

Dr. Schulze's

Original Clinical Formulae Since 1979

2024-2025 Herbal Products Catalog

The
Original
& Still
The
BEST!

30
YEARS

AMERICAN
BOTANICAL
PHARMACY

45
YEARS

ORIGINAL
CLINICAL
FORMULAE

Dr. Schulze - 1979



What I Want

- #1 I want to FEEL GREAT, every day, all the time.
- #2 I want to have tons of ENERGY.
- #3 I want to LIVE as long as possible, to do all the things I want to do in life.
- #4 And I want all of this for YOU too.



2024 Message from Dr. Schulze

60 years ago, my parents died of heart attacks. They were both 55 and did everything their medical doctors told them to do, including taking many drugs.

Because of this, I started my search into health and alternative herbal medicine. I began making herbal formulae and eventually went to herbal college and earned my degrees. I did this because of the limitations, huge expense, and dangers of using modern medicine, as well as to avoid doctors, drugs, and hospitals because, honestly, I was scared to death of their poisoning and butchering.

50 years ago, I opened my clinic and [REDACTED] my patients with my herbal formulae.

45 years ago, I started my business of Dr. Schulze's Herbal Products making my clinical herbal formulae available to the public for the first time.

There is a reason I am telling you this...

Unlike all other herbal companies that don't have an herbal doctor at the helm, I ran a clinic for decades [REDACTED] thousands of patients with my herbal formulae. These formulae are not my theories based on what I read in herbal books. Instead, they are the results of thousands of patients who taught me what works and what doesn't. **And I am very proud today that my patients and customers submitted all the pictures for this catalog!!!**

Speaking of my colleagues, unlike them, I wasn't afraid of hurting my patients with herbs. I was much more afraid that my patients would get sicker or even die from their illnesses. So, I made the strongest herbal formulae possible—the most concentrated, given in unheard-of dosages, using the finest, cleanest, organic American-grown herbs. My results shocked the industry. My patients [REDACTED] themselves from everything imaginable.

My bottom line is that because of my life experiences, my herbal formulae are the strongest, most powerful, most effective, cleanest, and purest that you can find anywhere.

* Dr. Schulze's letter was redacted to comply with all the 3 lettered government agencies restricting your health freedom.

Dr. Schulze

The Dr. Schulze DIFFERENCE



*German M.,
Sr. Production Manager*

There are many differences between my clinical herbal formulae and other companies' herbal crap.

It's all based on the fact that I am an herbal doctor who ran a clinic that spanned decades, where I successfully treated thousands and thousands of patients.

Other herbal companies (most of whom don't have an herbalist on staff) mix trendy herbs and make hypothetical formulas. They hope their bottled herbal theories might work, even though they don't know which part of the plant to use. Also, their quality is garbage because they buy the cheapest herbal junk to make their useless made-up formulas—because they are focused on your wallet, not your health!

My focus has always been on you and your family getting healthy and staying strong.

**I achieve this in
THREE ways:**

Watch Dr. Schulze's
One-minute Video
on Increasing
Your Quality and
Quantity of Life.



Pure

First, I use only the highest quality organic and wild-harvested herbs, which are the purest.

I use organic herbs because it doesn't make sense to consume herbs to heal your body after the grower has sprayed and treated them with toxic and dangerous insecticides, pesticides, chemical fertilizers, and other farming pollutants. These chemicals in our environment have polluted our air, water, and food, causing many diseases. I can't help you get healthy while also poisoning our planet.

Further, studies prove that organic and wild-harvested herbs have up to 10 TIMES more healing phytochemicals than conventional herbs. This is why my manufacturing facility is an Organic, Kosher, and Vegan-certified facility.



Potent

Second, I make all my formulae in my herbal production facility that are the strongest, most powerful, and most POTENT available anywhere.

The industry standard is 10%, maybe 20%, herbs in the vats to make extracts. But I fill my vats to the top! If your kids or parents are sick, OR YOU, would you want a measly 10 or 20% herbal blend? NO! You would cram as many healing herbs as possible into the vat as I do! My competitors say I waste herbs, but my customers say THANK YOU.

What created miracles in my clinic was simple: The strongest formulae, the highest dosages, and patients who were sick and tired of feeling sick and tired. While other herbalists feared hurting a patient, I feared failing my patients. Looking back, my clinical-strength herbal formulae and higher dosages created MIRACLES.

This is the BIG difference –
the Dr. Schulze Difference!



Proven

Third, I make the same clinical herbal formulae I refined in my clinic to be highly effective with proven results.

The biggest difference between my herbal formulae and others you see in health food stores, well, honestly, it's that mine WORK. I'm serious.

Other herbalists and manufacturers never had a clinic and didn't have thousands of patients visit their clinic. They bottle their impotent herbal theories based on what they read in books and hope they might work, but they don't.

Over the decades, my patients taught me what works and what doesn't. I didn't want to be a doctor, but people knocked on my door anyway, hundreds, then thousands, so I had a lot of patients who helped me refine my formulae until I got them right. My clinic spanned three decades, and over a million people have used my herbal formulae worldwide. I guess that means they WORK.

Dr. Schulze

Beware of Fakes

Many herbal products in drug stores, and even health food stores, use the WRONG (or non-medicinal) part of the plant! All herbs have a specific plant part with the highest concentrated medicinal HEALING phytochemicals. But many manufacturers use the non-medicinal part because they can still say ECHINACEA on their labeling, even though they are using the woody stalk or leaves when the medicinal (and expensive) part of the plant is the root and seeds. It's like eating the bark from an apple or pear tree when the fruit is the nutritional part, or like eating spinach root instead of the greens, or garlic leaves and not the bulb.

So BEWARE. There are many FAKE herbal formulas out there stealing your money by selling you what I throw into my compost pile. Worse, they are robbing you of your health!

5 STEPS To Amazing Health

My 5 STEPS are very simple, common sense, but extremely powerful at switching on your body's super-healing ability.

100% Quality Guarantee:

Dr. Schulze's Original Clinical Herbal Formulae and Programs are the absolute BEST available anywhere. If you are not completely satisfied, we will gladly refund you, no questions asked.

#1: NUTRITION

Everyone needs a constant, rich, and easy-to-assimilate supply of nutrition in their body at all times.

- 10 Introduction
- 18 Featured Product: **SuperFood ULTRA**
- 20 Featured Product: **SuperFood PLUS**
- 23 **NEW SuperFood 100 Powder**
- 24 All Nutrition Products
- 28 Power Up Your Fitness: **SuperProtein**
- 30 Ingredients Matter
- 33 6 Essential Ways...

#2: ELIMINATE

Toxic waste retention poisons your body, depresses your immunity, and keeps you from self-repairing.

- 34 Introduction
- 37 Featured Product: **Intestinal Formula #1**
- 38 Everyone Retains Too Much Waste. **Everyone.**
- 40 **5 Incredible Benefits** From Using The Most Powerful UnBlockers.
- 42 **All Eliminate Products**

#3: IMMUNE

The stress of modern life beats you up, depleting your immune system. Supercharge your immune system and watch your body come alive.

- 46 Introduction
- 49 Featured Product: **C&F "SHOT"**
- 50 Everyone Needs Protection. **Everyone.**
- 52 **All Immune Products**

#4: DETOX

No one would expect their car to run forever without oil changes and radiator flushes.

- 58 Introduction
- 61 Featured Product: **5-Day Bowel Detox**
- 62 **All Detox Programs**

#5: SPECIFICS:

Using these formulae, I would get my patients to take care of their little problems—correcting imbalances and addressing specific issues—before they grew to full-blown problems.

- | | |
|--|--|
| 70 Introduction | 78 Balances Female Hormones |
| 76 Specifically Female | 82 Your Prostate: What You Need To Know |
| 72 Circulation
Brain Formula
Heart Formula
Cayenne | 80 Male
Prostate Formula
Male Formula
Super Ginseng
Male "SHOT" |
| 74 Female
Female Formula
Female PLUS
Female "SHOT" | 85 Nerve / Eyes
Nerve Formula
Eyebright Formula |
| | 86 Mouth
Tooth & Gum Formula
Daily Oral Therapy
Fresh Breath + |
| | 88 Topical
Deep Tissue
Anti-I Formula
Miracle Cream
Jjoba & Tea Tree
Bug Block |

General Information:

- | | |
|--------------------------------------|-------------------------------------|
| 2 The Dr. Schulze Difference | 90 Frequently Asked Questions (FAQ) |
| 6 My 5 Steps | 94 Guide To Product Usage |
| 8 3 Keys To Vibrant Health | 99 Order Forms |
| 14 Which SuperFood is Right For You? | 105 SuperFood-A-Month Club |

5 Ways To Order:

- | | | |
|--|--|---|
| WEB
www.HerbDoc.com
24 hours a day / 7 days a week | FAX
1-866-305-1830 | VISIT
Retail Store
4114 Glencoe Avenue
Marina del Rey, CA 90292
310-577-9999 |
| CALL
1-800-HERB-DOC (437-2362)
Toll-Free
Mon-Sat 6am-7pm PST
Sun 7am-3:30pm PST | MAIL
Dr. Schulze's
American Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295 | Mon-Fri 9am-7pm PST
Sat-Sun 10am-6pm PST |

The 3 Keys To

My **3 BASIC STEPS** to Natural Health and the reason why 95% of my patients got well quickly!

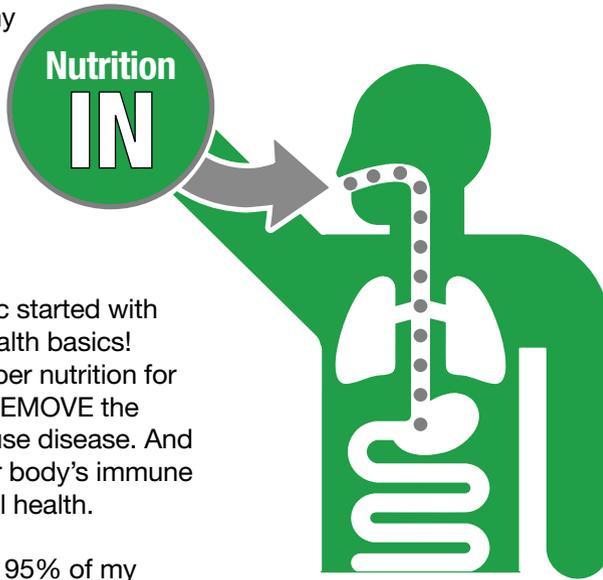
Before I started ANY of my patients on my specific programs and formulas, EVERY patient had to first do THE BASICS. No matter what their disease was, no matter what their symptoms were.

EVERY patient in my clinic started with common sense, good-health basics! First, FEED your body super nutrition for greater health. Second, REMOVE the toxins and waste that cause disease. And third, STRENGTHEN your body's immune system to promote overall health.

The simple truth was that 95% of my patients were WELL after finishing these 3 BASIC STEPS. That's right—before I ever got to treat their specific problem, their problem was GONE!

See my entire line of Nutritional Herbal Formulae, my Digestive & Elimination Herbal Formulae, and my Immune Boosting Herbal Formulae to get the support you need to WIN! Like my patients, when you start these common sense herbal formulae, within a few weeks you will probably forget what was wrong with you in the first place. These are the formulae that helped Create Powerful Health in my clinic, and now for thousands of my customers every day!

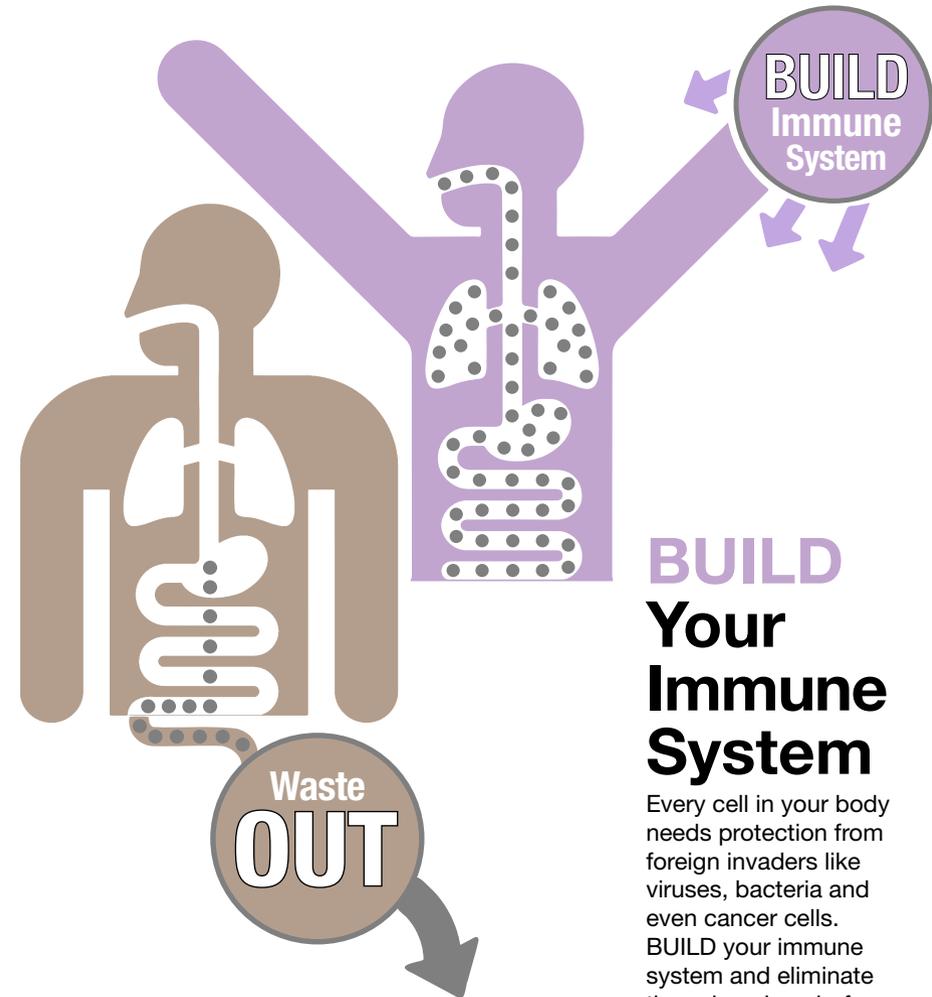
– **Dr. Schulze**



Nutrition IN

Having a rich supply of NUTRITION in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

Vibrant Health!



BUILD Your Immune System

Every cell in your body needs protection from foreign invaders like viruses, bacteria and even cancer cells. BUILD your immune system and eliminate these invaders, before they can affect you.

Waste OUT

Removing the accumulated WASTE in your body is the best way to regain health and stay healthy. If this waste isn't eliminated regularly, it will cause your body to become backed up with poisons, making it sluggish and unhealthy.

STEP 1:

NUTRITION

Your body can
Create Miracles!

It just **needs**
your help...



Watch
Dr. Schulze's
**Two-minute
Video on
Nutrition!**

I learned in my clinic, with EVERY patient, that **powerful NUTRITION is the foundation to Amazing Health.**

And if you're not operating at peak performance...**powerful NUTRITION can create the Health Miracle you need.**

Vitamins are essential organic compounds that you need to eat every day. Your body can't manufacture them, they are VITAL. That's where the name VITAMINS comes from.

The main reason your body runs down and breaks down is because your body doesn't have enough nutrient fuel to do its job.

So, if you need hormones, immune cells, nerve cells, healthier organs, and richer blood, you can't build all that with soda and junk food, but with Super-Nutrition anything is possible!

Increasing your nutrition is the simplest solution to maximizing the potential of your body, mind, and spirit.

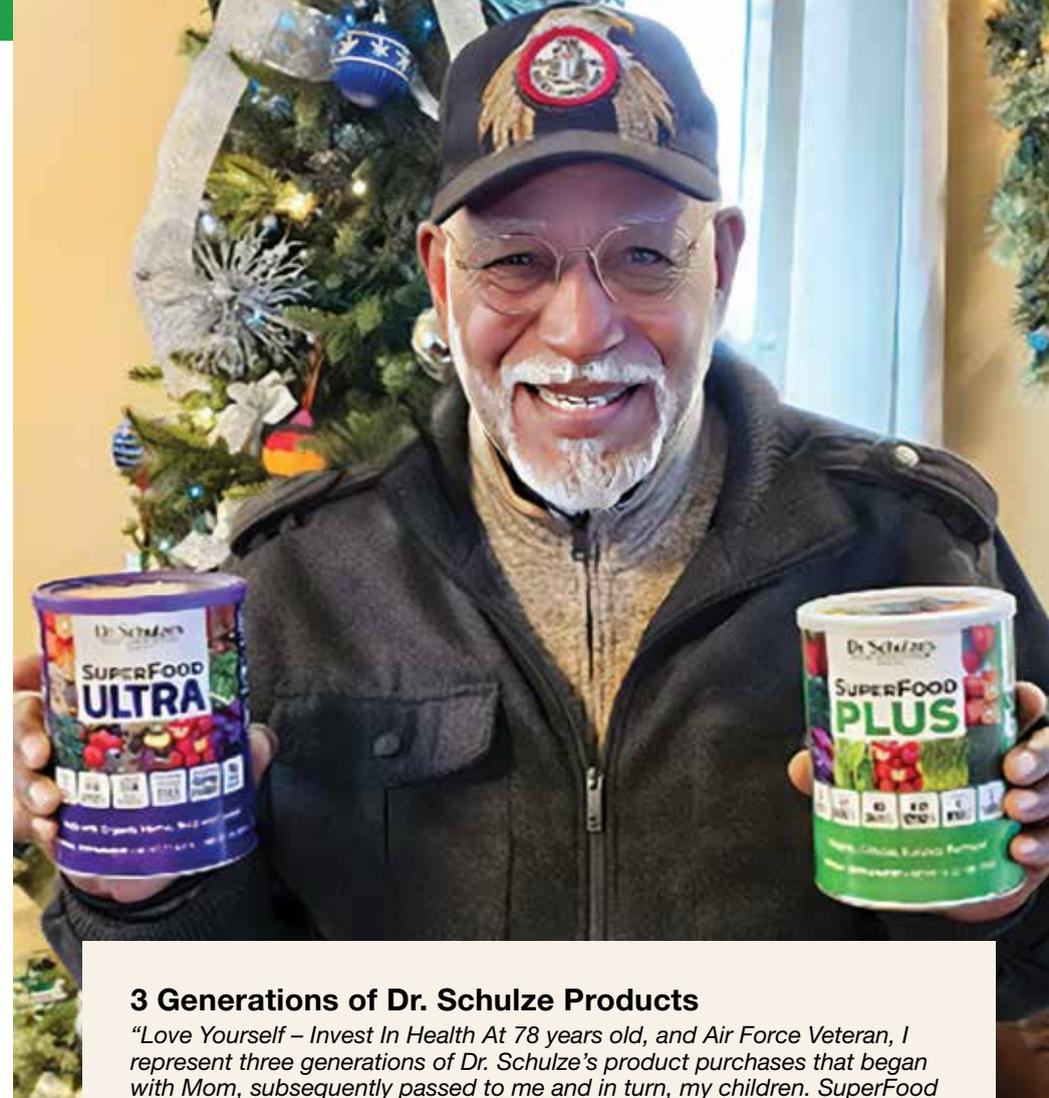
- Dr. Schulze



Looking For Some Help

"Nothing better than getting all your vitamins, macro/micro nutrients all in one blend. As an athlete and busy professional, SuperFood ULTRA gives me amazing energy for the day with zero signs of bloating like many other powders I've tried. 10/10 recommend!"

*- Camila H., Churchton, MD
(actual customer pictured)*



3 Generations of Dr. Schulze Products

"Love Yourself – Invest In Health At 78 years old, and Air Force Veteran, I represent three generations of Dr. Schulze's product purchases that began with Mom, subsequently passed to me and in turn, my children. SuperFood Plus and SuperFood Ultra provide my daily nutritional needs as morning smoothies, with added fruit, avocado and Alkaline 9.5 water, etc. No need to look at confusing store shelf products, with questionable impurities, quality, sources of origin. Both SuperFood products eliminate standing dumb founded in store aisles not knowing what to buy and nutritionally short changing yourself. Dr. Schulze has solved that problem already through these and other products. Read the packaging! It takes about 30 days to form a habit with most being bad. Get in the habit of generating nutritional health – pass it on to your family – and others. The return on investment on health through these products will save you big bucks in the long run and raise your quality of life to new levels. Will welcome 2024 by detoxing liver, bowel and kidney – loving myself and investing in health!"

*- Tom M., Tuscumbia, AL
(actual customer pictured above)*

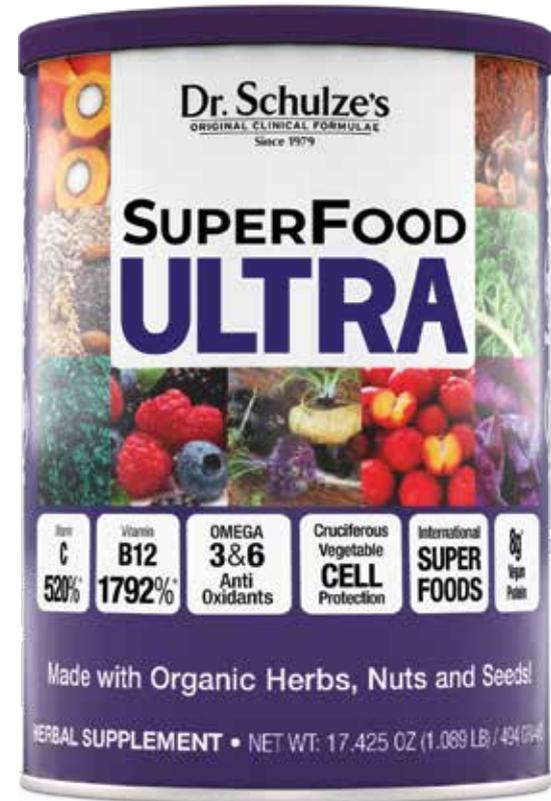
You have no idea what **MIRACLES** your body can perform...

...Until you **flood your body** with a rich supply of Nature's easy-to-assimilate **SuperFoods EVERY DAY.**



You have no idea what **Peak Performance** is...

...Until you **flood your body** with a rich supply of Nature's easy-to-assimilate **SuperFoods EVERY DAY.**



Which SuperFood Product

Is Right For You?

Beginner

Intermediate

Advanced

SUPERFOOD
100

SUPERFOOD
PLUS

SUPERFOOD
ULTRA

100% Herbs & SuperFoods

100% Herbs & SuperFoods

100% Herbs & SuperFoods

3 tablets per day
Take with breakfast or lunch

15 tablets or
2 rounded tablespoons

¼ Cup
Breakfast or lunch replacement

- ✓ Cruciferous Cell Protective Greens
- ✓ Nutrient-Dense SuperFoods
- ✓ Antioxidant Berry Blend
- ✓ Omega 3 & 6 Nut & Seed Blend
- ✓ Super C-complex Blend
- ✓ Fiber-Rich HerbalMucil
- ✓ International SuperFoods Blend

Fast – Easy – Convenient
And you're out the door

Take 5 tablets, three times per day with
breakfast, lunch, and an afternoon smoothie

Make a smoothie or blender drink
Highest Nutrition Meal Replacement

100% of most major Vitamins

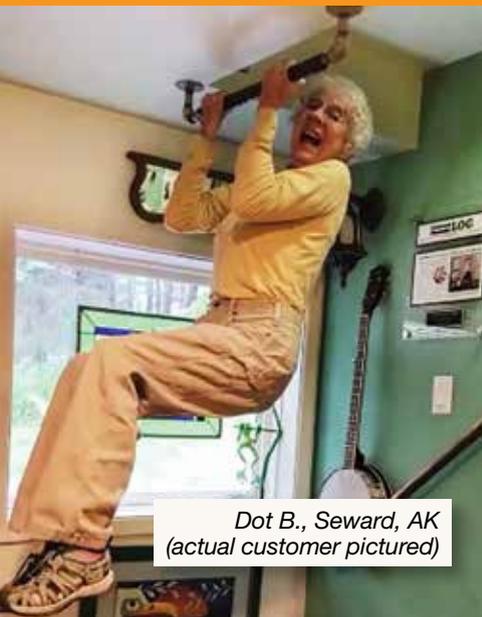
100% – 1300% of most Vitamins

100% – 1800% of most Vitamins

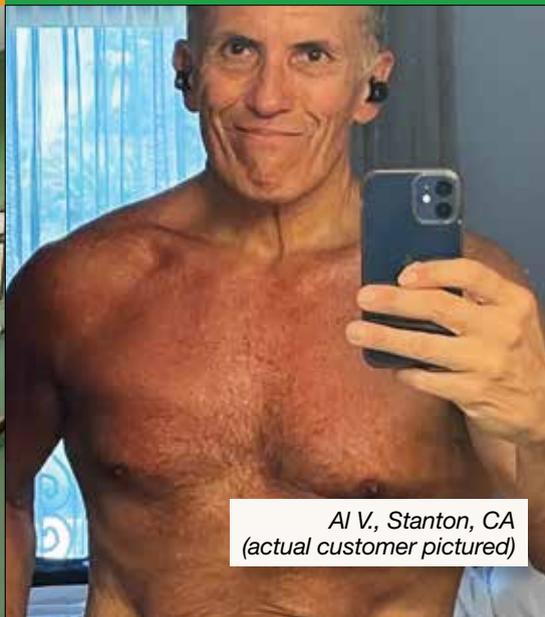
Dr. Schulze's Original
Clinical Formula

Dr. Schulze's advanced nutrition

Over 2 million jars sold



Dot B., Seward, AK
(actual customer pictured)



Al V., Stanton, CA
(actual customer pictured)



Kyle K., Canton, OH
(actual customer pictured)

Your body has the ability to create Miracles. It just needs a little help.

I learned in my clinic, with EVERY patient, powerful NUTRITION is the beginning, the foundation of Amazing Health. You have no idea what healing miracles your body can perform when it has a constant, rich, and abundant supply of vital nutrition running through your bloodstream. And even if you're healthy, you have no idea how great you can feel, and how much energy you will have, when you flood your body daily with nature's powerful nutrition.

You want to build hormones, immune cells, brain chemicals, nerve cells; you want healthy organs to feel younger, look awesome and have endless energy, then get some powerful nutrition into your body and bloodstream every day. I designed my nutritional formulae in my clinic to save lives and they created miracles.

Modern life destroys nutrition. Modern medicine is on the defense trying to kill disease after you get it. That's hard, doesn't work very well and costs you your life savings. I say let's get on the offense and not get sick in the first place.

Because every cell in your body needs a constant abundant supply of high quality nutrition. EVERY CELL, Brain cells, Immune cells, Heart cells, Liver cells, Nerve cells.

– Dr. Schulze

"I first formulated my SuperFood right in the kitchen of my clinic. I was desperate, my patients were dying, and the results were miraculous."



I Needed More Energy!

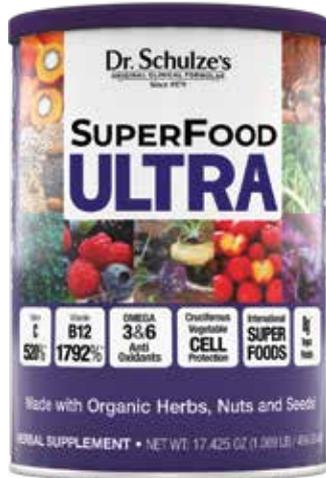
I love the fact that these ingredients are real foods. The smoothies and vitamins helped me get through the summer farmer's markets' early hours with ease.

– JoAnn J., Peyton, CO

SuperFood ULTRA

What Customers Report

- ✓ Ultimate nutrition supporting an active lifestyle
- ✓ Maximum energy and vitality



How It Does This

It FLOODS your body and blood with natural & powerful Nutrition.

What's In It?

Dr. Schulze's **SuperFood ULTRA** is a powerful blend of over 40 different miracle superfood ingredients. It combines three of his now-famous formulae—his nutrient-dense **SuperFood PLUS** powder, his all-natural Vitamin C packed **Super-C PLUS** and his fiber-rich **HerbalMucil PLUS!**

Additionally, Dr. Schulze included four more of his vitamin and mineral complexes, like his **Cruciferous Protective / Nutrient-Dense Green Complex** (with organic kale leaf, collard greens, Brussels sprouts and cabbage leaf), his **Antioxidant Berry Complex** (made with organic blueberries, blackberries,

and raspberries), his **Omega-3 & Omega-6, High-Protein Seed & Nut Complex** (made with organic flax seeds, chia seeds, walnuts, sunflower seeds, almonds, pine nuts, and pistachios) and his **International Superfoods** (a potent blend of both black and red maca root, with cacao bean and eleuthero root).

Just one serving of delicious **SuperFood ULTRA**, added to your blender with fresh, organic juice and pure water, will provide your cells with the essential nutrients they need for an entire day, leaving you full of energy and totally satisfied. Enjoy!

This is the way I start my day...**Every day!**

Over 80% of Americans admitted to hospitals are nutritionally anemic, lacking in many major vitamins. And vitamins are essential, they're VITAL, that's where the name VITamins comes from. You need a fresh supply of them every day, and if you don't get your requirements, you get sick.

The American kitchen is now a microwave, which destroys vitamins. Our kids' dining table is now the backseat of our cars eating fast food. Home cooking has been replaced with convenience meals. Farm fresh has been replaced with flash frozen and 10,000 preservatives. The #1 eaten vegetable in America is now French fries. Friends, we don't eat food anymore, we eat merchandise.

I have always said, it's not how much you take, but how much you assimilate. You can swallow anything, but it doesn't mean you're going to absorb it! Most nutritional supplements are high in vitamins on the label, but if you think you are going to assimilate oyster shells, coral, iron ore, and synthetic chemicals, think again.



This is why I blend the world's most nutrient-dense PLANT SuperFoods to make **SuperFood ULTRA**. Herbs and food that your body recognizes, absorbs, and utilizes almost instantly. One **SuperFood ULTRA** drink has more nutrition in it than most of the world gets in days' worth of food.

SuperFood ULTRA is my solution to the modern, hectic, and active lifestyle. It will give you the maximum nutrition, maximum energy, and maximum protection that you need to survive and thrive in today's fast-paced world.

– **Dr. Schulze**

SuperFood PLUS

Why I Made This Formula

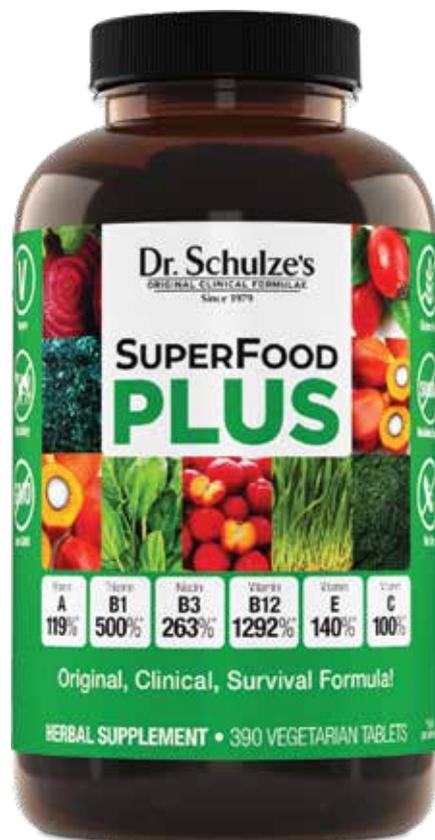
I designed SuperFood like all of my formulae in my clinic. It was my last-ditch effort to save my patients and bring them back to life. SuperFood did just that! I would make juice and blender drinks right in the kitchen, and add every herb and food that I knew would provide the most potent and powerful vitamins or minerals. My SuperFood was responsible for many of the miracles that happened in my now-famous clinic. A few years later, I started giving it to ALL of my patients.

Benefits

EVERYTHING that your body wants to do and needs to do—not only to keep you alive and functioning, but to run and repair itself, and beyond that, to feel awesome—demands a constant supply of nutrition to be in your bloodstream. Without complete nutrition, it's the same old, same old, day after day, feeling blah and just surviving. SuperFood will change that. It will make you feel AWESOME! I don't want you to just survive. I want you to THRIVE! You need 100% of your daily vitamins just for survival, but **SuperFood PLUS** gives you up to 500% of your daily vitamins! Be energetic. Be exceptional!

The Dr. Schulze Difference

Most nutritional products are nothing more than chemotherapy; man-made chemicals designed to try and mimic what scientists “think” are the important parts of food. I trust in God and nature. Instead of trying to copy it, I just use it. Mankind will never be smart enough to do that.



Will Use It When I'm 98!

I will not be without SuperFood – EVER. I have been using it for 25+ years...that is just as far back as I can remember, lol. It is my daily multi-vitamin and sometimes I use it as a meal replacement. All three of my dogs get a teaspoon of it on their dog food once a day."

— Cathy C., Parkville, MD

Food and herbal nutrition is the kind of nutrition that your body recognizes, and more importantly, can assimilate and utilize. You don't need more chemicals in your body. You need more nature. You need **SuperFood PLUS**. 100% of the ingredients in my **SuperFood PLUS** are super-potent herbs and foods. No chemicals. No crap. Just take it, and you will see and feel the real difference.

What Customers Report

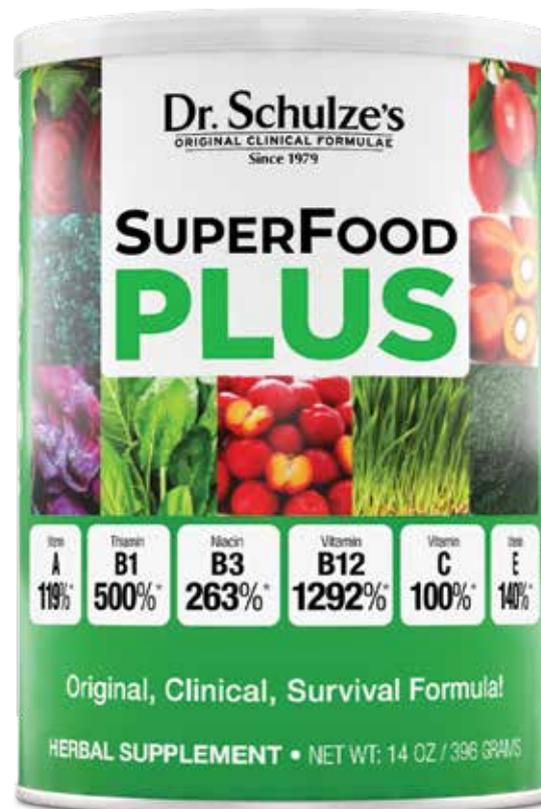
- ✓ More ENERGY
- ✓ More Vitality
- ✓ Increased Health

How It Does This

It FLOODS your body and blood with natural & powerful Nutrition.

What's In It?

Non-Fermentable Saccharomyces Cerevisiae Yeast, Wild-Harvested Spirulina Algae, Organic Beet Root, Organic Purple Dulse Seaweed, Organic Wheat Grass, Organic Rose Hips, Organic Spinach Leaf, Organic Acerola Cherry, Organic Alfalfa Grass, Organic Barley Grass, Chlorella Broken-Cell Algae, Organic Lemon Peel, Organic Orange Peel, Organic Blue-Green Algae, Elaeis Guineensis (fruit).



For Life ON-THE-GO!



65 Years Young and Strong!

"I'm 65 years old and have been a vegetarian for most of my life. My whole family has been using your products for over 25 years. My kids grew up with them. I love having the "Superfood" energy to be outside and enjoying it all!"

— Rebecca M., Spokane Valley, WA
(actual customer pictured above)

A Nutritional
Miracle In
**Only
3 Tablets!**



SuperFood 100

Get 100% of your daily vitamin and mineral needs, with 1208% RDI of your ENERGY Vitamin B12, in **only THREE tablets. The best "on-the-go" nutrition available.**

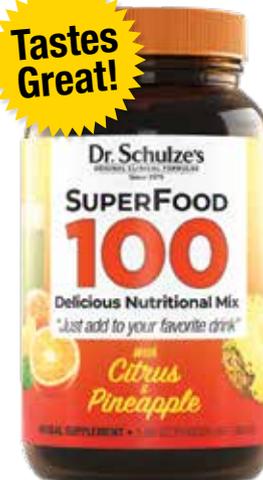
What Customers Report

- ✓ **Best on-the-go Nutrition available!**
- ✓ **1208% of ENERGY Vitamin B12, over 100% of Vitamins B1, B3 & B6, and over 200% of Vitamin B5**
- ✓ **100% (or more) of your RDI of Vitamins A, C and E**

What's In It?

Organic Acerola Cherry, Elaeis Guineensis (fruit), Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose Hips, Organic Lemon Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable Saccharomyces Cerevisiae Yeast.

Tastes Great!

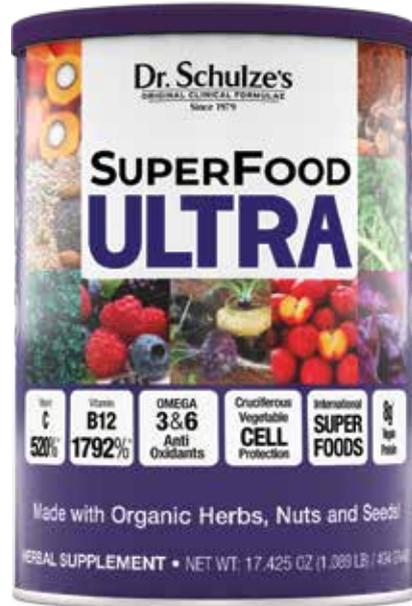


NEW SuperFood 100 Formula

- ✓ **100% of your Vitamins**
- ✓ **From only Fruits, Vegetables & Herbs**
- ✓ **Designed to add to your favorite beverage**
- ✓ **Shake, drink, and enjoy your life!**

The Best SuperFood Nutrition, With 14 Products To Meet Your Needs.

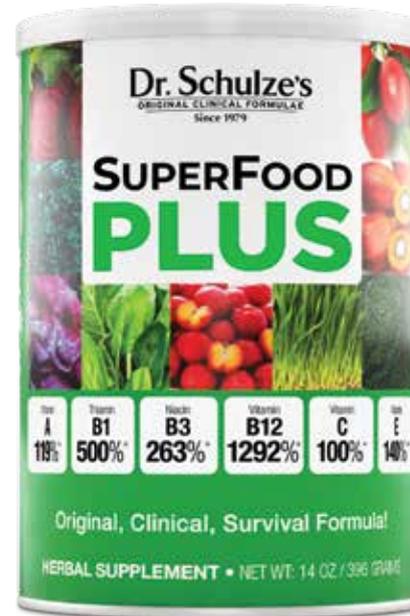
Dr. Schulze's line of SuperFood products are designed to blast your bloodstream with a rich supply of nutrients derived from the most potent plant superfoods on the planet, painstakingly selected by Dr. Schulze in his clinic to increase your energy, vitality, and strength.



SuperFood ULTRA

The ultimate meal replacement: complete protein, antioxidants, Omega 3 & 6, low calorie, vegan, gluten free, 1792% of your ENERGY Vitamin B12, 520% Vitamin C, and 100% of daily Vitamins A and E.

SuperFood ULTRA \$84
17.425-ounce powder



SuperFood PLUS

A nutrient-dense, easy-to-assimilate, pure product with over 1200% of ENERGY Vitamin B12, over 500% Thiamin and Riboflavin, 353% of your daily B6, 263% of your Niacin, and over 100% of Vitamins A, C, E, and Pantothenic Acid.

SuperFood PLUS \$54
14-ounce powder / 1-month supply

SuperFood PLUS \$68
390 tablets / 1-month supply

“SuperFood’s powerful nutrition is **the foundation to Amazing Health!**”



SuperFood 100

Get 100% of your daily vitamin and mineral needs, with 1208% RDI of your ENERGY Vitamin B12, in **only THREE tablets. The best “on-the-go” nutrition available.**

SuperFood 100.....\$10
15 tablets / 5-day supply

SuperFood 100..... \$40
90 tablets / 1-month supply

SuperFood 100..... \$100
270 tablets / 3-month supply

SuperFood KIDS..... \$34
90 tablets / 1-month supply

More Powerful Products For

A Super-Nutrition Blast.



NEW SuperFood 100 Formula

100% of your Vitamins from only fruits, vegetables & herbs. Designed to add to your favorite beverage. Shake, drink, and enjoy your life.

NEW
SuperFood 100..... **\$46**
 5.86-ounce powder / 167 grams

Super-C PLUS

For a stronger immune system, better skin, and to help you age gracefully. The only Vitamin C-Complex with NO ascorbic acid, NO sugar, and over 500% per serving.

Super-C PLUS..... **\$30**
 2-ounce powder / 56 grams / 20-day supply
Super-C PLUS..... **\$10**
 12 tablets / 4-day supply
Super-C PLUS..... **\$30**
 60 tablets / 20-day supply
Super-C PLUS..... **\$82**
 180 tablets / 2-month supply

SuperProtein PLUS

Organic and vegan 100% plant-protein concentrate with 20 grams of easy-to-assimilate protein, SuperFood PLUS ingredients, and only 110 calories per serving.

SuperProtein PLUS..... **\$60**
 19-ounce powder

SuperProtein CACAO

Get 21 grams of easy-to-assimilate protein in only 3 ingredients with organic, antioxidant-rich Raw Cacao and only 135 calories per serving.

SuperProtein CACAO... **\$58**
 24-ounce powder

Cacao Crunch Bites

The ultimate healthy snack: Each bite contains 600% of your ENERGY Vitamin B12 and 50% of your Vitamin C, with NO Gluten, NO Soy, NO GMOs, NO Trans-Fat, and NO Junk

NEW
Cacao Crunch Bites ... **\$36**
 12 pieces / 20.96 grams (each)

Power Up Your Fitness

SUPERPROTEIN PLUS SUPERPROTEIN CACAO

Both of our SuperProtein products are 100% Organic, 100% Vegan and contain no gluten, soy, whey, casein, or dairy, as well as no added sugars or sweeteners.

20 Grams of Protein per serving

21 Grams of Protein per serving

110 Calories per serving

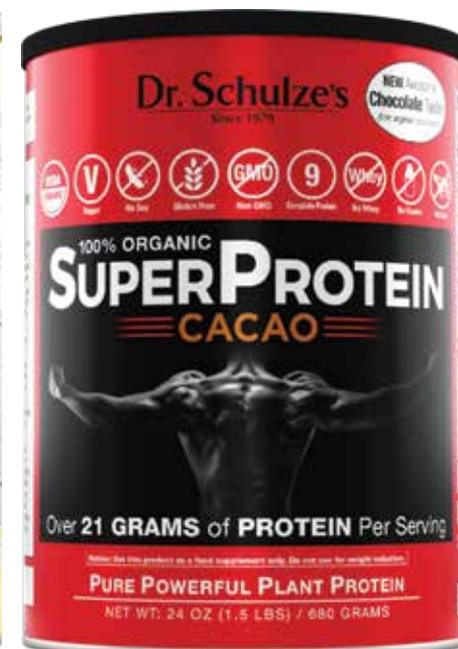
135 Calories per serving

+ Dr. Schulze's SuperFood Plus

Antioxidant Rich Raw Cacao

200% of Vitamin B12

Only 3 Ingredients



100% Plant Protein Concentrate With 20 Grams Per Serving!

Build Stronger Muscles with 20 Grams of Protein per Serving!

Consuming extra protein assures you that your workout builds you up, not burns you out! That's why on the front of the can it says: "Workout, Regenerate, and STRENGTHEN!"

Increase Muscle Thickness with No Isolated Proteins and NO Animal Ingredients!

A common myth about vegetable proteins is that they don't have the same effect on muscle growth and recovery as dairy-based whey and casein proteins. However, that's a big lie! Studies have proven pea protein increases muscle thickness the same as all the dairy-based proteins, with none of the toxicity.

Get Better Protein with none of the negatives!

SuperProtein PLUS is Organic, Vegan, Gluten-Free, and only 110 calories per serving. The Brown Rice, Green Pea combination has a balanced blend of amino acids, superior to dairy and egg proteins.



Joanne T., Brick, NJ
(actual customer pictured)



"Building muscles with Dr. Schulze's SuperProtein!"
— Claudia C., Miami, FL
(actual customer pictured)

Ingredients Matter.

SYNTHETIC Ascorbic Acid

VS

NATURAL

Vitamin C-Complex



Dr. Schulze selects Vitamin C-Complex directly from a variety of powerful, natural sources.



What's In It?

Dr. Schulze's High-C Fruit Combination: Wild-Harvested Camu Camu, Organic Acerola Cherry, Organic Pineapple, Organic Raspberry, Organic Strawberry

Dr. Schulze's High-C Greens Combination: Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf; plus a hint of High-C Organic Habanero Pepper

Dr. Schulze's High-Bioflavonoid Combination: Organic Rose Hips, Organic Orange Peel, Organic Lemon Peel

Vitamin C-Complex occurs in nature within fruits, vegetables, and herbs. It is a unique complex of a wide variety of nutrients, which is why it is called Vitamin C-Complex. It is much more than just one single chemical, such as ascorbic acid. It is Vitamin C, plus numerous bioflavonoids (also known as Vitamin P, which includes hesperidin, rutin, quercetin, flavones, catechins, anthocyanidins, and tangretin).

There are over 5,000 natural Vitamin C-Complexes and flavones found in food that are extremely important to health. In just one study of 475,000 people in 10 European countries, researchers found that people whose diets were rich in flavones had a much lower cancer incidence. They were not taking chemical ascorbic acid but eating foods rich in Vitamin C-Complex.

All of the Vitamin C-Complex nutrients are recognized, assimilated, and utilized by your body. They are super foods, powerfully nutritious for stimulating, building, and repairing your body.

As I said, vitamins are much more than a single chemical. They are living, organic nutrient complexes, enzymes, co-enzymes, antioxidants, and trace minerals, which are biochemically alive and active.

Synthetic Vitamin C, or ascorbic acid, is not found in nature and is not a food. It is a synthetic chemical created in a laboratory from sugar mutated with extremely harsh and powerful toxic substances, like nail polish remover and chlorine bleach. It is a dead, toxic chemical.

Outrageously, almost EVERY SINGLE popular Vitamin C supplement on the market today uses this chemically-synthesized and toxic ascorbic acid. Why?

Well, for one reason and one reason only: It is extremely CHEAP! Ascorbic acid is cheap 'vitamin chemotherapy.' A single dose of ascorbic acid only costs a thousandth of a cent! **Most well-known research about Vitamin C's amazing healing and health benefits was NOT done using ascorbic acid but instead using natural foods rich in Vitamin C. Don't be misled!** The benefits of NATURAL Vitamin C are not supported by chemical ascorbic acid.

Ascorbic acid kills bacteria, but, like antibiotics, it also kills your "friendly" bacteria. It destroys your needed intestinal flora, which is why it often causes stomach upset, intestinal upset, and bleeding.



Ascorbic Acid is a synthetic chemical and is never used in our products.

Super-C PLUS is a blend of the finest berries, herbs, fruits and vegetables known on the planet, the absolute highest sources of natural Vitamin C and Vitamin C-Complex nutrients. ALL of the Vitamin C and Vitamin C-Complex nutrients in this formula are natural and derived solely from the whole plants in the formula. Nothing is extracted, isolated, fortified or synthetic. This formula is 100% natural plants, and extremely rich in Vitamin C and Vitamin C-Complex. NO chemicals, NO ascorbic acid, period!

These berries, herbs, fruits and vegetables are organically grown or wild-harvested, cleaned, dried, and blended. That's it! This formula is alive, nutrient dense, the highest and most complete Vitamin C SuperFood Complex available anywhere. That is why I call it **Super-C PLUS!**

What's In It?



Dr. Schulze's High-C Combination

(Wild-Harvested Camu-Camu Berry, Organic Acerola Cherry)

Camu-Camu berries are the richest source of naturally occurring Vitamin C on the planet. Up to 6,000% more concentrated Vitamin C than citrus fruit. Acerola cherries are the second richest source of naturally occurring Vitamin C on the planet—with up to 4,000% more Vitamin C than citrus fruit.



Dr. Schulze's High-Bioflavonoid Combination

(Organic Rose Hips, Organic Orange Pith and Peels, Organic Lemon Pith and Peels)

Rose Hips, Orange and Lemon pith and peels give you the bioflavonoids, hesperiden, rutin, enzymes and coenzymes, trace minerals, calcium, and many other super-nutrients that make up the Vitamin C-Complex.



Dr. Schulze's High-C Greens Combination

(Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf)

Coriander has 5X more Vitamin C than any herb, with Parsley as the second highest, and the richest in flavones. Kale is a rich source of Vitamin C and Calcium—necessary for absorption of Vitamin C-Complex. And, adding dashes of Strawberry, Raspberry, and Habanero (all Vitamin C super foods), the formula keeps its fruity zing!



Martha L., Navarre, FL
(actual customer pictured)

Before You Leave This Section Consider These 6 Essential Ways Our Nutritional Products Will Change Your Life.

- ### #1 LOOK & FEEL Younger

Getting more potent nutrition into your body every day builds more substances like Collagen, Elastin, and Keratin. These proteins make your face look younger, smoother, less wrinkled, and keep your muscles more elastic!
- ### #2 Age GRACEFULLY

There really is a fountain of youth that slows aging, creating amazing powerful health, and it's powerful nutrition. Bottom line: Nutrition feeds every cell in your body and builds healthy strong new cells, hormones, skin, bones, muscle, and organs...it builds YOU!
- ### #3 Have MORE ENERGY

Chemical stimulants and sugar are no way to boost your energy. More often than not, you've wasted your money and end up crashing soon after. Pure, plant-based nutrition that assimilates into your body and bloodstream in seconds will boost your energy for the day, and for life!
- ### #4 Combat STRESS

Day-in and day-out we are bombarded with emotional and environmental stress. Stress burns through your body's nutrients faster than a raging wildfire. Getting a daily blast of potent and powerful nutrition gives your body the strength to persevere!
- ### #5 Fuel PERFORMANCE

Every type of exercise, from casual to extreme, burns energy and places heavy demands on the available nutrition in your body. Powerful nutrition before and after your workout allows you to maximize the benefits of your hard work!
- ### #6 Get Well & STAY WELL

Whether you are facing the common cold, a few nagging aches and pains, or something more serious, your first step must be to dramatically increase the quantity (and the quality) of pure, powerful nutrition entering your body every day!

STEP 2:

ELIMINATE

These formulae take a unique approach to **promoting regular bowel movements** by strengthening the muscles of the colon to work more effectively.

Every single patient in my clinic had retained waste somewhere in their body, and most often it was in their bowel. Why? I have three reasons for this...

FIRST, ALL animal foods—meat, eggs, and dairy—have absolutely NO fiber. So, when we eat it, it's really hard to get that grease and fat out of our bowel. Add in wheat and flour products, and now you have a heavy paste. SECOND, we don't move our bodies enough, and a sedentary lifestyle promotes constipation. THIRD, we have plenty of stress, major stress, which also causes constipation.

Add this up and you can clearly see why Americans have the highest incidence of constipation on the planet!

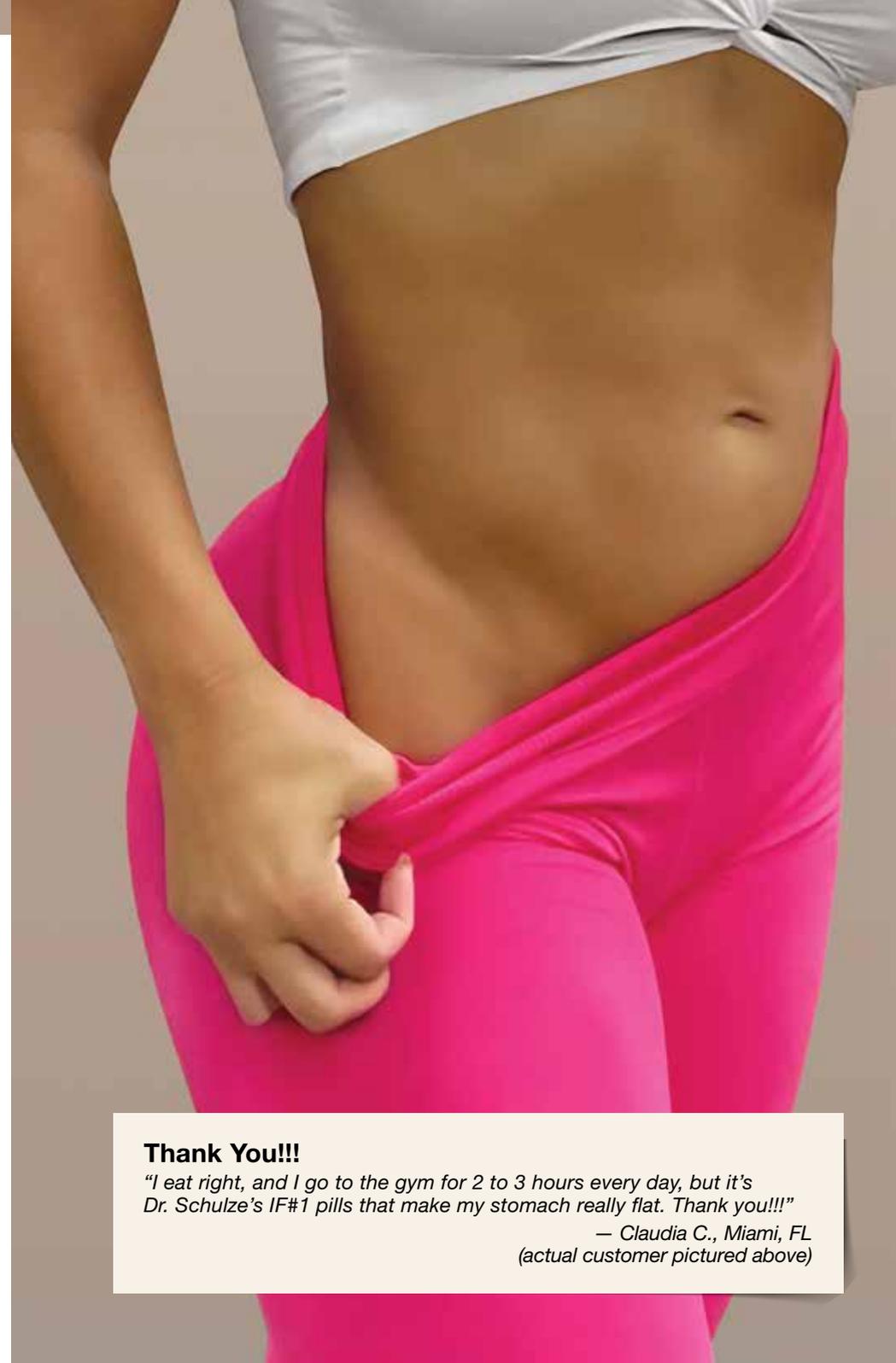
Even worse, retained fecal waste causes everything from bad skin, bad breath, and backaches, to headaches and low energy.

In the clinic, getting the excess waste OUT, along with increased nutrition, had the biggest impact to greatly increase my patients' overall health.

– **Dr. Schulze**



Watch
Dr. Schulze's
**Two-minute
Video on
Elimination!**



Thank You!!!

"I eat right, and I go to the gym for 2 to 3 hours every day, but it's Dr. Schulze's IF#1 pills that make my stomach really flat. Thank you!!!"

– Claudia C., Miami, FL
(actual customer pictured above)

“ My patients were always so amazed at how much better they felt after having regular and complete bowel movements! ”



Wonderful Product!

I have had digestive issues since I was a child. Intestinal Formula #1 turned that problem around. Now with Intestinal Formula #1 I have no problem with my intestinal issues. Wonderful product."

— Carolyn C., California City, CA

Intestinal Formula #1

What Customers Report

- ✓ Relieves Blockage
- ✓ Better Digestion
- ✓ Flatter Stomach
- ✓ Weight Loss

What's In It?

Wild-Harvested Cape Aloe Leaf, Wild-Harvested Cascara Sagrada Aged Bark, Organic Senna Leaf and Pod, Organic Garlic Bulb, Organic Ginger Root, Wild-Harvested Oregon Grape Root, Organic Cayenne Pepper, Organic Habanero Pepper

How It Does This

Powerfully promotes regular and complete bowel movements.



Everyone Retains Too Much Waste. Everyone.

A sluggish colon can cause an almost endless amount of seemingly unrelated symptoms and problems—the average American stores 10 to 12 pounds of fecal waste in their colon, which is unhealthy. **You must get the WASTE OUT.**



Curaçao & Cape Aloe Leaf

Powerful UnBlockers!

Curacao and Cape Aloe leaf is the world's most potent and effective bowel-cleansing herb! When the phytochemicals in Aloe come in contact with the surface of the bowel, it causes immediate muscular contractions.



Senna Leaf and Pod

A very reliable stool softener and bowel cleanser! The Senna leaf and pod stimulate the bowel to pulse more quickly, allowing more water to remain in the stool rather than be absorbed back into the body; this makes for an easier, softer, faster bowel movement.



Cascara Sagrada

Little else in nature provides such swift relief and reliable results! Cascara Sagrada stimulates the bowel's natural rhythmic contractions, more commonly known as peristalsis. It also tones the muscle wall as it works, exercising and toning the bowel muscle.

Powerful Eliminators

Powerful stimulants to support both elimination and digestion



Ginger Root



Habanero Pepper

Great Neutralizers

Absorbs and neutralizes poisons, toxins, and heavy metals



Activated Willow Charcoal



Apple Pectin

Soothes & Calms

Coats and protects the bowel reducing inflammation and irritation.



Slippery Elm Bark



Marshmallow Root

More Herbs For A Healthy Colon



Peppermint Leaf and Oil



Clover Bud



Flax Seed



5 Incredible Benefits From Using The Most Powerful UnBlockers!

#1 Immediate **WEIGHT LOSS**

Since the average American stores from 10 to 12 pounds of fecal waste in their colon, removing this accumulated fecal waste from your bowel helps you to lose weight, feel lighter, and give you a flatter stomach!

#2 Remove **TOXINS**

Your bowel is the largest elimination organ in your body. It is the major way that waste gets out. When your bowel is not working efficiently, your fecal waste becomes stored in your colon, eventually turning to sludge and poisoning you as it absorbs back into your body. You need to get these toxins out.

#3 An Abundance of **ENERGY**

Once your body begins to remove the built-up toxins, poisons, waste, acids, and mucous in your colon, you will feel great, and most noticeably, have a lot more ENERGY!

#4 Efficient **WASTE REMOVAL**

Cleaning your bowel makes it a more efficient waste-removal machine. This not only keeps the rest of your body and organs clean, but also prevents problems before they even begin.

#5 **STRENGTHENS** Your Bowel

Peristalsis, the propulsive contractions of the colon muscle, helps fecal matter to move along and out of your body. The herbs in Dr. Schulze's formulae work to increase these waves, thus strengthening and toning your bowel.

The Best UnBlockers To

Remove Waste & Toxins



Intestinal Formula #1

The best herbal blend on the planet for regular and complete bowel movements. Plus, **strengthens the muscular movement of the colon.**

- Intestinal Formula #1\$8
10 vegan capsules (575 mg each)
- Intestinal Formula #1\$34
90 vegan capsules (575 mg each)
- Intestinal Formula #1\$78
250 vegan capsules (575 mg each)

Intestinal Formula #1 MAX

A more powerful version of Intestinal Formula #1 **for those who need something stronger.**

- Intestinal Formula #1 MAX\$32
(Maximum Strength)
90 vegan capsules (575 mg each)

Intestinal Formula #2

A powerful intestinal vacuum that **draws out old fecal matter, toxins, poisons, bacteria, and heavy metals.**

- Intestinal Formula #2\$38
8-ounce powder
- Intestinal Formula #2\$46
250 vegan capsules

Intestinal Formula #3

A milder, liquid version for the whole family. **For children and adults who need less power to move their bowel.**

- Intestinal Formula #3\$24
4 ounces /120 ml. bottle

The Best UnBlockers To

Remove Waste & Toxins



Digestive & Intestinal Rescue

Designed to address the most common gastro-intestinal complaints at home or when traveling, such as constipation, diarrhea, gastric upsets, and digestive disturbances.

HerbalMucil PLUS

The only 100% organic, herbal, fiber-rich, sugar-free, and chemical-free formula that helps you maintain regularity.

Bowel Flush "SHOT"

One "SHOT" is all you need when you want to flush everything out of your entire gastrointestinal system by the following morning.

Digestive Tonic

Soothes and calms digestive disturbances. Combats gas, bloating, and nighttime digestive upsets. Promotes better digestion.

Digestive "SHOT"

Works FAST on severe digestive disturbances and helps you properly digest your food and assimilate its nutrients.

Digestive & Intestinal Rescue \$20

Contains: 6 Intestinal Formula #1 capsules, 50 Intestinal Formula #2 capsules, and 1 Fresh Breath +

HerbalMucil PLUS \$38

8-ounce powder / 45-day supply

Bowel Flush "SHOT" \$46

(3-pack) 1.5 ounces / 45 ml. bottle

Digestive Tonic..... \$22

1 ounce / 30 ml. bottle

NEW SIZE Digestive Tonic..... \$38

2 ounces / 60 ml. bottle

Digestive "SHOT" \$44

(3-pack) 1.5 ounces / 45 ml. bottle

QUICK START GUIDE: TONIC VS. "SHOT"

For a super dosage of Digestive Tonic, try the Digestive "SHOT", which includes 10 droppersful of Digestive Tonic along with extra Organic Ginger, Peppermint Spirits, and the super digestive power of Papain-enhanced Papaya and Bromelain-enhanced Pineapple!

Worth Its Weight In Gold!

"When I have serious episodes, the only thing that works is Dr. Schulze's Digestive "SHOT". After drinking it, within 30 minutes I am ready for a good night's sleep. These shots are worth their weight in gold!"

– Danny S.,
Paramount, CA

STEP 3: **IMMUNE**

A healthy and strong immune system can be the key to managing stress, sleeping well, and for **looking and feeling great throughout a long life.**

Never before in the history of mankind have we had so much stress.

First, there is the PHYSICAL stress from eating more toxic chemicals than ever existed before, and from the highest consumption of junk food, fat, sugar, grease, soft drinks, snacks and candy than ever before. Add that to the physical stress of insufficient sleep and exercise, and you have a recipe for disaster.

Now, add that to the EMOTIONAL stress of every day life. Today, our brains are being constantly bombarded and polluted with more information in one day than the average person had in their entire life just 100 years ago. My patients were literally run over on the information highway.

Every patient that walked into my clinic was beat up, run down, and worn out, which caused a depressed immune system.

– Dr. Schulze



Watch
Dr. Schulze's
**One-minute
Video on
Immunity!**



Truly Delivers!

It's powerful, effective and all-natural! It's my go-to for an immunity boost. Another Dr. Schulze product that truly delivers!

*– Avni A., Thousand Oaks, CA
(actual customer pictured above)*

“ Building a strong and powerful IMMUNE System is literally the antidote to the negative onslaught of modern living—especially life in the fast lane! ”

Feeling Better After 10 Minutes!

“A friend stopped by with a box of your C&F Herbal SHOTS... and once again, I was amazed that within 10 minutes I was on the mend. Thank you for your fight to keep these products available.”

– Aurora S., Hacienda Heights, CA

C&F Herbal “SHOT”

What Customers Report

- ✓ Immune Boosting
- ✓ Seasonal Relief

How It Does This

Keeps you clear and free from seasonal invaders!

What's In It?

Dr. Schulze's Immune Combination: Wild-Harvested Echinacea Angustifolia Root, Organic Echinacea Purpurea Seed, Organic Garlic, Wild-Harvested Habanero, Organic Onions, Organic Ginger, Organic Horseradish, Organic Acerola Cherry, Organic Elderberry, Organic Blackberry, **Dr. Schulze's Herbal Diaphoretic Combination:** Wild-Harvested Yarrow, Organic Boneset, Wild-Harvested Desert Sage, **Dr. Schulze's Herbal Lung Combination:** Organic Lobelia, Organic Elecampane, Wild-Harvested Kola Nut, Organic Coffee, Organic Licorice, Wild-Harvested Cherry Bark, Wild-Harvested Horehound, Wild-Harvested Coltsfoot, Organic Fennel, Organic Thyme



Everyone Needs Protection. **Everyone.**

Weakened immune systems are common in our fast-paced, stressed-out and toxin-ridden society. It is dangerous at any time, but especially during the winter months. Protect yourself by supercharging your immune system with the best herbal formulae anywhere! They are more effective than anything in any other health food store.



Echinacea Purpurea Fields



Echinacea Purpurea Seed

Ultimate Immune Herbs!

The first documented medicinal use of the Echinacea herb goes back to the 17th century with Native Americans. Since then, studies like the German K Monographs, along with many others, have repeatedly proven that Echinacea is one of nature's most powerful immune system stimulants.

Echinacea potency and efficacy depends upon who grew it and what steps they took. Our Echinacea Purpurea seeds are planted for a minimum of two years to yield the highest quality seeds. Almost all other herbal companies harvest within a twelve-month cycle.

10 TIMES
More Effective!

This combo gets to every cell



Habanero



Ginger Root

1-2 PUNCH:
Nature's Most Potent Fighters



Garlic



White Onion

1000% More
POTENT!

1,000% (10 times)
your daily Vitamin C—
a powerful nutrient.



Camu Camu Berry



Acerola Cherries

Heat
FIGHTERS

Stimulates antibody
production and
recovery time!



Boneset



Elderberry

Even More Immune-Boosting Herbs



Yarrow



Horehound



Coltsfoot.

The Ultimate Immune System Supercharger.



C&F Herbal "SHOT"

Packed with over 20 potent immune boosting herbs, herbal tinctures, herbal concentrates, and specific herbal vitamin concentrates, giving you 1,000% of your daily Vitamin C.

It strengthens your body's immune system like no other formula anywhere. This is why we call it the "ultimate weapon" to boost immunity.

C&F Herbal "10-SHOT" \$112
15-ounce bottle

C&F Herbal "SHOT" \$84
(6-pack) 1.5 ounces / 45 ml. bottle

The easiest, most delicious way to boost immunity: Dr. Schulze's Defender Drink!



Dr. Schulze's Defender Recipe

In a blender add:

1 C&F HERBAL "SHOT"
Pour it in to get a clinically extreme dose of my immune-boosting **Echinacea Plus Blend, SuperTonic**, 1,000% of your Vitamin C-Complex, and over a dozen additional immune boosting herbs.

SUPER-C PLUS, 1 LEVEL TEASPOON

This is a double dose, giving you an additional 1,000% of your RDA of Vitamin C. You're now at 2,000% not including the fresh fruit!

8 OUNCES OF ANY JUICE

Mixed fresh citrus is best, and a touch of lemon or lime is awesome.

1/2 CUP OF ANY FRUIT

Strawberries, Blackberries, Raspberries, Blueberries are readily available, make it taste great, and add even more Vitamin C. All fruits contain natural Vitamin C.

4 OUNCES PURE WATER OR ICE CUBES

This can be more or less depending on your taste. Ice cubes will cool this drink to soothe sore throats.

Powerful Immune

Boosting Formulas!



Hand Clean

Over **70% organic botanical ethyl alcohol** for effective cleaning with 100% organic essential oils to moisturize your hands.

- Hand Clean**..... \$12
2 ounces / 60 ml. bottle
- Hand Clean**..... \$36
REFILL SIZE (no sprayer) / 8 ounces / 240 ml. bottle

Super-C PLUS

For a stronger immune system, better skin, and to help you age gracefully. The only Vitamin C-Complex with NO ascorbic acid, NO sugar, and over 500% per serving.

- Super-C PLUS**..... \$30
2-ounce powder / 56 grams / 20-day supply
- Super-C PLUS**..... \$10
12 tablets / 4-day supply
- Super-C PLUS**..... \$30
60 tablets / 20-day supply
- Super-C PLUS**..... \$82
180 tablets / 2-month supply

Children's Echinacea

The most effective immune booster for children to strengthen their natural defenses.

- Children's Echinacea**..... \$28
2 ounces / 60 ml. bottle

Echinacea PLUS

Fresh, organic echinacea root and seed, organic garlic, and organic habanero peppers make this the most potent blend on the market.

- Echinacea PLUS**..... \$32
(ECH+) 2 ounces / 60 ml. bottle
- Echinacea PLUS**..... \$52
(ECH+) 4 ounces / 120 ml. bottle

Lung Tonic

Helps you breathe by supporting clear and open lung passageways.

- Lung Tonic**..... \$30
2 ounces / 60 ml. bottle

Supercharge &

Support Your Body



SuperTonic

An all-purpose miracle tonic that supports clear and open sinuses & lungs. A “must-have” during winter months.

Throat & Tonsil

Protects and soothes your throat and tonsils. Use it to put the “fire” out instantly.

SuperTonic\$26
2 ounces / 60 ml. bottle

SuperTonic\$44
4 ounces / 120 ml. bottle

Throat & Tonsil..... \$20
(Spray) 1 ounce / 30 ml. spray

Throat & Tonsil..... \$30
(Tincture) 2 ounces / 60 ml. bottle



Herbal Shield

A 100% essential oil blend to support immune response. EASY to apply roller ball dispenser. Apply a few drops to a cotton swab or your fingers to coat the opening and inside of nostrils. Also apply to upper lip, lips, and chest.

Air Detox

The most powerful, natural formula to detoxify the air and clear the mind. A customer favorite for your home, office, or car.

Herbal Shield.....\$20

Air Detox\$22
2 ounces / 60 ml. bottle

Air Detox\$34
4 ounces / 120 ml. bottle

Air Detox\$110
REFILL SIZE (no sprayer) / 16 ounces / 480 ml. bottle 1/3 ounce

STEP 4:

DETOX

Routine cleansing of all your major elimination channels to stimulate, flush, and tone your body is **essential for optimum health.**

Every single one of the 37 trillion cells in your body creates metabolic waste as it functions. Therefore, the constant elimination of this cellular waste is of the utmost importance to PROTECT you and create POWERFUL health.

Every cell relies on your body's "garbage disposal" systems—like your bowel, liver, and kidneys—to remove this waste from your body.

When any of these waste disposal systems gets congested, sluggish, or slows down, your cellular waste starts backing up. This is a serious problem.

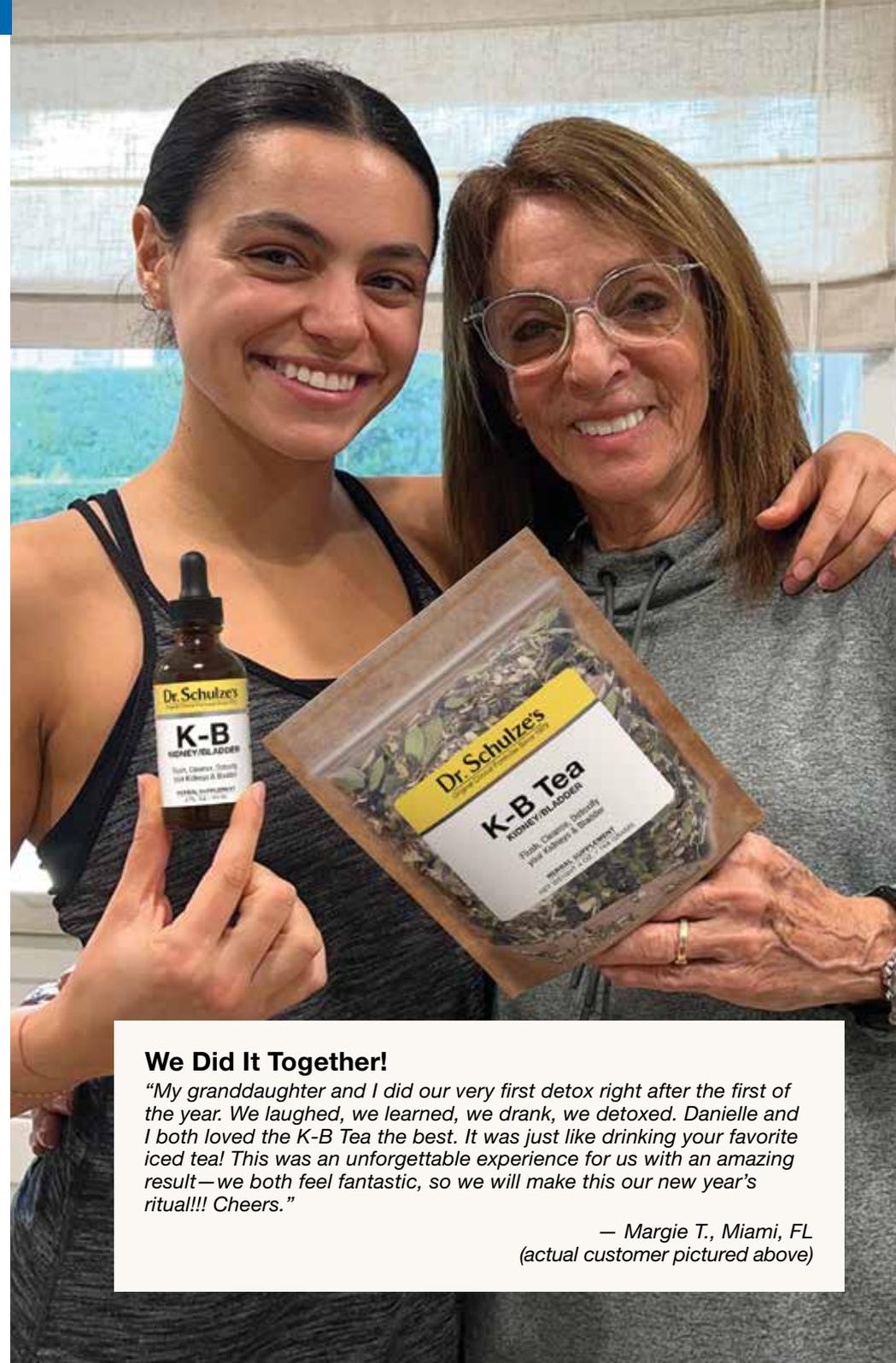
At first, you'll feel bad, have low energy and headaches, because you are living in a polluted body. When these systems back-up or stop, you become really sick and can even die.

Like preventative maintenance for your car, routine seasonal detoxification is preventative maintenance for your body. It protects you and keeps you strong and healthy.

– **Dr. Schulze**



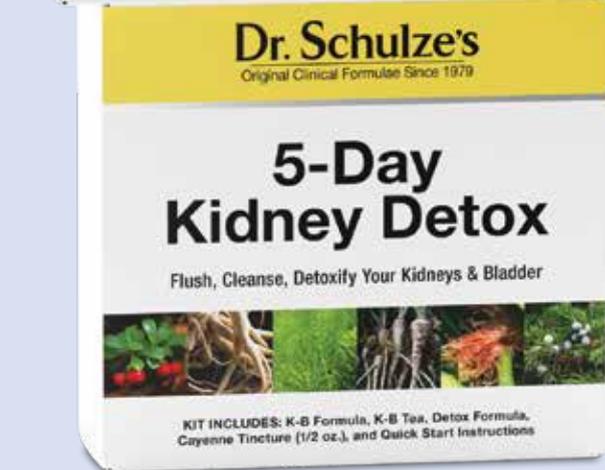
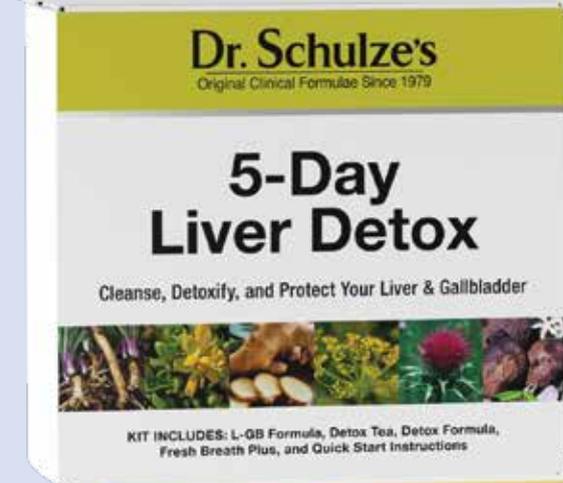
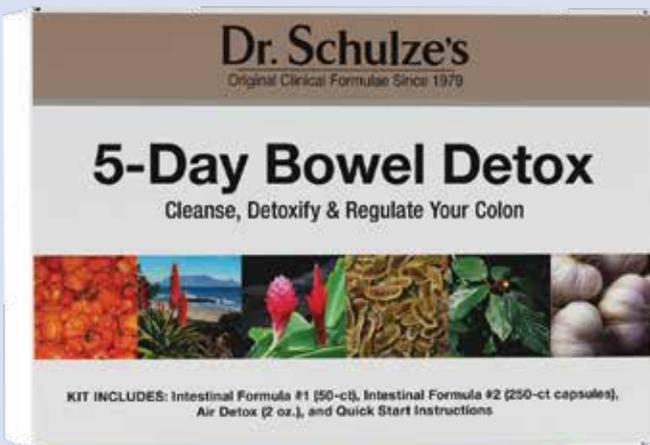
Watch
Dr. Schulze's
**Two-minute
Video on
Detoxification!**



We Did It Together!

"My granddaughter and I did our very first detox right after the first of the year. We laughed, we learned, we drank, we detoxed. Danielle and I both loved the K-B Tea the best. It was just like drinking your favorite iced tea! This was an unforgettable experience for us with an amazing result—we both feel fantastic, so we will make this our new year's ritual!!! Cheers."

– Margie T., Miami, FL
(actual customer pictured above)



“ My 5-Day Detox programs were designed to cleanse and detoxify your Bowel, your Liver, and your Kidneys. This is preventative maintenance for your whole body! ”

I Feel Amazing!!!

“I have been a migraine sufferer for 21 years and NOTHING worked. I was on a train of rebound headaches and constipation. I saw the Bowel Detox in a catalog, read the testimonials, and thought I would give it a try. I am so happy that I did! After the 5-Day Detox, I have continued with Intestinal Formula #1, and I am happy to be migraine free! I feel amazing!!!”

– Christy M., Grand Marais, MN

5-Day Bowel Detox

What Customers Report

- ✓ **Detoxifying**
- ✓ **Better Digestion**
- ✓ **Improved Elimination**
- ✓ **Diet & Weight Loss**

What's In It?

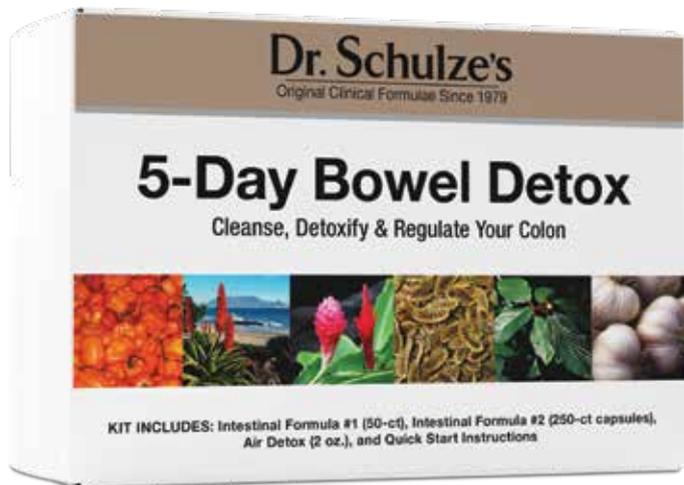
KIT INCLUDES: Intestinal Formula #1 (50-ct capsules), Intestinal Formula #2 (250-ct capsules), Air Detox (2-oz) plus Quick Start Directions

How It Does This

A POWERFUL intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues, and heavy metals.



Preventative Medicine For Your Whole Body



5-Day Bowel Detox

80% of Dr. Schulze's patients improved their health after doing this detox. **Cleanse, feel lighter, and watch miracles happen.**

5-Day Bowel Detox (capsules)\$86

Includes: Intestinal Formula #1 (50-ct), Intestinal Formula #2 (250-ct), Air Detox (2-oz), and Quick Start Directions

NEW OPTION

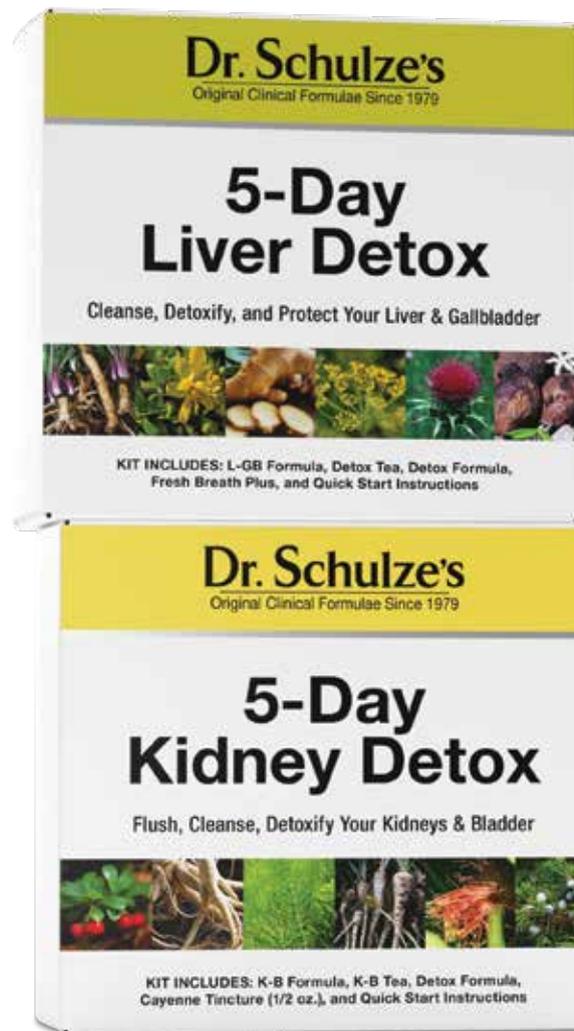
5-Day Bowel Detox (powder)\$80

Includes: Intestinal Formula #1 (50-ct), Intestinal Formula #2 (8-oz bulk powder), Air Detox (2-oz), and Quick Start Directions

Not In My Genes After All!

"I tried hard for 3 years to lower my cholesterol (it was 237), but it kept creeping up year after year. My doctor said it's genetic! I tried your Liver Detox, and my next set of bloodwork said my cholesterol had dropped to 185!! Ta-Da!! You did it!!! Thanks!!"

– Rene C., Britt, MN



5-Day Liver Detox

Cleanse and protect your liver and eliminate harmful toxins. **Feel great and triple your energy.**

5-Day Liver Detox \$88

Includes: L-GB Formula, Detox Tea, Detox Formula, Fresh Breath +, and Quick Start Directions

5-Day Kidney Detox

Every organ in your body depends on your kidneys. **Keep your kidneys healthy and strong for a long and vibrant life.**

5-Day Kidney Detox\$82

Includes: K-B Formula, K-B Tea, Detox Formula, Cayenne Tincture (.5-oz) and Quick Start Directions

You're only **30 days** from a whole new life!

Don't give up hope!
This program gives **life-altering results!**



30-Day Detox

Detoxifies every major organ, helping you to lose weight and gain energy for more powerful and vibrant health. A complete life changer.

30-Day Detox (capsules)\$424

Includes: (2) SuperFood PLUS (powder), ECH+ (4-oz), Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 (250-ct capsules), Air Detox (2-oz), L-GB Formula, Detox Tea, Fresh Breath +, K-B Formula, K-B Tea, Cayenne Tincture (1.5-oz), (2) Detox Formula, plus complete "30-Day Detox" instruction book

NEW OPTION

30-Day Detox (powder).....\$408

Includes: (2) SuperFood PLUS (powder), ECH+ (4-oz), Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 (8-oz powder), Air Detox (2-oz), L-GB Formula, Detox Tea, Fresh Breath +, K-B Formula, K-B Tea, Cayenne Tincture (1.5-oz), (2) Detox Formula, plus complete "30-Day Detox" instruction book

Incurables Program

An original program created in Dr. Schulze's clinic for people with serious issues needing life-altering results.

Incurables Program.....\$490

Includes: (2) SuperFood PLUS Powder, (1) Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 Powder, (1) Echinacea PLUS (4-oz), (2) L-GB Formula, (2) Detox Tea, (2) K-B Formula, (2) K-B Tea, (2) Detox Formula, plus complete instruction book, "There Are NO Incurable Diseases"

Detox & Support

Your Vital Organs



Thank You For This Wonderful Product!

"By taking the K-B Formula my movement has improved. I will take this formula as long as it takes to improve my issues. Thank you for this wonderful product."

— V.F.,
Oklahoma City, OK

K-B Formula

A strong diuretic for all kidney and bladder issues. Supports healthy urine flow and helps dissolve any deposits.

K-B Formula \$30
2 ounces / 60 ml. bottle

K-B Tea

A mild tasting and powerfully effective tea to **gently flush and cleanse the entire urinary tract.**

K-B Tea \$28
4 ounces / bulk tea

Detox Tea

A great tasting, traditional recipe with powerful health benefits. Great for daily use and an excellent caffeine-free coffee replacement.

Detox Tea \$34
6 ounces / bulk tea

L-GB Formula

Flushes the liver and gallbladder while protecting liver cells. Also, cleans the gallbladder and removes hardened sediments.

L-GB Formula \$30
2 ounces / 60 ml. bottle

Amazing! Gives Me Vitality!

"I have been drinking the Detox Tea for about two years. It gives me energy and balances out my diet. This tea is amazing and gives me vitality. I would greatly recommend it to anyone who wants to improve their health."

— A. A.,
Los Angeles, CA

Detox When You Need It

Glowing Skin & Better Sleep!

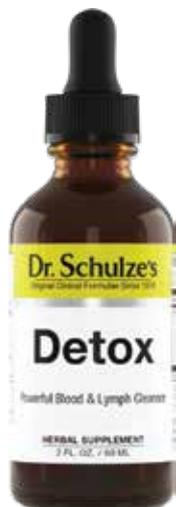
"Detox Formula clears up my skin, it gives my skin a nice glow, also makes me sleep better."

— Angela T., Newark, DE

Young at 80!

"My days are active—walking, weight training, yoga, Pilates. My mantra has always been never stop moving no matter what age you are. Each fall and spring, I use the Detox formulas and each day I have my morning tonic of filtered warm water, lemon juice, a teaspoon of apple cider vinegar, and a few drops of Dr. Schulze's Cayenne!!!"

— Cynthia B., Eagle, CO

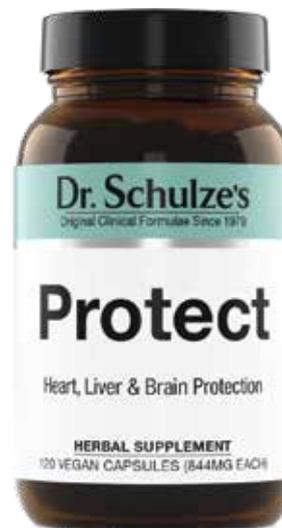


Detox Formula

Our most potent formula for blood and lymph cleansing.

Detox Formula.....\$30
2 ounces / 60 ml. bottle

Protect Your Heart, Brain & Liver



Protect Formula

Protect your 3 main organs affected most by aging, your Heart, Brain, and Liver. **Eliminate free radicals and fight back against the daily bombardment of stress and aging.**

Protect Formula \$36
60 vegan capsules (844 mg each)
Protect Formula \$64
120 vegan capsules (844 mg each)

Everybody Needs Protection, Especially:

- 1 People at Risk**
I would put ALL of my ill, older, or at-risk patients on the same formula—my Protect Formula—at least until they were eating well, cleaned up, exercising and back to loving life.
- 2 People We Love**
We all have someone we want to save and protect but they are not going to change their ways. I designed Protect Formula for those people who we can't get to do anything for themselves, except swallow one pill.
- 3 Anyone over 40**
My Protect Formula is the edge you need to help you think more clearly, protect your health, and live a more vibrant life.



STEP 5: SPECIFICS

- Circulation
- Female
- Male
- Energy
- Eyes
- Nerve
- Mouth
- Weight Loss
- Topical

My fifth clinical step is treating individual problems and imbalances with my Specific Formulae. **With 31 very pure and potent formulae available, there is something here for everyone.**

– Dr. Schulze



His Products Still Amaze Me

“His products still amaze me! I am 67 and have been taking Dr Schulze’s products for over 25 years. I feel healthier now than in my forty’s. My doctor is amazed how healthy I am for my age and I take no medication. I have introduced my family, friends and coworkers to his products and they are amazed also. Thank you Dr. Schulze for these great products.”

– Dan B., Pinole, CA
(actual customer pictured above)

“My first four steps—Nutrition, Eliminate, Immune, and Detox—will turn your life around and make miracles happen. But there is no need to suffer while you are taking the time to lay the foundation of your new super-healthy life. ”



Watch
Dr. Schulze’s
**Two-minute
Video on
Specifics!**

Stimulate &

Boost Circulation



Heart Now At Steady Pace!

"Your product really worked on me! I don't need Nitro-stat under the tongue any longer and I don't have acid in my mouth anymore. I am still here because of God and Dr. Schulze's Heart and Brain Formulas."

– Ann F.,
Homeland, CA

Brain Formula

Stimulates circulation to **improve memory and sharpen concentration.**

Brain Formula\$30
2 ounces / 60 ml. bottle

Brain Formula\$52
4 ounces / 120 ml. bottle

Heart Formula

A life saving formula that can diffuse the ticking "time bomb".

Heart Formula\$30
2 ounces / 60 ml. bottle

Heart Formula\$52
4 ounces / 120 ml. bottle



Cayenne

The most powerful blend in the world to boost circulation.

Cayenne Powder\$30
2-ounce powder (250,000 heat units)

Cayenne Tincture.....\$22
1-ounce liquid fire



Fabulous By Far!

"Your Cayenne Powder is fabulous, and by far, the best available anywhere!"

– Adrienne J.

Cayenne For A Clear Head!

"The Cayenne Tincture is great for so many reasons. It gives me relief throughout the day!"

– K.D.,
Los Angeles, CA

Balance Female



Female Formula

An effective formula designed to balance female hormones, which are the cause of almost all female problems, complaints and crises, from puberty through menopause and beyond.

Female Formula \$30
2 ounces / 60 ml. bottle

Female Formula \$52
4 ounces / 120 ml. bottle

Female PLUS

An effective formula for balancing hormones, plus relieves mood swings, reduces bloating and water retention, and calms the nerves.

Female PLUS \$30
(FEM+) 2 ounces / 60 ml. bottle



Hormones Naturally



Female "SHOT"

Extra strength formula for crisis situations to balance female health and stimulate feminine energy.

Female "SHOT" \$46
(3-pack) 1.5 ounces / 45 ml. bottle

Quick Start Guide:

The Difference Between My Female Formulae

Female Formula promotes healthy menstrual cycles and relieves menopause symptoms like hot flashes, mood swings, sleeplessness, and tiredness.

Female PLUS is the antidote for bloating and mood swings, with extra herbs to support the urinary tract and nervous system.

Female "SHOT" is for crisis situations related to overall female health and energy.

Specifically Female

Balance your body chemistry

Female Formula will regulate and balance female health and provide a sense of well-being and control. It allows women to stay more youthful and natural and to make comfortable transitions from puberty through menopause and beyond.

Help your body support pregnancy

In Natural Healing, trouble with getting pregnant is simply a protective measure your body takes. It knows that (in an unhealthy state) you may not survive a pregnancy. Even if you do, your children could be born unhealthy. In Dr. Schulze's clinic, couples who wanted to have children had an easier time if they were willing to get healthy first. Doing all of Dr. Schulze's Foundational Programs while taking his Female Formula will help you achieve the best results.

Transitioning to Menopause

Every woman—regardless of genetics, lifestyle, or environment—will sooner or later experience menopause. If you're a woman and live long enough, there's no avoiding it. The natural approach is the only sane approach. Support your body. STOP your bad habits, START new healthy ones, and use Female Formula to guide you through this natural transition with more ease and bliss.



Charmaine B., Wyandanch, NY
(actual customer pictured)

Dr. Schulze's 3 Solutions for Menopause:

#1 At the Onset of Symptoms

If you are a woman who is beginning to experience any of the symptoms of early menopause, start this herbal support program immediately! Take one dropperful of **Female Formula** three times per day for the next 90 days. Also, increase your nutrition by adding **SuperFood PLUS** and **Super-C PLUS** to your daily food program, and start exercising regularly to increase circulation.

#2 During Menopause

If you are experiencing anything from hot flashes, night sweats, and nausea to increased anxiety, irritability, frequent urination, skipped periods, or heavy bleeding, you don't have to suffer! Increase your dosage

of **Female Formula** to two droppersful three times a day, and take your **SuperFood PLUS** and **Super-C PLUS** twice daily, along with regular exercise.

#3 Peak Menopause

Begin the previous program immediately, along with these three bonuses: First, anytime you are experiencing extreme menopausal conditions, take a **Female "SHOT"** immediately, day or night! Next, during the first month of this regimen, complete one **5-Day BOWEL Detox** followed by a **5-Day KIDNEY Detox**. Keeping your elimination systems clean and in good working order takes physical stress off your reproductive organs and eases the transition through menopause. Finally, start a vegan-vegetarian food program for the next 90 days—the hormones in all animal food, even dairy products, make this natural transition much worse for you.

DR. SCHULZE'S CLINICAL EXPERIENCE

While running his clinic, Dr. Schulze saw many women who became incapable of functioning normally (both physically and emotionally) because of the change that was naturally happening to their bodies. They weren't sick, they just weren't the same. Or, at least they didn't feel that way.

Dr. Schulze's **Female Formula** was a lifesaver for them. Besides the obvious health benefits of hormonal balancing, many saved their marriages, their families, their careers and their sanity by using this formula. It regulates and balances the complex changes that happen to women from puberty through the menopausal stage of life. Female Formula will regulate and normalize female cycles. And, it will increase sexual desire.

BALANCES Female Hormones And RELIEVES Bloating & Mood Swings!

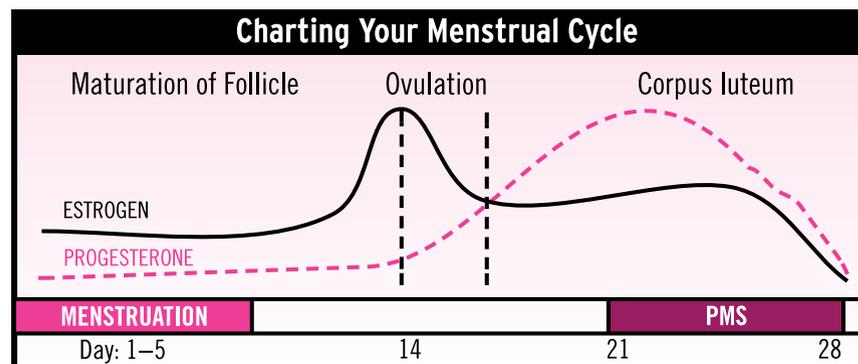
Understanding the Monthly Cycle In Women

Dr. Schulze helped thousands of female patients naturally deal with premenstrual cycles in his clinic. What causes discomfort during regular premenstrual cycles is very simple to understand. Prior to menstruation (your period), both major hormones, estrogen and progesterone, decline. Look at the chart below that graphs the hormone levels in a typical 28-day menstrual cycle.

Day 1 is the first day of menstruation. You would ovulate on about day 14. Day 28 is the last day of your cycle, and then your period starts again.

Your estrogen and progesterone hormone levels stay relatively level until just before ovulation. By Day 11, estrogen levels climb dramatically, peaking within a day or two before declining. Progesterone levels rise slightly later, around Day 13, just before ovulation, and peak later in the cycle, around Day 20. But estrogen and progesterone levels begin to decline around Days 20 to 22 and decrease sharply on Days 24 through 28.

This typical but dramatic reduction in hormones before your period is enough to cause your body to protest. But it isn't a disease! For some women, awareness of it and some lifestyle modifications will balance it right away.



PMS: Don't suffer, feel better now!

Dr. Schulze's Premenstrual Relief Program

Suggested use during PMS: For a regular 28-day cycle, on the 18th day after the start of your last period, take one dropperful of **Fem+ (Female Balance)** in the morning and one in the evening. On the 19th day through the start of your next period, take one dropperful of **Fem+** three times daily. This intake can be increased to two droppersful of **Fem+** three times daily with an occasional boost of up to four droppersful during extreme cases. Discontinue the formula once your period begins.

Dr. Schulze's Awareness Treatment

During the time before menstruating, behavior and lifestyle modification are of great importance. **DON'T SET YOURSELF UP FOR FAILURE!** First, don't go clothes shopping, especially with friends. Everything will be tight because of your water retention, and you will hate yourself. I had hundreds of crying women come into my clinic, describing themselves as looking like a whale. Don't do this to yourself. Also, do not set up any meetings with your partner or boss that you know will be tense or intense, especially discussions regarding

future projects, budgets, house remodeling, and NOT where your marriage or relationship is headed. It is a time to celebrate being a woman. Celebrate being yin, calm, and meditative. Love and accept yourself. 'Soothing' is a great word and mantra during these ten days. Think hot baths, candles, essential oils, soothing music, stretching and breathing classes, exercise classes, long walks, easy chairs, sweat clothes, and blankets. Do you get the picture? I know you still have to work and run your life, but plan some extra time for yourself, and don't get into anything heavy. I have had thousands of patients with severe PMS heed my advice. Set yourself up to win!



Potent Herbal

Formulae For Men



Prostate Formula

Reduces the frequency of nighttime urination, relieves unwanted pressure and increases the flow of urine.

- Prostate Formula\$30
2 ounces / 60 ml. bottle
- Prostate Formula\$52
4 ounces / 120 ml. bottle



Male Formula

Boost sexual performance naturally. Male Formula is high-octane male "super-fuel" and much more. The #1 comment: "I feel like I'm in my 20s again!"

- Male Formula\$34
2 ounces / 60 ml. bottle



Super Ginseng

Highest quality ginseng root blend on the planet. Reduces exhaustion, heightens sexual performance, promotes harder erections, and supports well being.

- Super Ginseng.....\$32
1 ounce / 30 ml. bottle



Male "SHOT"

A powerful single dose to stimulate male sexual performance, stamina, strength, and power.

- Male "SHOT"\$68
(3-pack) 1.5 ounces / 45 ml. bottle

Pure ENERGY!

"This has given me the "EDGE" back into my life with a potent blast of stamina, endurance, and POWER to fuel my daily activities. Whether I'm at work or on the road pedaling away, I can always be at my best with SUPER GINSENG and MALE formula!"

- Kyle K., Canton, OH



Your Prostate: What You Need To Know

FACT:

Researchers estimate that **80% of all men will develop an enlarged prostate.**

FACT:

There were over **150,000 prostatectomies** performed in the U.S. last year.

FACT:

By age 50, **35% of all American men have** prostate issues.

DR. SCHULZE'S CLINICAL EXPERIENCE

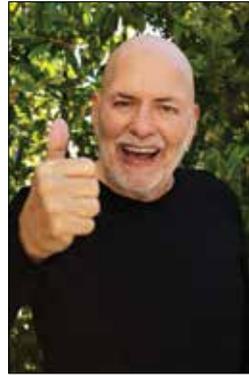
Dr. Schulze had many men who used his Prostate Formula to achieve optimum prostate health—even those with enlarged prostates due to infection, swelling, or worse. The herbs in this formula naturally promote the flow of urine and will help you maintain a healthy prostate size.

Dr. Schulze had his patients adhere to a vegetarian diet, which helps to reduce prostate enlargement naturally. The vegetarian food program is not a moral issue but fundamental and scientific. Farmers are constantly injecting cows, pigs, and chickens with steroids and growth hormones to make bigger animals with more flesh so that they can increase profits. You naturally produce hormones and steroids during puberty, stimulating the growth of the sexual organs and prostate. But these were not animal growth hormones. Many researchers have linked these injected animal growth hormones to the massive increase in prostate issues worldwide.

When patients used Dr. Schulze's **Prostate Formula**, his Foundational Herbal Formulae, and a vegetarian food program, they all experienced significant improvement in urination due to their prostates functioning better.

“I ran into my old plumber at American Botanical Pharmacy. He reminded me that a few years ago, he could hardly sleep and was waking up all night long to pee. I had suggested my Prostate Formula, and he said that since he'd started taking it, he has been sleeping like a baby all night and peeing a powerful stream ever since. I have heard this same report in the past from thousands of my male patients.”

— Dr. Schulze



Powerful Formulae

For **Everyday Use**



Vitality "SHOT"

A true, natural, herbal, healthy energy and vitality formula that gives you lots and lots of clean energy. **Makes you feel strong, alert, and refreshed, and sustains your energy without a "crash and burn" at the end.**

Vitality "10-SHOT"\$128

15 ounces / 450 ml. bottle

Vitality "SHOT"\$38

(2-pack) 1.5 ounces / 45 ml. bottle

Eyebright Formula

A very effective, very **powerful** formula for cleansing the eyes.

Eyebright Formula\$22

1 ounce / 30 ml. bottle

Nerve Formula

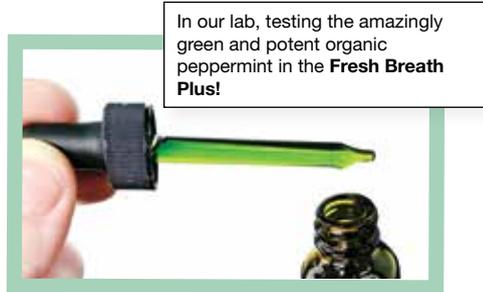
Helps to relax and sedate the mind and body. **A very effective sleep aid with no side effects to relieve agitated nerves.**

Nerve Formula\$30

2 ounces / 60 ml. bottle

Great Herbal Blends

For Your **Mouth**



In our lab, testing the amazingly green and potent organic peppermint in the **Fresh Breath Plus!**



Tooth & Gum

A “miracle worker” for your teeth and gums. Increases circulation and cleans your entire mouth.

Tooth & Gum Formula\$20
1 ounce / 30 ml. bottle

NEW SIZE
Tooth & Gum Formula\$34
2 ounces / 60 ml. bottle

Fresh Breath+

The most powerful, natural breath freshener available anywhere. Plus, helps with digestion.

Fresh Breath+ \$28
(5-pack) .25 ounce / 7.4 ml. bottle

Daily Oral Therapy

A refreshing formula to clean your entire mouth. Removes trapped food particles from teeth and gums.

Daily Oral Therapy \$44
16 ounces / 1-month supply

The Hygienist Was Shocked!

“My dentist told me I needed a deep cleaning for the deep pockets I had, and the answer was a \$3,000 procedure. I had other ideas. I started using a water pick with Dr. Schulze’s mouthwash and six months later BOOM! The hygienist was shocked that my pockets reversed. Also, she commented how healthy my gums were and how there was no bleeding. Before you spend tons of money on painful procedures, try Dr. Schulze’s Daily Oral Therapy.”

– H.S., Venice, CA



Great Topical Formulae



Deep Tissue

An amazing blend of two of Dr. Schulze's clinical Formulae. **Reduces muscle pain and stiffness.**

Anti-I Formula

Excellent for cleansing and protecting any wound. Provides a protective coating to keep dirt out.

Miracle Cream

A shea and aloe based Vitamin E Super Cream packed with essential herbal ingredients. It's pure SuperFood for your SKIN.

Deep Tissue Stick\$16

.5 ounce / stick

Deep Tissue Oil\$26

1 ounce / 30 ml. bottle

NEW SIZE

Deep Tissue Oil\$46

2 ounces / 60 ml. bottle

Anti-I Formula.....\$18

.5 ounce / 15 ml. bottle

Miracle Cream.....\$42

1.5 ounces / 45 ml. bottle



For External Use



Jojoba & Tea Tree Oil

Mild, yet powerfully penetrating formula that soothes the skin and cleanses on contact. **Ideal for dry skin, itchiness, and irritation even for children and babies.**

Bug Block Spray

Repels mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants, and almost every type of biting, blood-sucking, flesh-eating, stinging, and annoying insect known.

Jojoba & Tea Tree Healthy Skin Stick\$14

.5 ounce / stick

Jojoba & Tea Tree Oil\$20

1 ounce / 30 ml. bottle

Bug Block Spray\$30

2 ounces / 60 ml. bottle



Frequently Asked Questions

1 How much is a dropperful?

A dropperful is whatever comes up in the dropper when you squeeze it. Often, it only looks like half a dropperful, but whatever you get when you squeeze the dropper—that's a dropperful.

If you counted it (which would be boring), it would be about 35 drops. There are also about 35 droppersful in every 1-ounce bottle and about 70 droppersful in every 2-ounce bottle.

2 What are the standard dosages for the herbal formulae?

The standard dosage is 2 droppersful, three times daily. If you're having problems, you can certainly take 4 droppersful, three times a day, or 4 droppersful, five times a day.

For immediate relief, you can increase your dosage to 6 droppersful, 8 droppersful, 10 droppersful, or more. Then, once you start getting results, go back to the standard dosage.

The bottom line: If you're not feeling well and your symptoms persist, take more herbs and take them often. That's how you get well and create powerful health.

3 What are the dosages for children and pets?

ALL of my dosages are based on an adult dose of a 150-pound person. Age is NEVER a good factor when calculating dosage. The only accurate way to calculate the dosage for anyone (or anything) is by weight. You simply take the weight of anything—Child, Adult, or even Animal—and make a fraction by putting the patient's weight over 150.

ADULTS

If you weigh less or more than 150 pounds, you have to consider this. My son's girlfriend weighs 100 pounds, so she would never take a full adult dose. She would be 100/150 or 2/3 of a full dose. Consequently, an adult who weighs 300 pounds, 300/150, would take 2/1 or twice the adult dose.

CHILDREN

Kids almost always weigh less than adults. So you take the baby's, child's, or even teenager's weight over 150. For a 15-pound baby, 15/150 is 1/10th of the recommended (adult) dosage. A 30-pound toddler would be 30/150 or 1/5th of the recommended adult dose.

ANIMALS & PETS

They can be quite smaller or massively larger than humans. A 10-pound pet would be 10/150 or 1/15th of an adult dose, whereas a 1,500-pound horse would be 1500/150 or 10/1 or 10 TIMES the recommended dosage. If a 2,000-pound horse has colic, 2,000/150 is approximately 13.5 times the adult dose. In this instance, you can tube a dying horse and give it an entire bottle of Intestinal Formula #1 (which I have done many times).

A Final Note:
When in doubt, give more. While most practitioners worry about overdosing, I used to worry about my patients not getting well because I didn't give them enough!



April Lynn S., Bridgewater, VA
(actual customer pictured)

4 What are the specific dosages for Dr. Schulze's three main foundational products?

SuperFood PLUS

Dr. Schulze suggests 2 tablespoons of SuperFood PLUS powder in a morning drink or 15 tablets in the morning. You can also take 5 tablets three times a day. That's the daily dosage. Now, if you have low energy or an afternoon slump, you'll want more nutrition in your body. In this case, Dr. Schulze suggests you take 2 tablespoons and make a SuperFood drink in the morning and again in the afternoon or take more tablets. If you're ill and trying to build-up your blood, Dr. Schulze suggests taking his SuperFood PLUS

three times, even four times a day. Just spread out your dosage throughout the day. The bottom line is you can take as much as you need to get your blood strong.

Intestinal Formula #1

Dr. Schulze suggests starting with 1 capsule at night and seeing what happens the next day. If you're not impressed with how your bowel works the next morning, take 2 capsules the next night. Then, if you're still not impressed, go up to 3 capsules the following night until your bowel is working great. If it's an emergency and you need to purge, take 2, 3, or 4 capsules with some food. It's not going to kill you, and it's going to get whatever is in you OUT—especially if you have something like food poisoning or ate some bad food. Or, use Dr. Schulze's **Bowel Flush "SHOT."**

Echinacea PLUS

Like all of Dr. Schulze's liquid herbal formulae, the standard dosage is two droppersful, three times daily. That said, there are 12 droppersful of Echinacea in each **C&F Herbal "SHOT,"** so it's fine to increase as needed. Dr. Schulze even suggests using an entire 2-ounce bottle daily if you have severe symptoms. He would call that a 'heroic dose,' meaning that sometimes you have to dose yourself with a lot more than the standard dosage

to get results. You'll find that most often, you'll feel better, and you'll get well. So, don't be afraid to increase as needed.

5 What happens if I take too much?

Dr. Schulze's clinical experience with herbs and herbal formulae is that, in the worst-case scenario, you're going to feel a little sick to your stomach. However, this rarely happens. What usually happens is when you take larger doses, you get well. So don't be afraid to significantly increase your dose when you're not feeling well.

6 What are the expiration dates for the herbal formulae?

All of Dr. Schulze's Specific Formulae are tonics. Unopened, naturally preserved tinctures have an indefinite shelf life. Fifty years from now, an unopened bottle of one of Dr. Schulze's formulae would still be good to use and just as potent. However, once opened, we recommend consuming them within one year.

You should consume all dried, powdered, and capsuled products (e.g., **SuperFood PLUS, Intestinal Formula #1, Intestinal Formula #2, HerbalMucil PLUS, Detox Tea,**

and K-B Tea) within one year of purchase. Once opened, consume them within six months for maximum potency.

7 Is it okay to take the formulae if I'm pregnant or nursing?

Dr. Schulze heard this question 10,000 times in his clinic, and his answer was always, "Yes, you can cleanse and detox during pregnancy, and you can cleanse and detox during nursing." But you want to use your common sense. Certainly, **SuperFood PLUS** is the best for pregnancy and nursing because you're feeding the fetus or the baby the best blood and then, once it's born, the best milk you can imagine because you're fortifying your blood and your milk with **SuperFood PLUS.** The **Intestinal Formula #1,** well, here's where common sense comes in. You shouldn't be sending yourself into an extensive, intensive, cathartic bowel movement in your eighth and-a-half month of pregnancy unless you want to bring on labor.

You can use **Intestinal Formula #1** even in your third trimester; that's no problem. Just don't cause any major bowel catharsis. Please keep it simple and lower your dosage. Once

you have your baby, if you want to use **Intestinal Formula #1,** that's fine. But remember, any herb you take will get through your milk into your baby on a reduced level. So, you're also going to be treating your baby, too, which is excellent because if your baby has an infection, you can take high dosages of **Echinacea PLUS,** and it will get through the breast milk into your child. So yes, you can do all the programs when you're pregnant or nursing. Just use your head and your good common sense.

8 How much alcohol is in the formulae?

The base of the majority of Dr. Schulze's herbal formulae is mainly distilled water, but most of them do contain organic, pure-grain alcohol as well. However, the amount of alcohol in the average dose of tincture is equal to the amount of alcohol in a ripe banana.

This dosage has been tested on people who are alcohol sensitive with no adverse reactions. It is also a safe amount for anyone in a 12-Step Program or Alcoholics Anonymous. If you're still concerned about the alcohol, you can place the tincture in a cup, pour boiling water into the cup, and the alcohol will evaporate in seconds.



— Stefania M., California
(actual customer pictured)

What Products Should I Use For Particular Health Complaints?

A healthy lifestyle comes first! Dr. Schulze always says, “True healing comes from creating a healthy lifestyle, stopping the things you did that made you sick in the first place, and starting new programs of health and wellness, like healthy food programs, elimination programs, detox programs, exercise programs and programs that create emotional wellness. This is true healing!”

So work on getting YOU well by adopting these principles, and don’t try to change your life by ONLY using his herbal remedies—change your life by changing YOU! Being proactive first is what counts!

Dr. Schulze is not a Medical Doctor. His opinions regarding health and healing are based on his own personal experience and that of thousands of patients that he treated in his clinic over a period of decades. If you have any illness or disease, we advise you to consult a licensed medical professional.

How To Use This Listing

In this listing, we identified different conditions that you might experience. Each is followed by Dr. Schulze’s Herbal Formulae and Programs that he recommends based on his clinical experience. Some conditions have two or more formulae and programs listed.

All suggestions are listed in their order of priority, so start with the first formula listed. You may use more than one formula at a time. If you start with one and after a reasonable period of time you do not get the desired results, add the second and then the third recommended formula. Continue to use the first formula when adding the second and so on.

Keep in mind that Natural Healing is based on helping your body do the work it was designed to do. So please use Dr. Schulze’s Foundational Products to get the nutrition IN and the waste OUT, and build a powerful immune system. Then, add specific formulae as you see necessary.

Legal Disclaimer

These statements have not been evaluated by the Food and Drug Administration and these products are not intended to diagnose, treat, cure or prevent any disease.

A

ABDOMINAL HEALTH

5-Day Bowel Detox, Cayenne (Tincture or Powder), HerbalMucil PLUS

ADENOIDS SUPPORT

Daily Oral Therapy, Throat & Tonsil, C&F Herbal “SHOT”, Echinacea Plus, Children’s Echinacea, SuperTonic, Super-C Plus, Raw Garlic

ANTIOXIDANTS

SuperFood Ultra, SuperFood Plus, Super-C Plus, Protect

APHRODISIAC

Male “SHOT”, Female “SHOT”, Female Formula, Male Formula, Super Ginseng

B

BAD BREATH

Daily Oral Therapy, Fresh Breath+, Digestive “SHOT”, Digestive Tonic, Tooth & Gum, 5-Day Bowel Detox

BAD FOOD

Digestive & Intestinal Rescue Pack, Intestinal Formula #2, Digestive “SHOT”, Digestive Tonic, Echinacea PLUS, Children’s Echinacea, Raw Garlic, Bowel Flush “SHOT”

BLADDER HEALTH

5-Day Kidney Detox, K-B Formula, K-B Tea

BLEEDING

Cayenne (Tincture or Powder), Anti-I

BLOATING

K-B Formula, 5-Day Kidney Detox, Female Plus, Female “SHOT” (for women)

BLOOD BUILDING

SuperFood ULTRA, SuperFood PLUS, Super-C PLUS, Organic Fruit & Vegetable Juice, 5-Day Liver Detox, 30-Day Detox Program

BLOOD SUGAR

Incurables Program

BOWEL HEALTH

HerbalMucil PLUS, Intestinal Formula #2, 5-Day Bowel Detox, Nerve

BRAIN CIRCULATION

Brain, Cayenne (Tincture or Powder), SuperFood ULTRA, SuperFood PLUS, Vitality “SHOT”, Protect Formula (prevention)

BRAIN HEALTH

Nerve, Brain, Incurables Program

BREAKOUTS

Joboba & Tea Tree (Stick or Oil), 5-Day Bowel Detox, 5-Day Kidney Detox, 30-Day Detox Program

BREASTFEEDING

SuperFood ULTRA, SuperFood PLUS, Super-C PLUS

BREATHING

Lung, Air Detox, C&F Herbal “SHOT”, Echinacea PLUS, Children’s Echinacea, Super Tonic, Super-C PLUS, Dairy-Free, Vegan Food Program, Incurables Program

C

CHILDBIRTH

SuperFood ULTRA, SuperFood PLUS, Nerve

CHOLESTEROL

Heart, Raw Garlic, 5-Day Liver Detox, Vegan Food Program

CIRCULATORY HEALTH

Cayenne (Tincture or Powder), Heart, Brain, Dairy-Free Vegan Food Program, Incurables Program

COLON HEALTH

HerbalMucil PLUS, Intestinal Formula #1, Intestinal Formula #1 MAX, Intestinal Formula #3, Intestinal Formula #2, SuperFood ULTRA, Bowel Flush “SHOT”, 5-Day Bowel Detox, Incurables Program

CRAMPING, INTESTINAL

Digestive “SHOT”, Digestive Tonic, Nerve

CRAMPING, MENSTRUAL

Female Plus, Nerve, Female “SHOT”, 5-Day Bowel Detox

D

DETOXIFICATION

5-Day Bowel Detox, 5-Day Liver Detox, 5-Day Kidney Detox, 30-Day Detox Program

DIAPER RASH

Joboba & Tea Tree (Stick or Oil)

DIGESTIVE HEALTH

Digestive “SHOT”, Digestive Tonic, Intestinal Formulae #1 and #2, Nerve

DIZZINESS

Brain, Cayenne (Tincture or Powder)

E

ENERGY

Vitality “SHOT”, SuperFood ULTRA, SuperFood PLUS, Echinacea PLUS, Cayenne (Tincture or Powder), 5-Day Bowel Detox

EYE HEALTH

Eyebright, Brain, Cayenne (Tincture or Powder), SuperFood ULTRA, SuperFood PLUS, Chop & Eat Raw Onions (to open tear ducts), Incurables Program

F

FATIGUE

Echinacea PLUS, Children's Echinacea, SuperFood ULTRA, SuperFood PLUS, 30-Day Detox Program

FITS

Nerve, Incurables Program

G

GALLBLADDER

5-Day Liver Detox

GAS

Digestive "SHOT", Digestive Tonic, 5-Day Bowel Detox, 5-Day Liver Detox

GLAND HEALTH

C&F Herbal "SHOT", Throat & Tonsil, Echinacea PLUS, Children's Echinacea, SuperTonic, Raw Garlic

GUM HEALTH

Daily Oral Therapy, Tooth & Gum (in a water pick), Cayenne Tincture

GUT BIOME BALANCING

5-Day Bowel Detox, Echinacea PLUS, Raw Garlic

H

HEAD

Nerve, Brain, 5-Day BOWEL Detox, Cayenne (Tincture or Powder)

HEARING

Brain, Cayenne (Tincture or Powder), Nerve, SuperFood ULTRA, SuperFood PLUS

HEART HEALTH

Heart, Cayenne (Tincture or Powder), Protect Formula, 5-Day Bowel Detox, Raw Garlic, Incurables Program

HEAVY METALS

Intestinal Formula #2, 5-Day Bowel Detox

HICCUPS

Nerve, Digestive "SHOT", Digestive Tonic

HOT FLASHES

Female "SHOT", Female Formula, SuperFood ULTRA, SuperFood PLUS

I

IMMUNE STIMULATION

Echinacea PLUS, Children's Echinacea, SuperFood ULTRA, SuperFood PLUS, Super-C PLUS, Incurables Program

IMMUNE SUPPORT

C&F Herbal "SHOT", Echinacea PLUS, Children's Echinacea, SuperTonic, SuperFood ULTRA, SuperFood PLUS, Super-C PLUS, Throat & Tonsil, Lung, Deep Tissue (Stick or Oil) on chest, Air Detox

INTESTINAL HEALTH

Bowel Flush "SHOT", 5-Day Bowel Detox, 5-Day Liver Detox

INVOLUNTARY MOVEMENT

Nerve, SuperFood ULTRA, SuperFood PLUS, Digestive "SHOT", Incurables Program

ITCHING

Deep Tissue (Stick or Oil), Jojoba & Tea Tree (Stick or Oil), Echinacea PLUS, Children's Echinacea

J

JOINT HEALTH

Deep Tissue (Stick or Oil), Hot & Cold Hydrotherapy, Raw Garlic

K

KIDNEY HEALTH

5-Day Kidney Detox, K-B Formula, K-B Tea

L

LIGAMENT SUPPORT

Deep Tissue (Stick or Oil), SuperFood ULTRA, SuperFood PLUS, Hot & Cold Hydrotherapy

LIGHTHEADEDNESS

Cayenne (Tincture or Powder), Brain, SuperFood ULTRA, SuperFood PLUS

LIVER HEALTH

5-Day Liver Detox, L-GB Formula, Detox Tea, Detox Formula

LOOSE STOOLS

Intestinal Formula #2, HerbalMucil PLUS, Echinacea PLUS, Children's Echinacea, 5-Day Bowel Detox, Nerve, 30-Day Detox Program

LOWER BACK SUPPORT

Deep Tissue (Stick or Oil), Nerve, Hot & Cold Hydrotherapy, Intestinal Formula #1

LUNG HEALTH

Nerve, Lung, SuperFood ULTRA, SuperFood PLUS

M

MALNUTRITION

SuperFood ULTRA, SuperFood PLUS, 5-Day Bowel Detox

MELANCHOLY

Brain, Nerve, SuperFood ULTRA, SuperFood PLUS, 5-Day Bowel Detox, Protect Formula (prevention)

MEMORY SUPPORT

Brain, SuperFood ULTRA, SuperFood PLUS, Cayenne (Tincture or Powder), Incurables Program, Protect Formula

MENSTRUAL HEALTH

Female "SHOT", Female PLUS, Nerve, SuperFood ULTRA, SuperFood PLUS, 5-Day Bowel Detox, K-B Formula, K-B Tea

MENTAL HEALTH

Vitality "SHOT", Brain, SuperFood ULTRA, SuperFood PLUS, Cayenne (Tincture or Powder)

MUSCLE SUPPORT

SuperProtein CACAO, SuperProtein PLUS, Deep Tissue (Stick or Oil), Nerve, Hot & Cold Hydrotherapy

N

NERVE HEALTH

Nerve, Deep Tissue (Stick or Oil), SuperFood ULTRA, SuperFood PLUS

P

POLLEN SENSITIVITY

Lung, Echinacea PLUS, Children's Echinacea, SuperTonic, C&F Herbal "SHOT", 30-Day Detox Program

PROSTATE HEALTH

Prostate Formula, Male Formula, 5-Day Bowel Detox, 5-Day Kidney Detox

R

REPRODUCTIVE HEALTH (MEN)

Male "SHOT", Male Formula, Super Ginseng, Prostate, 30-Day Detox Program

REPRODUCTIVE HEALTH (WOMEN)

Female Formula, SuperFood ULTRA, SuperFood PLUS, Female "SHOT", Garlic Suppository, 5-Day Bowel Detox, 30-Day Detox Program

RESTLESSNESS

Nerve, Brain, SuperFood ULTRA, SuperFood PLUS

S

SEXUAL DESIRE (MEN)

Male "SHOT", Male Formula, Super Ginseng, SuperFood ULTRA, SuperFood PLUS

SEXUAL DESIRE (WOMEN)

Female "SHOT", Female Formula, SuperFood ULTRA, SuperFood PLUS

SINUS SUPPORT

C&F Herbal "SHOT", Echinacea PLUS, Children's Echinacea, Lung, SuperTonic, Air Detox, Chop & Eat Raw Onions (to open sinuses)

SKIN HEALTH

Miracle Cream, Jojoba & Tea Tree (Stick or Oil), Echinacea PLUS (topically), SuperFood ULTRA, SuperFood PLUS, 5-Day Bowel Detox, 5-Day Kidney Detox, 5-Day Liver Detox, Vegan & Raw Food Program

SLEEP SUPPORT

Nerve

STOMACH UPSETS

Digestive "SHOT", Digestive Tonic, HerbalMucil PLUS, Intestinal Formula #2, 5-Day BOWEL Detox

STRESS REDUCTION

Nerve, Brain, SuperFood ULTRA, SuperFood PLUS

T

TEETHING

Nerve, Tooth & Gum, Echinacea PLUS (topical)

TEMPERATURE

C&F Herbal "SHOT", Echinacea PLUS, Children's Echinacea, SuperTonic, Super-C PLUS

THROAT & TONSILS

Daily Oral Therapy, Throat & Tonsil, C&F Herbal "SHOT", Echinacea PLUS, Children's Echinacea, SuperTonic

THYROID HEALTH

Female Formula (men and women), 30-Day Detox Program

TOOTH HEALTH

Daily Oral Therapy, Tooth & Gum, Nerve, Echinacea PLUS, SuperFood ULTRA, SuperFood PLUS

U

UPSET STOMACH

Digestive "SHOT", Digestive Tonic

URINARY SUPPORT (MEN)

5-Day Kidney Detox, Prostate

URINARY SUPPORT (WOMEN)

5-Day Kidney Detox

V

VAGINAL HEALTH

Female Formula, Echinacea PLUS, Female "SHOT", 5-Day Kidney Detox, Garlic Suppository

W

WEIGHT MANAGEMENT

30-Day Detox Program

REFERENCES

The Merck Index

The Merck Manual

Taber's Cyclopedic Medical Dictionary

The Federal Republic of Germany's Commission "E" Herbal Monographs

Our Customers Say It BEST!

It Is Amazing!

I came out of a coma after eighteen years and I could not go #2 on my own without pain and much time between. Doctors couldn't find anything wrong with me. I took the herbal Intestinal Formula #1, and the very next morning went to the bathroom and had soft stools with no pain. It is amazing!

– Melissa V., Palm Harbor, FL

A Turning Point In My Life!

I could never even get up and make some tea. After I took SuperFood, in 2 days I was cooking all meals and in 2 weeks I was driving myself to the supermarket. It was a turning point in my life and still today I take SuperFood.

– N.H., Calibrock, NH

Spend Money On Products That WORK!

"My son was coughing one night so I gave him the C&F "SHOT" with Echinacea. He was sweating after he took it and the cough went away. It's worth it to spend money on the product that works."

– I.T., Tolland, CT

Getting More Sleep!

"I have been sleep deprived for over a decade. The most I'll sleep in one night is two hours. Last night I increased my Nerve Formula by two droppersful, and for the first time in 10 years, I slept for 6 hours straight. I'm extremely happy with the Nerve Formula and wanted to share!"

– Kathleen C., Danville, PA

It's A Miracle!

It's incredible! Just had minor oral surgery and my doctor said I needed high protein so I made up a drink using double dosage of Super Protein PLUS, Super-C powder, and SuperFood PLUS. I drank it all day from morning to evening. When I saw the doctor for my follow up he said, "It's a miracle!"

– M.J., Miami, FL

Started Clearing Me Up Instantly!

"A friend of mine said, "I have something that will get you well." And I said, "OK, I'll try anything at this point." I took your SuperTonic that night and again the next morning and it started clearing me up instantly."

– Kimberly R.



Learn More

Visit www.herbdoc.com for product information, safe and easy online ordering, and Dr. Schulze's many books, videos, and teachings.

Ordering

SHIPPING

Products are typically packed within 1 business day of receiving your order. Standard arrival time is within 3 business days of shipment.

EXPEDITED SHIPPING

If your order is placed before 2:00pm (PST), it will be shipped same day for next-day or two-day delivery. For Expedited Rates (including Saturday where available), visit www.herbdoc.com or call: **1-800-HERB-DOC (437-2362)**

CUSTOMER CENTER

Should you have any questions or comments regarding your order, contact us at: **1-800-HERB-DOC**

RETURNS

We stand 100% behind our products. If you have any issues at any time for any reason, please call our Customer Center for return authorization at: **1-800-HERB-DOC**

Legal Disclaimer

Due to legal requirements, we are unable to answer any questions about your specific health issues.

5 Ways To Order

WEB

www.HerbDoc.com
24 hours a day / 7 days a week

CALL

1-800-HERB-DOC (437-2362)
Toll-Free
Mon–Sat 6am–7pm PST
Sun 7am–3:30pm PST

Ordered By: (Bill to. Please print clearly.)

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

Please Send A Catalog Sign Up For Email Newsletter

Ship To: (If different than billing address.)

Name: _____

Phone: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

Please Send A Catalog Sign Up For Email Newsletter

Method Of Payment:

Check or Money Order

Check Number: _____

Refer A Friend Please send a catalog to:

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

Dr. Schulze's
AMERICAN BOTANICAL PHARMACY



STEP #1: NUTRITION

	Qty x	Price =	Total
SuperFood ULTRA (Powder)	x	\$84 =	
SuperFood PLUS (Powder)	x	\$54 =	
SuperFood PLUS (390-ct Tablets)	x	\$68 =	
SuperFood 100 (15-ct Tablets)	x	\$10 =	
SuperFood 100 (90-ct Tablets)	x	\$40 =	
SuperFood 100 (270-ct Tablets)	x	\$100 =	
NEW SuperFood 100 (Powder)	x	\$46 =	
SuperFood KIDS (90-ct Tablets)	x	\$34 =	
Super-C PLUS (2-oz Powder)	x	\$30 =	
Super-C PLUS (12-ct Tablets)	x	\$10 =	
Super-C PLUS (60-ct Tablets)	x	\$30 =	
Super-C PLUS (180-ct Tablets)	x	\$82 =	
SuperProtein CACAO (Powder)	x	\$58 =	
SuperProtein PLUS (Powder)	x	\$60 =	
NEW Cacao Crunch Bites (12-pk)	x	\$36 =	

STEP #2: ELIMINATE

Intestinal Formula #1 (10-ct)	x	\$8 =	
Intestinal Formula #1 (90-ct)	x	\$34 =	
Intestinal Formula #1 (250-ct)	x	\$78 =	
Intestinal Formula #1 MAX (90-ct)	x	\$32 =	
Intestinal Formula #2 (Powder)	x	\$38 =	
Intestinal Formula #2 (250-ct)	x	\$46 =	
Intestinal Formula #3 (4-oz)	x	\$24 =	
Digestive & Intestinal Rescue Pack	x	\$20 =	
HerbalMucil PLUS (Powder)	x	\$38 =	
Bowel Flush "SHOT" (3-pack)	x	\$46 =	
Digestive Tonic (1-oz)	x	\$22 =	
NEW Digestive Tonic (2-oz)	x	\$38 =	
Digestive "SHOT" (3-pack)	x	\$44 =	

STEP #3: IMMUNE

C&F Herbal "10-SHOT" (15-oz)	x	\$112 =	
C&F Herbal "SHOT" (6-pack)	x	\$84 =	
Hand Clean (2-oz)	x	\$12 =	
Hand Clean (8-oz refill)	x	\$36 =	
Children's Echinacea (2-oz)	x	\$28 =	
ECH+ (Echinacea PLUS) (2-oz)	x	\$32 =	
ECH+ (Echinacea PLUS) (4-oz)	x	\$52 =	
Lung Tonic (2-oz)	x	\$30 =	
SuperTonic (2-oz)	x	\$26 =	
SuperTonic (4-oz)	x	\$44 =	
Throat & Tonsil Spray (1-oz)	x	\$20 =	
Throat & Tonsil Tincture (2-oz)	x	\$30 =	
Herbal Shield	x	\$20 =	
Air Detox (2-oz)	x	\$22 =	
Air Detox (4-oz)	x	\$34 =	
Air Detox (16-oz refill)	x	\$110 =	

STEP #4: DETOX

5-Day Bowel Detox (Capsules)	x	\$86 =	
5-Day Bowel Detox (Powder)	x	\$80 =	
5-Day Liver Detox	x	\$88 =	
5-Day Kidney Detox	x	\$82 =	
30-Day Detox Program (Capsules)	x	\$424 =	
30-Day Detox Program (Powder)	x	\$408 =	
The Incurables Program	x	\$490 =	
K-B Formula (2-oz)	x	\$30 =	
K-B Tea (4-oz)	x	\$28 =	
L-GB Formula (2-oz)	x	\$30 =	
Detox Tea (6-oz)	x	\$34 =	
Detox Formula (2-oz)	x	\$30 =	
Protect Formula (60-ct)	x	\$36 =	
Protect Formula (120-ct)	x	\$64 =	

STEP #5: SPECIFICS

	Qty x	Price =	Total
Circulation			
Brain Formula (2-oz)	x	\$30 =	
Brain Formula (4-oz)	x	\$52 =	
Heart Formula (2-oz)	x	\$30 =	
Heart Formula (4-oz)	x	\$52 =	
Cayenne Powder (2-oz)	x	\$30 =	
Cayenne Tincture (1-oz)	x	\$22 =	
Female			
Female Formula (2-oz)	x	\$30 =	
Female Formula (4-oz)	x	\$52 =	
FEM+ (Female PLUS) (2-oz)	x	\$30 =	
Female "SHOT" (3-pack)	x	\$46 =	
Male			
Prostate Formula (2-oz)	x	\$30 =	
Prostate Formula (4-oz)	x	\$52 =	
Male Formula (2-oz)	x	\$34 =	
Super Ginseng (1-oz)	x	\$32 =	
Male "SHOT" (3-pack)	x	\$68 =	
Energy			
Vitality "10-SHOT" (15-oz)	x	\$128 =	
Vitality "SHOT" (2-pack)	x	\$38 =	
Eyes			
Eyebright Formula (1-oz)	x	\$22 =	
Nerve			
Nerve Formula (2-oz)	x	\$30 =	
Mouth			
Tooth & Gum Formula (1-oz)	x	\$20 =	
NEW Tooth & Gum Formula (2-oz)	x	\$34 =	
Fresh Breath+ (5-pack)	x	\$28 =	
Daily Oral Therapy (16-oz)	x	\$44 =	
Topical			
Deep Tissue Stick (0.5-oz)	x	\$16 =	
Deep Tissue Oil (1-oz)	x	\$26 =	
NEW Deep Tissue Oil (2-oz)	x	\$46 =	
Anti-I Formula (0.5-oz)	x	\$18 =	
Miracle Cream (1.5-oz)	x	\$42 =	
Healthy Skin Stick (0.5-oz)	x	\$14 =	
Jojoba & Tea Tree Oil (1-oz)	x	\$20 =	
Bug Block Spray (2-oz)	x	\$30 =	

Subtotal =

Tax* =

Shipping** =

GRAND TOTAL =***Sales Tax for CA Residents**

In LA County add 9.5%

Outside LA County add 7.25%

****Shipping & Handling Charges**

\$1 to \$50.00 add \$6.50

\$50.01 to \$100 add \$8.50

\$100.01 to \$150 add \$9.50

\$150.01 to \$200 add \$10.95

Over \$200.01 please call.

Learn MoreVisit www.herbdoc.com

for product information, safe and easy online ordering, and Dr. Schulze's many books, videos, and teachings.

Ordering**SHIPPING**

Products are typically packed within 1 business day of receiving your order. Standard arrival time is within 3 business days of shipment.

EXPEDITED SHIPPINGIf your order is placed before 2:00pm (PST), it will be shipped same day for next-day or two-day delivery. For Expedited Rates (including Saturday where available), visit www.herbdoc.com or call: **1-800-HERB-DOC (437-2362)****CUSTOMER CENTER**Should you have any questions or comments regarding your order, contact us at: **1-800-HERB-DOC****RETURNS**We stand 100% behind our products. If you have any issues at any time for any reason, please call our Customer Center for return authorization at: **1-800-HERB-DOC****Legal Disclaimer**

Due to legal requirements, we are unable to answer any questions about your specific health issues.

5 Ways To Order**WEB**www.HerbDoc.com

24 hours a day / 7 days a week

CALL**1-800-HERB-DOC (437-2362)**

Toll-Free

Mon-Sat 6am-7pm PST

Sun 7am-3:30pm PST

Ordered By: (Bill to. Please print clearly.)

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

 Please Send A Catalog Sign Up For Email Newsletter

Ship To: (If different than billing address.)

Name: _____

Phone: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

 Please Send A Catalog Sign Up For Email Newsletter**Method Of Payment:** Check or Money Order

Check Number: _____

Refer A Friend

Please send a catalog to:

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

FAX

1-866-305-1830

MAILDr. Schulze's
American Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295**VISIT**Retail Store
4114 Glencoe Avenue
Marina del Rey, CA 90292
310-577-9999
Mon-Fri 9am-7pm PST
Sat-Sun 10am-6pm PST**Dr. Schulze's**
AMERICAN BOTANICAL PHARMACY

STEP #1: NUTRITION

	Qty x	Price =	Total
SuperFood ULTRA (Powder)	x	\$84 =	
SuperFood PLUS (Powder)	x	\$54 =	
SuperFood PLUS (390-ct Tablets)	x	\$68 =	
SuperFood 100 (15-ct Tablets)	x	\$10 =	
SuperFood 100 (90-ct Tablets)	x	\$40 =	
SuperFood 100 (270-ct Tablets)	x	\$100 =	
NEW SuperFood 100 (Powder)	x	\$46 =	
SuperFood KIDS (90-ct Tablets)	x	\$34 =	
Super-C PLUS (2-oz Powder)	x	\$30 =	
Super-C PLUS (12-ct Tablets)	x	\$10 =	
Super-C PLUS (60-ct Tablets)	x	\$30 =	
Super-C PLUS (180-ct Tablets)	x	\$82 =	
SuperProtein CACAO (Powder)	x	\$58 =	
SuperProtein PLUS (Powder)	x	\$60 =	
NEW Cacao Crunch Bites (12-pk)	x	\$36 =	

STEP #2: ELIMINATE

Intestinal Formula #1 (10-ct)	x	\$8 =	
Intestinal Formula #1 (90-ct)	x	\$34 =	
Intestinal Formula #1 (250-ct)	x	\$78 =	
Intestinal Formula #1 MAX (90-ct)	x	\$32 =	
Intestinal Formula #2 (Powder)	x	\$38 =	
Intestinal Formula #2 (250-ct)	x	\$46 =	
Intestinal Formula #3 (4-oz)	x	\$24 =	
Digestive & Intestinal Rescue Pack	x	\$20 =	
HerbalMucil PLUS (Powder)	x	\$38 =	
Bowel Flush "SHOT" (3-pack)	x	\$46 =	
Digestive Tonic (1-oz)	x	\$22 =	
NEW Digestive Tonic (2-oz)	x	\$38 =	
Digestive "SHOT" (3-pack)	x	\$44 =	

STEP #3: IMMUNE

C&F Herbal "10-SHOT" (15-oz)	x	\$112 =	
C&F Herbal "SHOT" (6-pack)	x	\$84 =	
Hand Clean (2-oz)	x	\$12 =	
Hand Clean (8-oz refill)	x	\$36 =	
Children's Echinacea (2-oz)	x	\$28 =	
ECH+ (Echinacea PLUS) (2-oz)	x	\$32 =	
ECH+ (Echinacea PLUS) (4-oz)	x	\$52 =	
Lung Tonic (2-oz)	x	\$30 =	
SuperTonic (2-oz)	x	\$26 =	
SuperTonic (4-oz)	x	\$44 =	
Throat & Tonsil Spray (1-oz)	x	\$20 =	
Throat & Tonsil Tincture (2-oz)	x	\$30 =	
Herbal Shield	x	\$20 =	
Air Detox (2-oz)	x	\$22 =	
Air Detox (4-oz)	x	\$34 =	
Air Detox (16-oz refill)	x	\$110 =	

STEP #4: DETOX

5-Day Bowel Detox (Capsules)	x	\$86 =	
5-Day Bowel Detox (Powder)	x	\$80 =	
5-Day Liver Detox	x	\$88 =	
5-Day Kidney Detox	x	\$82 =	
30-Day Detox Program (Capsules)	x	\$424 =	
30-Day Detox Program (Powder)	x	\$408 =	
The Incurables Program	x	\$490 =	
K-B Formula (2-oz)	x	\$30 =	
K-B Tea (4-oz)	x	\$28 =	
L-GB Formula (2-oz)	x	\$30 =	
Detox Tea (6-oz)	x	\$34 =	
Detox Formula (2-oz)	x	\$30 =	
Protect Formula (60-ct)	x	\$36 =	
Protect Formula (120-ct)	x	\$64 =	

STEP #5: SPECIFICS

	Qty x	Price =	Total
Circulation			
Brain Formula (2-oz)	x	\$30 =	
Brain Formula (4-oz)	x	\$52 =	
Heart Formula (2-oz)	x	\$30 =	
Heart Formula (4-oz)	x	\$52 =	
Cayenne Powder (2-oz)	x	\$30 =	
Cayenne Tincture (1-oz)	x	\$22 =	
Female			
Female Formula (2-oz)	x	\$30 =	
Female Formula (4-oz)	x	\$52 =	
FEM+ (Female PLUS) (2-oz)	x	\$30 =	
Female "SHOT" (3-pack)	x	\$46 =	
Male			
Prostate Formula (2-oz)	x	\$30 =	
Prostate Formula (4-oz)	x	\$52 =	
Male Formula (2-oz)	x	\$34 =	
Super Ginseng (1-oz)	x	\$32 =	
Male "SHOT" (3-pack)	x	\$68 =	
Energy			
Vitality "10-SHOT" (15-oz)	x	\$128 =	
Vitality "SHOT" (2-pack)	x	\$38 =	
Eyes			
Eyebright Formula (1-oz)	x	\$22 =	
Nerve			
Nerve Formula (2-oz)	x	\$30 =	
Mouth			
Tooth & Gum Formula (1-oz)	x	\$20 =	
NEW Tooth & Gum Formula (2-oz)	x	\$34 =	
Fresh Breath+ (5-pack)	x	\$28 =	
Daily Oral Therapy (16-oz)	x	\$44 =	
Topical			
Deep Tissue Stick (0.5-oz)	x	\$16 =	
Deep Tissue Oil (1-oz)	x	\$26 =	
NEW Deep Tissue Oil (2-oz)	x	\$46 =	
Anti-I Formula (0.5-oz)	x	\$18 =	
Miracle Cream (1.5-oz)	x	\$42 =	
Healthy Skin Stick (0.5-oz)	x	\$14 =	
Jojoba & Tea Tree Oil (1-oz)	x	\$20 =	
Bug Block Spray (2-oz)	x	\$30 =	

Subtotal =

Tax* =

Shipping** =

GRAND TOTAL =

*Sales Tax for CA Residents

In LA County add 9.5%

Outside LA County add 7.25%

**Shipping & Handling Charges

\$1 to \$50.00 add \$6.50

\$50.01 to \$100 add \$8.50

\$100.01 to \$150 add \$9.50

\$150.01 to \$200 add \$10.95

Over \$200.01 please call.

Learn More

Visit www.herbdoc.com

for product information, safe and easy online ordering, and Dr. Schulze's many books, videos, and teachings.

Ordering

SHIPPING

Products are typically packed within 1 business day of receiving your order. Standard arrival time is within 3 business days of shipment.

EXPEDITED SHIPPING

If your order is placed before 2:00pm (PST), it will be shipped same day for next-day or two-day delivery. For Expedited Rates (including Saturday where available), visit www.herbdoc.com or call: **1-800-HERB-DOC (437-2362)**

CUSTOMER CENTER

Should you have any questions or comments regarding your order, contact us at: **1-800-HERB-DOC**

RETURNS

We stand 100% behind our products. If you have any issues at any time for any reason, please call our Customer Center for return authorization at: **1-800-HERB-DOC**

Legal Disclaimer

Due to legal requirements, we are unable to answer any questions about your specific health issues.

5 Ways To Order

WEB

www.HerbDoc.com

24 hours a day / 7 days a week

CALL

1-800-HERB-DOC (437-2362)

Toll-Free

Mon-Sat 6am-7pm PST

Sun 7am-3:30pm PST

Ordered By: (Bill to. Please print clearly.)

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

Please Send A Catalog Sign Up For Email Newsletter

Ship To: (If different than billing address.)

Name: _____

Phone: _____

Address: _____

City: _____

State: _____

ZIP: _____

E-Mail (for order confirmation): _____

Please Send A Catalog Sign Up For Email Newsletter

Method Of Payment:

Check or Money Order

Check Number: _____

Refer A Friend

Please send a catalog to:

Name: _____

Address: _____

City: _____

State: _____

ZIP: _____

FAX

1-866-305-1830

MAIL

Dr. Schulze's
American Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295

VISIT

Retail Store
4114 Glencoe Avenue
Marina del Rey, CA 90292
310-577-9999
Mon-Fri 9am-7pm PST
Sat-Sun 10am-6pm PST

Dr. Schulze's
AMERICAN BOTANICAL PHARMACY



	Qty x	Price =	Total
STEP #1: NUTRITION			
SuperFood ULTRA (Powder)	x	\$84 =	
SuperFood PLUS (Powder)	x	\$54 =	
SuperFood PLUS (390-ct Tablets)	x	\$68 =	
SuperFood 100 (15-ct Tablets)	x	\$10 =	
SuperFood 100 (90-ct Tablets)	x	\$40 =	
SuperFood 100 (270-ct Tablets)	x	\$100 =	
NEW SuperFood 100 (Powder)	x	\$46 =	
SuperFood KIDS (90-ct Tablets)	x	\$34 =	
Super-C PLUS (2-oz Powder)	x	\$30 =	
Super-C PLUS (12-ct Tablets)	x	\$10 =	
Super-C PLUS (60-ct Tablets)	x	\$30 =	
Super-C PLUS (180-ct Tablets)	x	\$82 =	
SuperProtein CACAO (Powder)	x	\$58 =	
SuperProtein PLUS (Powder)	x	\$60 =	
NEW Cacao Crunch Bites (12-pk)	x	\$36 =	
STEP #2: ELIMINATE			
Intestinal Formula #1 (10-ct)	x	\$8 =	
Intestinal Formula #1 (90-ct)	x	\$34 =	
Intestinal Formula #1 (250-ct)	x	\$78 =	
Intestinal Formula #1 MAX (90-ct)	x	\$32 =	
Intestinal Formula #2 (Powder)	x	\$38 =	
Intestinal Formula #2 (250-ct)	x	\$46 =	
Intestinal Formula #3 (4-oz)	x	\$24 =	
Digestive & Intestinal Rescue Pack	x	\$20 =	
HerbalMucil PLUS (Powder)	x	\$38 =	
Bowel Flush "SHOT" (3-pack)	x	\$46 =	
Digestive Tonic (1-oz)	x	\$22 =	
NEW Digestive Tonic (2-oz)	x	\$38 =	
Digestive "SHOT" (3-pack)	x	\$44 =	
STEP #3: IMMUNE			
C&F Herbal "10-SHOT" (15-oz)	x	\$112 =	
C&F Herbal "SHOT" (6-pack)	x	\$84 =	
Hand Clean (2-oz)	x	\$12 =	
Hand Clean (8-oz refill)	x	\$36 =	
Children's Echinacea (2-oz)	x	\$28 =	
ECH+ (Echinacea PLUS) (2-oz)	x	\$32 =	
ECH+ (Echinacea PLUS) (4-oz)	x	\$52 =	
Lung Tonic (2-oz)	x	\$30 =	
SuperTonic (2-oz)	x	\$26 =	
SuperTonic (4-oz)	x	\$44 =	
Throat & Tonsil Spray (1-oz)	x	\$20 =	
Throat & Tonsil Tincture (2-oz)	x	\$30 =	
Herbal Shield	x	\$20 =	
Air Detox (2-oz)	x	\$22 =	
Air Detox (4-oz)	x	\$34 =	
Air Detox (16-oz refill)	x	\$110 =	
STEP #4: DETOX			
5-Day Bowel Detox (Capsules)	x	\$86 =	
5-Day Bowel Detox (Powder)	x	\$80 =	
5-Day Liver Detox	x	\$88 =	
5-Day Kidney Detox	x	\$82 =	
30-Day Detox Program (Capsules)	x	\$424 =	
30-Day Detox Program (Powder)	x	\$408 =	
The Incurables Program	x	\$490 =	
K-B Formula (2-oz)	x	\$30 =	
K-B Tea (4-oz)	x	\$28 =	
L-GB Formula (2-oz)	x	\$30 =	
Detox Tea (6-oz)	x	\$34 =	
Detox Formula (2-oz)	x	\$30 =	
Protect Formula (60-ct)	x	\$36 =	
Protect Formula (120-ct)	x	\$64 =	

	Qty x	Price =	Total
STEP #5: SPECIFICS			
Circulation			
Brain Formula (2-oz)	x	\$30 =	
Brain Formula (4-oz)	x	\$52 =	
Heart Formula (2-oz)	x	\$30 =	
Heart Formula (4-oz)	x	\$52 =	
Cayenne Powder (2-oz)	x	\$30 =	
Cayenne Tincture (1-oz)	x	\$22 =	
Female			
Female Formula (2-oz)	x	\$30 =	
Female Formula (4-oz)	x	\$52 =	
FEM+ (Female PLUS) (2-oz)	x	\$30 =	
Female "SHOT" (3-pack)	x	\$46 =	
Male			
Prostate Formula (2-oz)	x	\$30 =	
Prostate Formula (4-oz)	x	\$52 =	
Male Formula (2-oz)	x	\$34 =	
Super Ginseng (1-oz)	x	\$32 =	
Male "SHOT" (3-pack)	x	\$68 =	
Energy			
Vitality "10-SHOT" (15-oz)	x	\$128 =	
Vitality "SHOT" (2-pack)	x	\$38 =	
Eyes			
Eyebright Formula (1-oz)	x	\$22 =	
Nerve			
Nerve Formula (2-oz)	x	\$30 =	
Mouth			
Tooth & Gum Formula (1-oz)	x	\$20 =	
NEW Tooth & Gum Formula (2-oz)	x	\$34 =	
Fresh Breath+ (5-pack)	x	\$28 =	
Daily Oral Therapy (16-oz)	x	\$44 =	
Topical			
Deep Tissue Stick (0.5-oz)	x	\$16 =	
Deep Tissue Oil (1-oz)	x	\$26 =	
NEW Deep Tissue Oil (2-oz)	x	\$46 =	
Anti-I Formula (0.5-oz)	x	\$18 =	
Miracle Cream (1.5-oz)	x	\$42 =	
Healthy Skin Stick (0.5-oz)	x	\$14 =	
Jojoba & Tea Tree Oil (1-oz)	x	\$20 =	
Bug Block Spray (2-oz)	x	\$30 =	
Subtotal =			
Tax* =			
Shipping** =			
GRAND TOTAL =			

*Sales Tax for CA Residents
In LA County add 9.5%
Outside LA County add 7.25%

**Shipping & Handling Charges
\$1 to \$50.00 add \$6.50
\$50.01 to \$100 add \$8.50
\$100.01 to \$150 add \$9.50
\$150.01 to \$200 add \$10.95
Over \$200.01 please call.

Start every day with **the BEST** herbal nutrition available and never worry about running out.

Join The Club

Every month Dr. Schulze's **SuperFood-A-Month Club** will deliver your personalized selection of powerful nutrition, plus exclusive perks – **including Free Shipping!**



To get started visit: HerbDoc.com/SFMC
Or, call toll-free: **1-800-HERBDOC** (437-2362)



Choose any of these powerful, daily nutritional products.

Dr. Schulze's
ORIGINAL CLINICAL FORMULAE
Since 1979

Post Office Box 9699
Marina del Rey,
CA 90295

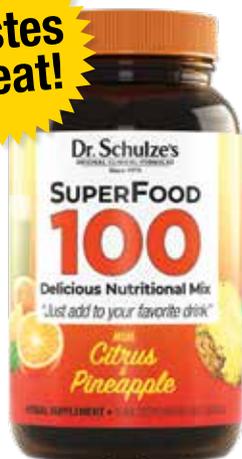
1-800-Herb-Doc
(1-800-437-2362)

HerbDoc.com

100% of your Vitamins

From Only Fruits, Vegetables & Herbs

**Tastes
Great!**



NEW!

SuperFood 100 Formula

*Designed to add to
your favorite beverage.
Shake, drink, and
enjoy your life!*