

A close-up photograph of a woman's midsection. She is wearing a light pink, ribbed, cropped top and dark-colored athletic pants with a pink waistband. A white measuring tape is wrapped around her waist, and her right hand, with light-colored nail polish, is holding the end of the tape. The background is a plain, light color.

Dr. Schulze's

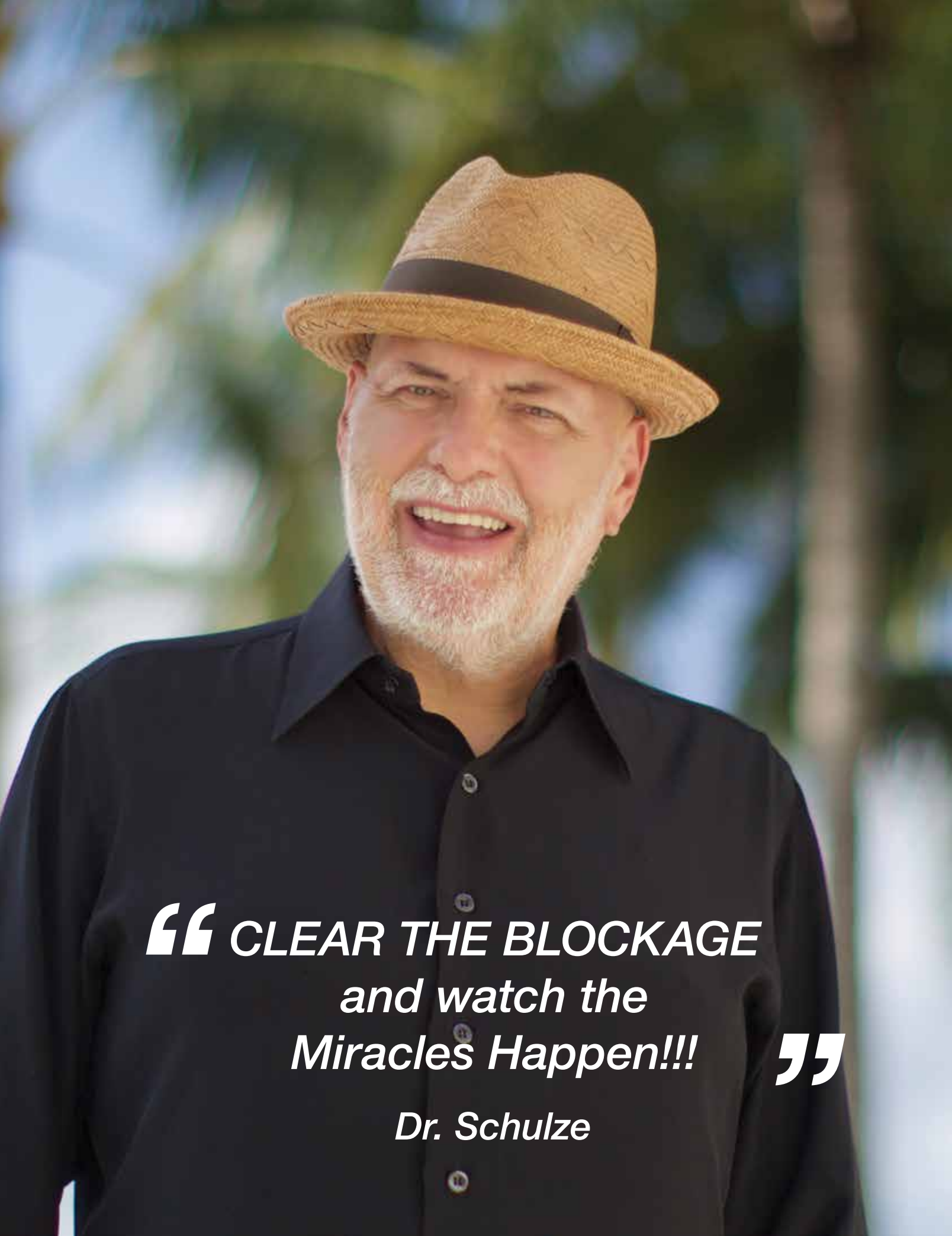
ORIGINAL CLINICAL FORMULAE

Since 1979

FEBRUARY 2026
SPECIAL REPORT

**Get The
Waste Out...**

And Watch The
**MIRACLES
HAPPEN!**



**“ CLEAR THE BLOCKAGE
and watch the
Miracles Happen!!! ”**
Dr. Schulze

I DON'T HAVE A BOWEL FETISH

A Message from Dr. Schulze

February 2026

I don't have a BOWEL FETISH. Really, I don't! But I did have bowel problems growing up. Probably because all I ever ate in my German household was meat, eggs, milk, and dairy, ALL coming from something that had a face, ALL animal-based food, ALL of which has ZERO Fiber.

I remember having my once-a-week bowel movement, squeezing it out usually on the weekend, and it was hard as a rock. I never needed to wipe, and my Dad said that was good “like wrapped in cellophane” he would exclaim.

So early on in my herbal studies I created a bowel formula for myself, and after many revisions it helped me to have daily Bowel Movements. I took it for 12 years and after that amount of time a miracle happened, I didn't need to take it anymore. By radically changing what I ate from only animal to a high fiber food program of only Fruits, Vegetables, Nuts, Seeds and Grains, exercising daily, fixing my negative emotional habits and taking my herbal bowel formula and many other things, my bowel healed and rebuilt itself. And I was now having one bowel movement for every major meal I ate. Usually, two a day! A MIRACLE!

I now have **9 Bowel Formulae** for you to choose from for any digestive or elimination complaint.

Starting with your stomach and digestion, I have my **Digestive & Intestinal Rescue Pack** which can solve any digestive problem and is perfect for travel. I also have my **Digestive Tonic** and **Digestive “SHOT”**—both lifesavers for any and all digestive complaints.

For constipation, I have my **Intestinal Formula #1** and my **Intestinal Formula #1 Maximum Strength**, and my **Intestinal Formula #3** for the younger ones.

My **Intestinal Formula #2** is an intestinal and colon vacuum and also part of my **5-Day Bowel Detox** program.

My **HerbalMucil PLUS** is pure fiber, but with none of the sugars, sweeteners, artificial colors, or crap that is in other ‘mucil’ products and my **Bowel Flush “SHOT”** will FLUSH everything out of your digestive and elimination tract by the morning.

Learn more about my **NINE** powerful herbal formulae to solve any and all digestive and elimination complaints on the following pages.

Get the waste OUT, my friends, and watch the MIRACLES happen!

Dr. Schulze

BOWEL HORROR STORIES!

When I first started my practice as a doctor, I was shocked to discover that almost all my patients had some digestive or elimination problems. Most of them did not have a fully functional bowel and were constipated from one degree to another. My clinic being in Hollywood and Malibu, I worked with a lot of models, who often had one bowel movement every 28 days with their period. I had many constipated patients, some severely, one woman who had only three bowel movements in her entire pregnancy, one per trimester.

One of my patients came to see me. Her daughter had horrible constipation. Finally, the medical doctors talked her into having a colostomy, a removal of her bowel at the young age of 15. They said it was a pretty simple surgery, but the reality of gluing a plastic bag to your lower abdomen and carrying a bag of liquid shit around with you at school got her very depressed. Her mother, trying to lift her spirits, suggested a sweet 16 party for her and her friends and bought her a new party dress. At the party, she was dancing with a boy she had a crush on and the bag came unglued and liquid fecal matter spilled all over her new dress and her boyfriend. As you can imagine, she became hysterical. Her mom cleaned her up and put her to bed sobbing. When the mom went into her daughter's room the next morning, her daughter had hung herself...hmmmm, simple surgery.

I vowed from that day forward to get the information out to as many people as possible. Just a few pennies worth of herbs and I could have got her daughter's bowel working and saved her life. Never again on my watch!

Who Gives A Shit? Obviously Not Americans! Over 60,000 Lifetime Bowel Movements Short!

Most high school health science books say it is normal for people to have two to three bowel movements a week. At the same time, America has the highest amount of colorectal cancer of any country in the world. So you would think some doctors would look at this and think maybe what we think is normal, is actually not correct.

In my extensive travels around the world, I noticed something unusual and very different. Primitive people, who got plenty of exercise, and ate high fiber food programs, not meat-based diets, but ate a lot of plant food, had two to three bowel movements a DAY, WOW!!!!

So I mathematically calculated this out.

Americans average 2.5 bowel movements a WEEK x 52 weeks in a year (130) per year x 80 years life expectancy = 10,400 lifetime bowel movements.

On the other hand, primitive people averaged 2.5 bowel movements a DAY on average x 7 days = 17.5 per week x 52 weeks (910 per year) x 80 years life expectancy = 72,800 lifetime bowel movements! Americans are 60,000 bowel movements short in their lifetime!

How Can So Many Seemingly Unrelated Health Problems Be Caused By Constipation?

Early on in my clinical days, I had a woman in her thirties with severe, debilitating lower back pain. She had been to numerous medical doctors, **still in pain**. She tried chiropractic and osteopathy, still in pain, yoga, **still in pain**, Acupuncture, **still in pain**, hypnosis, **still in pain** and even herbal practitioners who gave her herbs for pain, **STILL IN PAIN!!!**

One of the first questions I asked was, "How often do you have a bowel movement?" She said she was normal, and I said great, how often and she said, you know like everyone else, and I said how often, give me a number and

she shouted at me I'M REGULAR. Well, 15 minutes later, she told me she goes once or twice a week!

I gave her my Intestinal Formula #1 and within a week all of her back pain was gone and I never directly addressed or dealt with her back. Not only does this show how doctors try to ease the pain and look at her back, EVEN THE HERBAL DOCTORS, but nobody addressed the root cause of her back pain which was a swollen, engorged, constipated colon, retaining pounds and pounds of shit and was physically pressing on the nerves of her lower back, inflaming them and causing excruciating pain.

The bowel is the biggest organ in the human body. When it is impacted, constipated, bloated, swollen, it can put pressure even crush nearby organs from the uterus, fallopian tubes, prostate, stomach, liver, pancreas, lungs, heart, the list is long. And the backed-up poisons can get into your body and affect and infect every single organ in your body.

Over the next few decades in my clinic, I started EVERY PATIENT on my Intestinal Formula #1, (and SuperFood) because the large intestine is the biggest elimination organ in the body. To my surprise, and to the patients surprise, 80% OF MY PATIENTS WERE WELL AFTER A FEW WEEKS—JUST BY BOWEL CLEANSING AND NUTRITION!

I always say that my patients taught me 95% of what I know, and this is why!

Dr. Schulze

Why Unblock?

Your colon is so big that it is connected to, touches, or is in the vicinity of, every major organ in your body, except your brain. It also touches most of your blood vessels and nerves.

Constipation causes the colon to swell and when this happens, it can compress the lungs, heart, liver, gallbladder, pancreas, kidneys, adrenals, uterus or prostate. A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems.

A sluggish, swollen bowel can compress a nearby area, causing disease and infection in any area of the body. This explains why 80% of my patients who used my **Intestinal Formula #1** and did a **5-Day BOWEL Detox** started to develop healthy hearts, normal blood pressure, normal blood sugar levels, balanced hormones, no fertility problems, functioning livers, normal cholesterol levels, healthy immune systems, normal urinary function, powerful adrenals, increased energy, healthy prostates, clean digestive tracts, stronger lower backs and normal leg circulation.

No matter how far removed from the colon the problem seems, cleanse the bowel first and see what happens. If you're like my patients, you will be thrilled with the results!



Fried and processed junk foods—found in the typical American diet—have helped to award us with the highest rates of colorectal cancer in the world!

THE BEST UNBLOCKER

REMOVES WASTE & TOXINS

Dr. Schulze's **INTESTINAL FORMULA #1**, a powerful herbal blend, contains the natural phytochemical Emodin, which increases peristaltic waves, toning and strengthening the muscle to work more efficiently, so you can get the waste out and have a flatter stomach! The best herbal blend on the planet for regular and complete bowel movements. **Plus, strengthen the muscular movement of the colon.**



Intestinal Formula #1

90 vegan capsules.....\$34

250 vegan capsules..... \$78

“After more than 45 years in Natural Healing, I KNOW that **BLOCKAGE is the root cause of all disease.**

When the body is free of blockage, and the waste is getting out, the nutrition is getting in, the blood, lymph and fluids are circulating, and the nerves are sparking, you will feel great—both physically and emotionally—and disease disappears. FREE the **BLOCKAGE** and watch the **MIRACLES HAPPEN!**”

— Dr. Schulze

Works Great!

*“Fantastic **REAL** food product and works great. Safe, no side effects, and everyone I’ve told about or let them borrow feels the same!”*

— Nancy D.

Intestinal Formula #1

“I am ninety years old, and I have used this product for many, many years, and it works perfectly.”

— Patricia F.



Powerful Ingredients

The herbs in **Intestinal Formula #1**, like Aloe, Senna, and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle.

Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile, a natural laxative. Garlic is antibacterial, antiviral and antifungal. Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.



Curaçao & Cape Aloe Leaf

“The most potent and effective bowel cleansing herb in the world!”

Equatorial Aloes contain a powerful phytochemical (plant chemical) in the Anthraquinone family called Emodin, which has a very strong stimulating effect on smooth muscles like the bowel. When this chemical comes in contact with the surface of the bowel, it causes immediate and powerful muscular contractions, even though you rarely feel them. Emodin is such a powerful plant chemical that it will cause bowel contractions regardless of how constipated someone is, regardless of what they ate, regardless of their bowel disease. **This Aloe Emodin worked 100% of the time with 100% of my patients.**

Senna Leaf and Pod

“A very reliable stool softener and bowel cleanser!”

Senna stimulates the bowel to pulse more quickly, allowing more water to remain in the stool, rather than be absorbed back into the body; **this makes for an easier, softer, faster bowel movement.**

Companies that use Senna today use the most Senna Leaves from polluted countries like India and China, and then gas these herbs with toxic and carcinogenic bactericides upon importation. And they only use the leaf, whereas our ancestors used both the leaf and the pod, which is very potent medicinally. I use both the leaf and pod, as I have found they work much better in combination.

Cascara Sagrada Aged Bark

“Little else in nature provides such swift relief and reliable results!”

Cascara Sagrada stimulates the natural rhythmic contractions of the bowel that are more commonly known as peristalsis. It also tones the muscle wall as it works, exercising and toning the bowel muscle.

Little else in nature provides such swift relief and reliable results. **Cascara Sagrada produces a regular, satisfying bowel movement** of the kind that few people in our day and age achieve on a daily basis, with the predictability of clockwork.

Garlic Bulb

“Garlic has been a wonder of nature for over 4,000 years!”

Garlic keeps your entire digestive and elimination system free from harmful and toxic microbes. Whenever you are doing any bowel detoxification and cleansing, you are removing old fecal material.

Garlic also kills the intestinal invaders that inevitably make their way into the gut and live there for years, if not treated.

The Allicin found in Garlic is what makes it very difficult for all these invaders to thrive, which can happen especially when the diet is high in sugar and carbohydrates.

Why Use Intestinal Formula #1?

Intestinal Formula #1 is part one of my **5-Day BOWEL Detox**. Its main medicinal action is to relieve constipation and assist you in having more regular and complete bowel movements.

FACT The average American stores 10 to 12 pounds of fecal waste in their colon; definitely not healthy.

FACT The average American has only two or three bowel movements a week; 70,000 short in their lifetime!

FACT Constipation can cause an almost endless amount of seemingly unrelated diseases and problems.

FACT Americans eat more than ONE MILLION animals per hour! NO FIBER!

FACT In 1950, the leading medical text on the diagnosis of disease stated that 10% of Americans developed bowel disease. Today, it states 100% will eventually develop bowel disease (diverticulosis, a leading precursor to colon cancer) if they live long enough.



Oregon Grape Root

“This bitter medicinal herb cleanses the liver and the bowel!”

Oregon Grape Root helps get rid of bacteria and fungi like giardia, candida, viral diarrhea, and even cholera and E. coli naturally, without harmful side effects. The digestive system is always encountering these unfriendly viruses, bacteria and fungi.

It stimulates the production of bile which is a natural laxative.

Habanero Pepper

“The hotter the pepper, the more medicinal it is!”

These fiery Habanero Peppers stimulate the circulation so the bowel's tissue and mucous membrane can begin to recover.

They also increase peristalsis, the muscular contractions relieving constipation and promoting regular bowel movements. A normal, healthy bowel emits a few teaspoons of blood every day.

But, when your bowel is constipated and very dirty, it can bleed a bit more during cleansing. One of the medicinal actions of this pepper in the formula is to help stop that from happening in the bowel.

Ginger Rhizome

“One of the world's greatest carminatives and digestive aids!”

Our Organic Ginger Rhizome is a vibrant yellow and much more potent, dense, and less fibrous than the common white ginger that is readily available. Yellow ginger is known for its depth of flavor, superior pungency, and concentrated potency of phytochemicals.

Ginger's medicinal phytochemicals are one of the world's greatest carminatives and digestive aids. Carminative action is the action of moving, relieving and expelling gas. This action makes this herb a very important ingredient to this formula. This is because during a bowel detoxification (where you remove old, encrusted fecal waste from the walls of your bowel), this material can mix with digestive fluids and create gas. Having this potent carminative in this formula neutralizes this gas and moves it down your intestinal tract for elimination.

MORE **POWERFUL**

UNBLOCKERS

Need Something
STRONGER?

A more powerful version of
Intestinal Formula #1



**Intestinal
Formula #1 MAX**

90 capsules.....\$34

Need Something
MILDER?

A milder, liquid version. **For children
and adults who need less power to
move their bowel.**



**Intestinal
Formula #3**

4 ounces.....\$24

Need a **DEEP
CLEANING?**

Dr. Schulze's Intestinal Formula #2
is a powerful vacuum that draws-
out old, hardened fecal matter and
retained toxins from the bowel!



**Intestinal
Formula #2**

250 vegan capsules..... \$46
8-ounce powder \$38

AND MORE...

UNBLOCKERS

Need **IMMEDIATE** Results?

Dr. Schulze's Bowel Flush "SHOT" will help to FLUSH any digestive nightmare out of your bowel by morning!

First thing in the morning, all this garbage will be out of you. One "SHOT" is all you need!



Bowel Flush "SHOT"

3 pack.....\$46

Need **RELIABLE** Results?

Dr. Schulze's HerbalMucil PLUS promotes easy bowel movements and helps maintain regularity!

This formula holds more water in your stool, is mucilaginous and slippery, contains loads of fiber, and adds that extra push, with ZERO sugar or fillers. But when it gets into your colon, it forms this fibrous, mucilaginous gel that gives you "magical" bowel movements!

HerbalMucil PLUS

8-ounce powder.....\$38

Need **Digestive RELIEF?**

Dr. Schulze's Digestive formulas bring fast relief to the upper-gastrointestinal tract, easing digestion and stomach upsets, especially when traveling!



Digestive & Intestinal Rescue Pack

Designed to address the most common gastrointestinal complaints at home or when traveling, such as constipation, diarrhea, gastric upsets, and digestive disturbances.

Contains: 6 Intestinal Formula #1 capsules, 50 Intestinal Formula #2 capsules, 1 Fresh Breath+\$20

Digestive Tonic

Soothes and calms digestive disturbances. Combats gas, bloating, and nighttime digestive upsets. Promotes better digestion.

1 ounce\$20

Digestive "SHOT"

Works FAST on severe digestive disturbances and helps you properly digest your food and assimilate its nutrients.

3 pack\$24



Thanks!

"I am the number one fan of your poop pill. Took one mid-morning and by 3pm I was as clean as you would want be!"

– Dennis S., Merritt Island, FL

REAL PEOPLE, REAL RESULTS.



Brant B.

Kansas City, MO

"Best colon cleanser on the market. The Dr. Shultze's Intestinal Formula #1 has been my go-to for colon cleansing for about 12 years now. I've tried other similar colon cleansing products and nothing else comes close. This formula is very potent yet gentle. My #1 tool for maintaining a clean and healthy colon."

Thanks!

"I've been taking this products for years, it's a staple in my supplement protocol. I trust and value Dr. Schulze's products and always have!"

– Colleen V., St. Louis, MO"



Martina M.

Pukalani, HI

"Health is a goal! Feeling happy, healthy & fit"

Dr. Schulze's

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Since 1979

PO BOX 10172
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Why
UnBlock?



This Month:

**Clean Out,
UnBlock
Now & Feel
Great!**

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