food, air, and water as well as from drugs and toxic heavy metals found in our environment.

### Why should you consider a detox?

The bottom line is that modern life and modern living have overloaded, overworked, polluted, irritated, inflamed, clogged, scarred, constipated, degenerated, and diseased all of your body's elimination organs and systems.

This has caused a slowing down effect of your body's elimination of toxic waste, and caused it to be backed up and deposited - (and even stored) in your body overworking and depressing your immune system and lowering your disease resistance.

This unavoidable toxicity underscores the serious importance of regular and routine cleansing, detoxification, and toning of these precious elimination organs and systems.

### When is it best to do a detox?

**#1 - For Prevention**. Everyone who wants to maintain a healthy body needs to detox. Depending on the detox and your goals, once every three to four months is common.

#2 - For Healing. If you are not feeling well, or if you have a diagnosed illness or disease, then begin detoxing immediately. Carefully evaluate your needs and decide upon a detox plan. Then get going right away.

### What will happen when you detox?

When your body gets clean and your elimination systems are cleaned, flushed, toned, strengthened and tuned-up, two things happen...

First, problems go away. There isn't any condition of the human body that isn't helped by getting cleaner and healthier.

By strengthening the systems that we already have, our bodies are better able to fight disease - existing or newly introduced as a matter of life.

No matter how far removed your problem may seem-no matter how unrelated it may seem for simple detoxification—when you get clean and healthy your body will find that problem, get rid of it, and repair and heal itself. Period.

Second, you will have more energy. When your body removes toxins, poisons, waste, acids, and mucous from your body and from your organs, tissues, and cells, you will feel great and you will have a lot more energy.

Why? After detoxing, your body is clean clear, and operates more efficiently. It uses fuel better, eliminates waste faster, and many blockages have been removed. Your immune system gets stronger and every internal organ benefits. All of this contributes to feeling great and having an abundance of energy.

### **Bowel** Ailments are

Our fiberless junk food diets, and lack of exercise, causes the average American to be 70,000 bowel movements SHORT in their lifetime! This blocked, encrusted fecal matter is slowly poisoning us, infecting and rotting our bowel, causing inflammation, polyps, fissures, ulcers, tumors, cancer, and eventually killing us.

"My **FIRST RULE** with all of my patients was to get their bowel cleaned out. Then, the healing begins."

We are self-poisoning.

This is exactly how backed-up waste and blockage leads to major disease in the body. Without proper hydration, nutrition, and a thorough cleansing of the colon on a regular basis, every system of the body suffers.

The downsides of constipation are endless and infinite. You can have sickness, immune weakness, low energy, back problems, headaches, leg pain, menstrual irregularity, hormone imbalance, emotional problems, bad

digestion, poor assimilation...and numerous other problems including herniation of intestine due to impaction and diverticulosis.

Modern medicine says that 100% of Americans, before they die, are going to have herniated intestines due to constipation. I saw hundreds of patients that developed cancer in the bowel simply because of constipation. I also saw every disease, every illness, no matter what it was, helped by cleaning out the bowel.

You may think that your problem is totally unrelated to your bowel, but let me tell you, the old Natural Healers knew it, and they were right... when you clean out your bowel, miracles can happen!

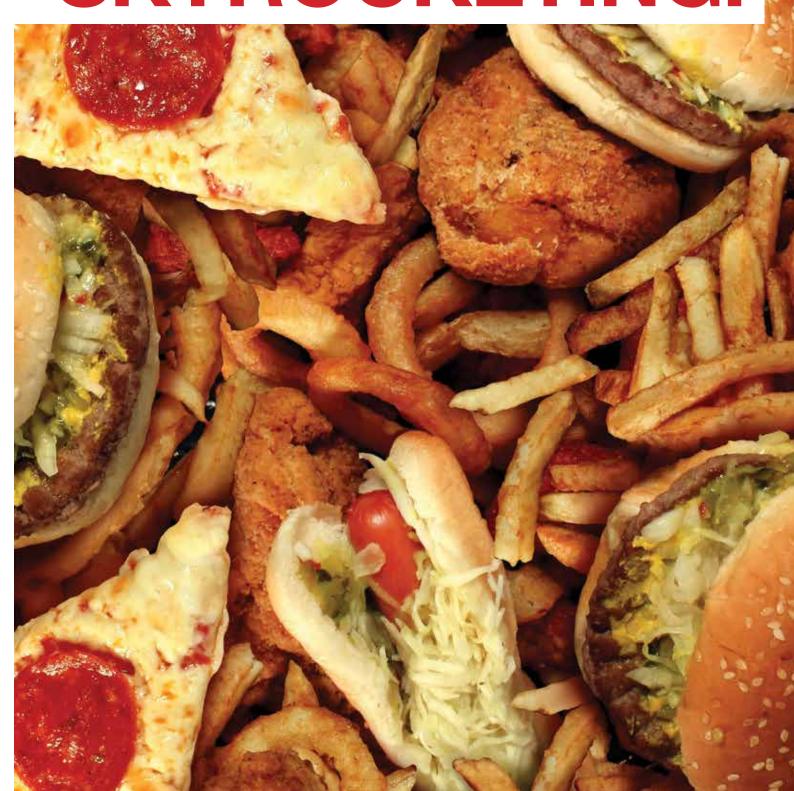
This is why a seasonal Bowel Detox was MANDATORY in my clinic, and why 80% of my patients were completely healed after completing a thorough bowel detox program.

No matter how far removed the problem seems from the colon, no matter how ridiculous it may seem to do a bowel cleansing program instead of brain surgery, cleanse the bowel first and see what happens.

- Dr. Schulze



### **SKYROCKETING!**



# **BOWEL** "I eat right, and I go to the gym for 2 to 3 hours every day, but it's Dr. Schulze's IF #1 pills that make my stomach really flat. Thank you!!!" Claudia C., Miami, FL (actual photo)

### **HEART & CHOLESTEROL ALL FINE!**

After Bowel Detox, lost 12 pounds. My doctor said my cholesterol is now fine and I no longer have an enlarged heart! I also lost my big tummy! And I'm also now addicted to SuperFood.

- Vanessa J., Anaheim, CA

### **SLEEPING BETTER AND FEELING BETTER! WOW!!**

It truly is a wow experience—what a relief. I have had insomnia for two years. I'm starting to sleep better and just feel better. I am a 52 year-old woman and thought I was fairly healthy. Well, there is no way to have health, if you're not poopin'!! Thank you so much!

- Sharon R., New Plymouth, ID

### Feel **LIGHTER** & Have A Flatter Stomach! Detoxification Starts With The Bowel!

### **5-Day BOWEL** Detox

- ✓ Powerfully PROMOTES regular, healthy and complete bowel movements
- ✓ A POWERFUL intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues and heavy metals
- ✓ Have a flatter stomach and feel **CLEANER and LIGHTER than ever** before

When the colon is impacted with extra waste, it swells putting pressure on (and sometimes even infecting) nearby blood vessels, nerves and organs.

If you want to start having regular, healthy and complete bowel movements and easily clean out years of accumulated toxins, poisons and waste, this program is for YOU.



to Learn More or Shop Now!

"This is the most effective clinical bowel cleansing program available anywhere!"

- Dr. Schulze



### **Everyday Toxins Are**

The modern world is filled with toxins in our air, food, and water. According to leading experts, 80% of all cancers are a direct result of chemicals found in our environment. There are more than 72.000 synthetic chemicals in use today, with approximately 1,000 new chemicals introduced each year. It is a simple fact, if you live anywhere on this planet, you are breathing, drinking, and eating poisons...

### **AIR**

A recent EPA study concluded that air inside American homes is up to 100 TIMES more polluted than outdoor air and that toxic fumes from common household cleaners cause cancer. Toxins such as carbon monoxide, lead, insecticides, and pesticides fill the air you are breathing right now.



March and Land

### **FOOD**

The FDA has warned that there are over 50 different known poisons and toxic substances in the Average American's grocery cart.



Radioactivity in tap water has poisoned as many as 50 million (1 in 7) Americans

all around this country. In the average 10-minute shower, the human body absorbs as much chlorine as if you drank 20 gallons of tap water.

### YOUR BODY IS **POISONED**

Analysis of human fat, blood, urine, breath, mother's milk, and even semen demonstrates that **EVERYONE** on this planet (not just those that live near



big cities and pollution sources), but EVERYONE (especially Americans) carries hundreds of toxic, lethal chemicals in their tissues—Dioxins (Agent Orange), PCB's, DDT, Organophosphates, Organochlorines—the list is long.

These toxic chemicals that are present in our environment and our bodies are a direct link to

the skyrocketing cancer rate and the alarmingly high rate of reproductive issues, from impotence and low sperm count to infertility.



### **MY BOTTOM LINE**

I don't care who you are, and I don't care how healthy you think you might be. I don't care if you live in Tahiti, eat only organic fruit, drink only distilled water, and exercise eight hours a day. If you are a human being who eats, drinks, and breathes on this planet, your liver has been attacked, damaged, and is sick.

- Dr. Schulze

### **DESTROYING Your Liver!**

LIVER



#### **NO MORE PAIN!**

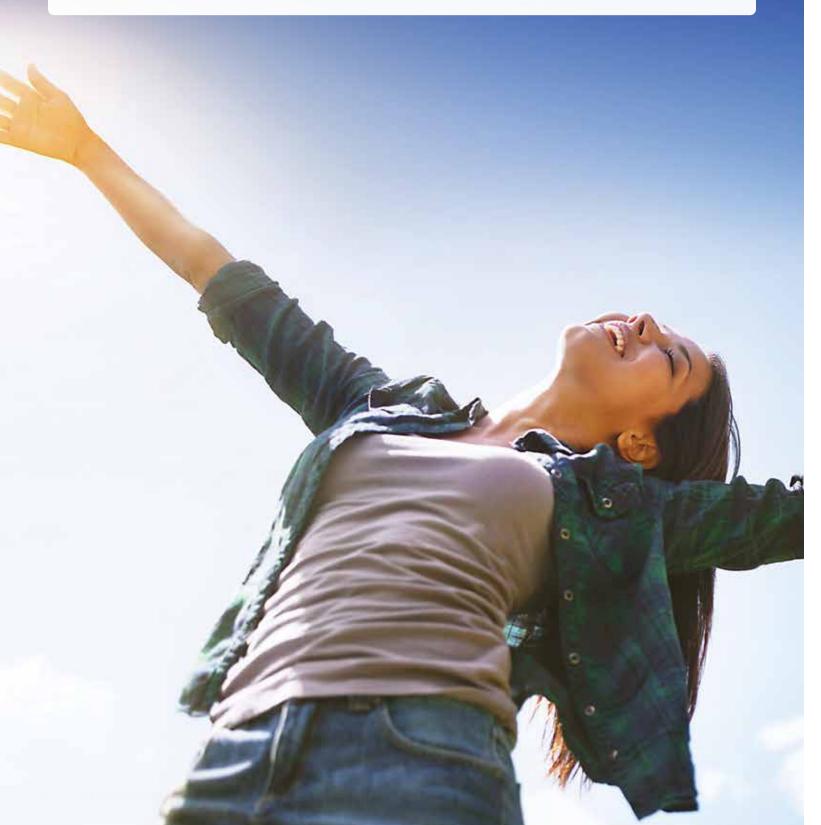
I started Dr. Schulze's 5-Day LIVER Detox and after the fifth day, I had no more stomach pain and the swelling went down. It has been two years with no problems with my gallbladder.

- Amelia S., Anaheim, CA

#### **FLUSHING AWAY!**

I had three gallbladder attacks, I did the gallbladder flush and I have a medical report that reads, "No evidence of gallstones as noted on the ultrasound." Yes! I feel great and I decided to keep to Dr. Schulze's recommendation and will complete a flush every three months.

- Spring Y., Bonney Lake, WA

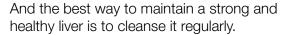


# Triple Your **ENERGY**, Improve Your Focus, and Be Vibrant!

### **5-Day LIVER** Detox

- ✓ COATS and PROTECTS your liver cells and helps to eliminate harmful, dangerous contaminants
- ✓ Supports your body to DISSOLVE and REMOVE hardened sediments from the gallbladder
- ✓ CLEANS your blood of unhealthy accumulated deposits
- ✓ A CLEAN liver means you have all the ENERGY you need when you need it

More than any other organ in your body, your liver prevents you from getting sick. It is known as your "first line of defense" because your liver is the defensive barrier between the things you take into your body and the blood that feeds that body.

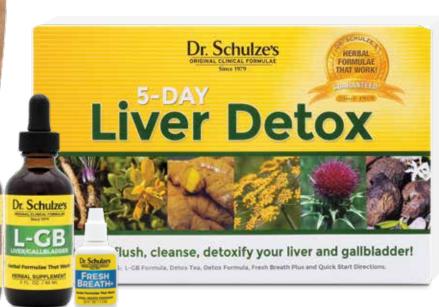




"My 5-Day LIVER Detox is not only safe and easy, but also extremely effective."

- Dr. Schulze





### Kidney Failure Is

#### **INCONTINENCE**

An estimated 17 MILLION adults in the U.S. have daily Urinary Incontinence and a further 33 MILLION suffer from the overlapping condition, OAB (overactive bladder). That's 1 in every 5 American adults!



FACT: The adult diapers market size was valued at \$13.3 BILLION in 2018 and is expected to reach \$24.1 BILLION by 2026-an 81.5% INCREASE!

### **DIABETES**

An estimated 37.3 MILLION Americans—just over 1 in 10—have Diabetes and 96 MILLION more American adults—approximately 1 in 3-now have Pre-Diabetes.



**FACT:** Among Diabetes patients, 5 million (1 in

6) were smokers, 30 million (9 out of 10) were overweight, and 13.5 million (2 out of every 5) were physically inactive.

**FACT:** Worse, new cases of type 1 and type 2 Diabetes have SKYROCKETED among U.S. youth. And adolescents ages 12 to 18 years, more than 1 in 6 (18% of U.S. adolescents) now have Pre-Diabetes.

### **DIALYSIS**

Last year, nearly 800,000 Americans had kidney failure, and needed dialysis or a kidney transplant to survive (2 in every 1,000 people). 554,038 of these patients received dialysis to replace kidney function and 229,887 lived with a kidney transplant.



**FACT:** After five years on dialysis, more than 75% OF PATIENTS ARE DEAD. After 10 years, more than 92% HAVE DIED.

**FACT:** Kidney transplants have MORE THAN DOUBLED in just 5 years.

**FACT:** 15 MILLION Americans report kidney and bladder illness every year. 9 MILLION have potentially LETHAL kidney disease.

### **KIDNEY STONES**

Painful, debilitating bouts with kidney stones are skyrocketing in America. More than 30 million people are expected to get a kidney stone—twice the amount of 30 years ago.



FACT: Ten years ago, kidney stones occurred in approximately 5.2% of the U.S. population.

FACT: Today, due to high-protein diets and increased stress, about 20% of men and 10% of women can now expect to suffer from a stone during his or her lifetime.

### ON THE RISE!



#### **NEW LEASE ON LIFE!**

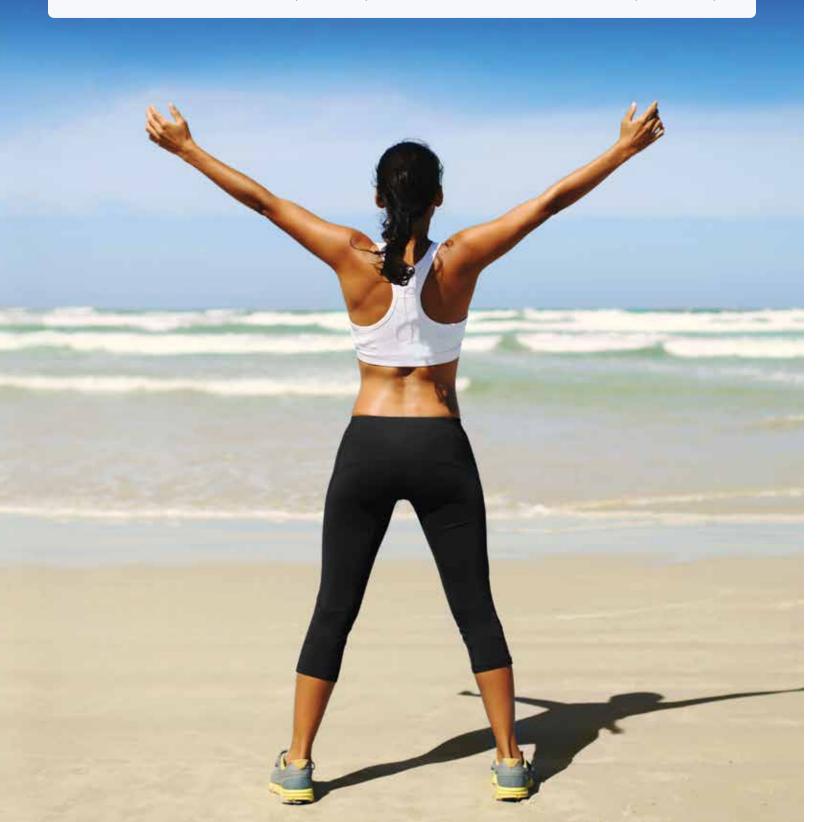
A flyer came in the mail for Dr. Schulze's Kidney Cleanse. I started a whole food/vegan diet and within 90 days, I was down 50 lbs. I now have a new lease on life. Oh, the best part...after I did two of Dr. Schulze's 5-Day KIDNEY Detoxes, my kidney tests came back NORMAL! DR. SCHULZE SAVED MY LIFE!

- Lori N., Blairstown, NJ

#### SHARING THE GOOD NEWS

Since I was 3 years old, I have had kidney problems. I ordered the 5-Day KIDNEY Detox. I received the product the very next day and had instant relief the same day of starting it. I finished the program and have been problem-free for 5 years now!! I've been sharing the good news ever since!

- Kari S., Castlewood, VA



## Stay Clean, Healthy, and **Strong!**

### **5-Day KIDNEY** Detox

- ✓ FLUSHES, CLEANS and DISSOLVES deposits from your kidneys and bladder.
- ✓ Keeps blood HEALTHY and CLEAN.
- ✓ Helps to MAINTAIN normal blood sugar, which helps every organ in your body to work better.

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body depends on your kidneys staying healthy and strong. In fact, all the cells in your body need nutrition brought in and waste eliminated out, and they need your kidneys to do this!

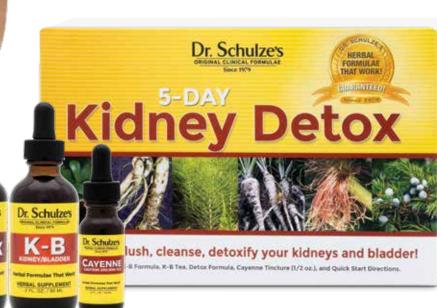


to Learn More or Shop Now!

"If you want to LOOK GREAT, FEEL AWESOME and have TONS of ENERGY, then an easy 5-Day Kidney Detox is a great way to guarantee it!"

- Dr. Schulze







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1.800.HERB.DOC (437-2362) or visit www.herbdoc.com

#### **RETAIL STORE**

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