

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

Make 2025 The Best Year of Your Life!



Vitamin A 118%
Vitamin B1 500%
Vitamin B3 263%
Vitamin B12 1292%
Vitamin C 100%

Vitamin C 500%
Vitamin B12 1792%
OMEGA 3&6 Anti Oxidants
Cruciferous Vegetable CELL Protection
International SUPER FOODS
8g Super Protein

Vitamin B1 500%
Vitamin B3 263%
Vitamin B12 1292%
Vitamin E 140%
Vitamin C 100%

Original, Clinical, Survival Formula!

Original, Clinical, Survival Formula!

HERBAL SUPPLEMENT • NET WT: 14 OZ / 396g

Made with Organic Herbs, Nuts and Seeds!
HERBAL SUPPLEMENT • NET WT: 17.425 OZ (1.089 LB) / 494.57g

SUPPLEMENT • 390 VEGETARIAN TABLETS

SPECIAL REPORT JANUARY 2025

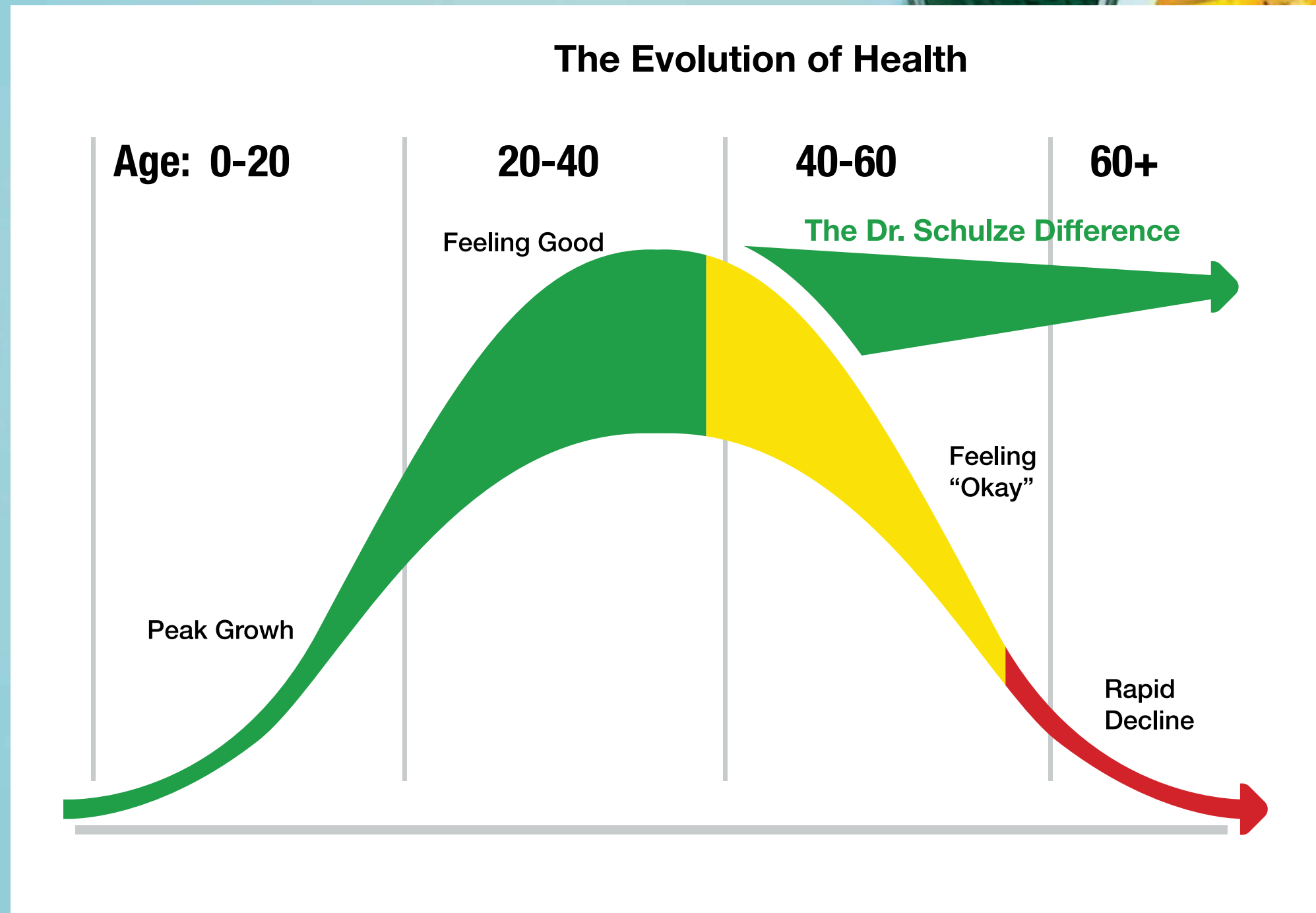
REGENERATE, DON'T DEGENERATE

The Secret to Great Health & Longevity

In America, when we reach age 40, our health starts to decline and takes a downhill slide. Sadly, we spend more on doctors, drugs, and hospitals than any other country in the world. Despite the trillions of dollars spent annually, Americans don't even fall into the top 45 countries for longevity. Bottom line, we are paying the most, but not reaping the rewards. That's why I developed my 5 Powerful Steps, starting with getting quality **NUTRITION** every day!

Experience The Dr. Schulze Difference.

Keep your body strong and vital for longer than you ever thought possible with my **5 Powerful Steps!**



How to Make 2025 the **BEST** Year of your Life

This is the time of year that all my patients wanted to repent their sins and ask Father Schulze to help them get their life back on track. As last year rolled on most people got more and more out of balance and the bad habits and bad food started becoming the norm, the body fat increased and the good things you did, well they kind of disappeared. This is normal, as we live in a country where we are bombarded 24-7-365 with fast food and junk food.

The FIRST Thing to Do This Year!

If you do **ONLY ONE THING**, DO THIS. Instead of looking at your life and thinking what to do for a few weeks or a month to feel better, I am not interested in that at all. BORING. I am looking for simple, easy and permanent changes that you can do every year that will be EASY but give you the biggest reward.

The easiest would be to swallow 3 tablets of my SuperFood 100 EVERYDAY. If you would just do that I guarantee it will change your quality of life. And if you can do anything more, swallow an additional 3 tablets of my Super-C-PLUS. That's it. Minimal investment of time, (like 1 minute), and you will get the biggest bang for your buck.

When hospitals run blood test on people entering the hospital 10% of the are lacking in one or more vitamins. This is simply because there is little nutrition in what most people eat. And even if the food had nutrition, once it was heated, or microwaved, well the nutrition it had is gone because most vitamins are destroyed in the cooking process.

You Say You Can a Little Do More

Yippee, well if you want to take it up a step, you can make a morning blender drink with even

more Nutrition that my SuperFood 100, by using my SuperFood PLUS powder or for the Ultimate Nutrition, my SuperFood Ultra. Starting your day with a SuperFood Blender Drink is a real WOW, a Nutritional BLAST, that wakes up your body and feeds every organ and every cell in your body powerful nutrition, natures nutrition that it can recognize, assimilate and put into action right away.

Add some Better Food Choices

And the final thing, if you can do one more thing, is make some better food choices throughout the year. More FRESH food, more COLORFUL food, more LIVE and RAW food, more ORGANIC food, and less shit food!

REALISTIC

We all know that New Year's Resolutions fall apart almost as fast as we make them. They sound good on paper, but very quickly we find ourselves right back into the old bad habits. This is simply because we try to make plans and changes that are too drastic, too big and too unreasonable. Make a simple plan, 3 SuperFood 100 tablets, and if you can do more add 3 Super-C PLUS tablets, I would be really happy if you would just do that. And if you want to do more make a morning blender drink, at least a few times a week with my SuperFood ULTRA and make some better food choices a few times a week also. This is something that you can commit to, and enjoy and I guarantee you, it will change your life!

Dr. Schulze



**A Word from
Dr. Schulze**

Echinacea Needs NUTRITION to Work!

An Idiot Pharmacist

I remember many, many years ago, I ran into a pharmacist in a grocery store who said, "I know who you are. You are that Dr. Schulze," to which I exclaimed, "That's me!" He said, "Well, I think you are full of shit, and I also think herbs don't work." I paused and then laughed out loud and said, "I can't believe you graduated pharmacy school and could say something this stupid."

I explained to him that the word pharmacy originated with the Greeks about 2,000 years ago, so obviously, it's been used for 1,800 of those years to describe herbal medicine. I also mentioned to him that he must have been sleeping in pharmacy school when they taught that almost all drugs originally were either plants (Digitalis, the famous heart drug, is made from Digitalis linata, the Greek foxglove plant) or manufactured from plants.

Today, a full 40% to 50% of drugs in the drugstore or behind the counter are synthesized from plants, including the majority of the top 20 best-selling prescription drugs in the United States. And even if none of these facts existed, ANYTHING that you put into your mouth, ANYTHING that can be digested, is assimilated into your bloodstream and body, and WILL affect you in one way or another. THIS IS BASIC PHYSIOLOGY! So, I don't know if this pharmacist was that ignorant or stupid or if he just let his hatred for natural medicine completely blind him.

Echinacea's Phytochemicals

Phytochemicals are simply the natural chemicals found in all plants. And when they are ingested, they affect you in one way or another. Echinacea contains numerous chemicals that, when ingested and digested, tell your immune system many things.

We discovered they stimulate your immune system to work faster and increase the production of immune cells and chemicals (T-cells, B-cells, Immunoglobulin, Macrophages, all white blood cells, interleukin, interferon, etc.).

The Big BUT!

BUTTTTTT, I have seen herbs create miracles, so why not give them a helping hand? What do you think is the fuel or building block you need to build all these new, powerful, disease-fighting white blood cells and chemicals from... NUTRITION!!!

Echinacea can create miracles on its own, but if you flood your blood with foods that are extremely nutritionally potent, nutrient-dense, and saturated with vitamins and minerals, this is the FUEL your body needs to build all these immune cells and chemicals.

If you want the one-two knockout punch against anything this winter, Echinacea and NUTRITION guarantees your immune system is ready to PROTECT and DEFEND you from the worst enemies that wintertime can bring on.

SuperFood 100, SuperFood PLUS, SuperFood ULTRA, Super-C PLUS, and my Cacao Crunch Bites will all FLOOD your body and bloodstream with nutrition, ensuring you have a powerful nutritional reserve whenever your body needs fuel.

Each C&F Herbal "SHOT" contains a MAXIMUM DOSE of immune-boosting Echinacea angustifolia and Echinacea purpurea, plus 1,000% (10 times) your RDI of immune-enhancing Vitamin C-Complex from fruit, plus 20 additional herbs to SUPERCHARGE your immune system.

C&F HERBAL "SHOT"

Supercharge Your Immune System!



It's the ULTIMATE because it's packed with more herbs than anyone else would ever put in one bottle!

Dr. Schulze



The Best Prevention!

"I travel a lot for work to run small and large conferences. I also teach yoga. I'm around many people all the time and I rarely get sick now. The C&F Herbal "SHOT" is my go to for when I'm feeling like I may be getting sick or when I need to recover quickly."

- Aissia B., San Mateo, CA

SUPERFOOD ULTRA

What's in it for me?



✓ **Cruciferous Greens:** Kale, Brussels, and Cabbage



✓ **Berries:** Organic Blueberries, Raspberries and Blackberries



✓ **Omega-3 Seeds & Nuts:** Chia, Flax, and Walnuts



✓ **Vitamin C Complex:** Organic Citrus and Acerola Cherries



✓ **Super Greens:** Spirulina, Blue-Green Algae, and Purple Dulse Seaweed

And much, much more...

Max Energy & Vitality

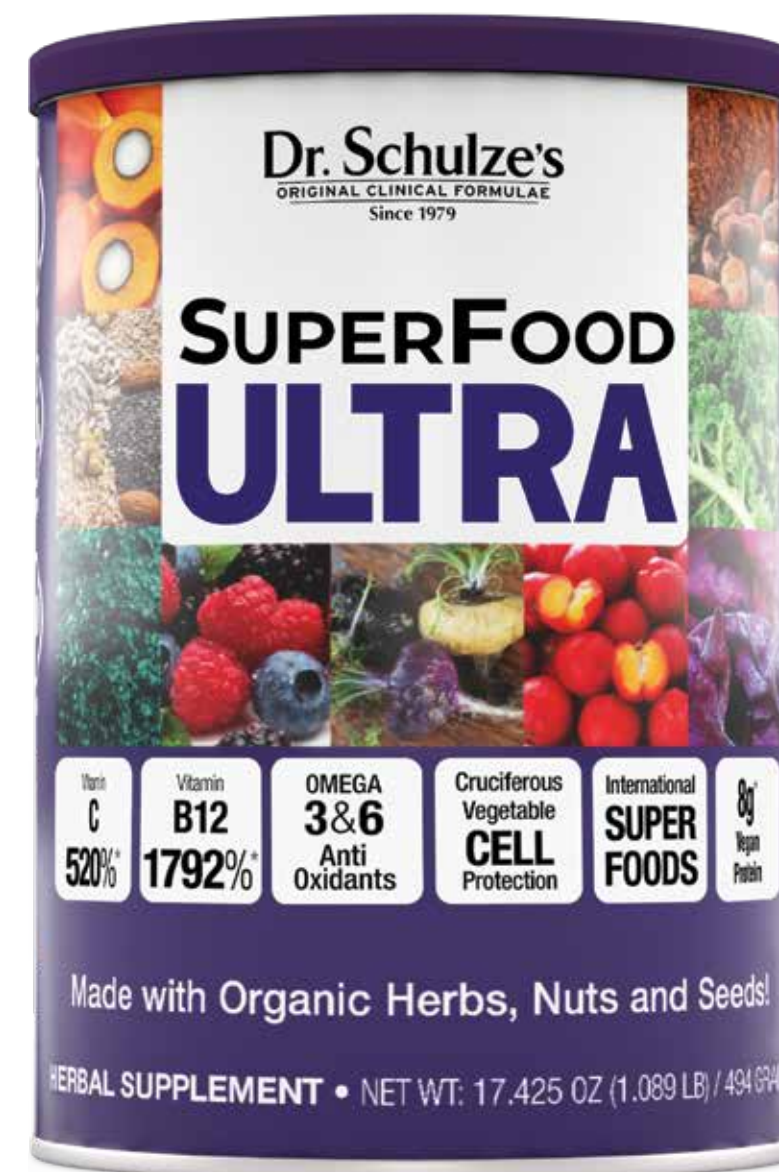
With Over 40 Miracle SuperFoods!

SuperFood ULTRA contains 1,792% of your ENERGY Vitamin B12, 520% daily Vitamin C, and 100% of your Vitamins A and E! It is a complete protein with antioxidants, Omega 3 & 6, plus it's low-calorie, vegan, and gluten-free.

ULTRA Nutrition For Healthy Living!

SuperFood ULTRA combines three of my most popular formulas in one jar: nutrient-rich SuperFood PLUS, Vitamin C-packed Super-C PLUS, and fiber-filled HerbalMucil PLUS. Plus, it includes four additional vitamin and mineral complexes to give your body everything it needs for an entire day—providing sustained energy and leaving you totally satisfied. It's the ultimate meal replacement to combat the typical American diet of high calories, unhealthy fat, and low fiber

Flood Your Body with Powerful Nutrition



20+ Years of Peak Performance

“For over two decades, Dr. Schulze’s products have been a cornerstone of my fitness and health journey. With their support, I’ve maintained amazing energy and intensity, a super strong immune system, and reached peak physical performance. Using Dr. Schulze’s products have helped me set the California state record for deadlifting, earn multiple gold medals in Pickleball, and compete in countless fitness events.”

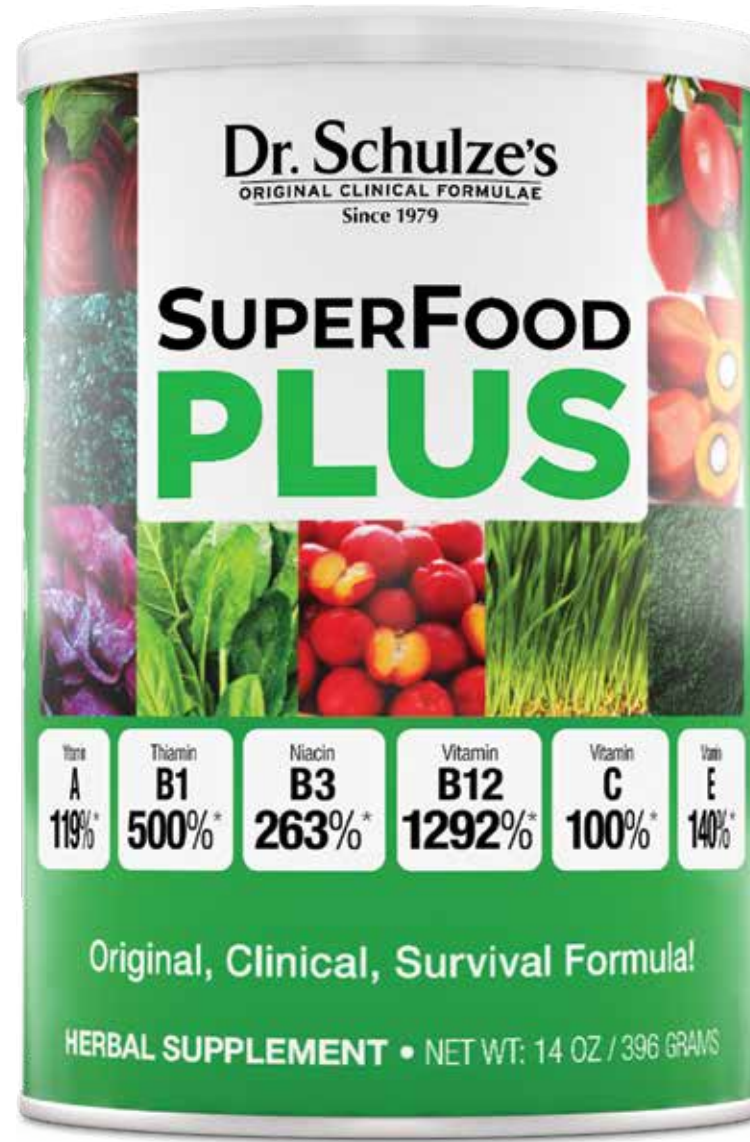
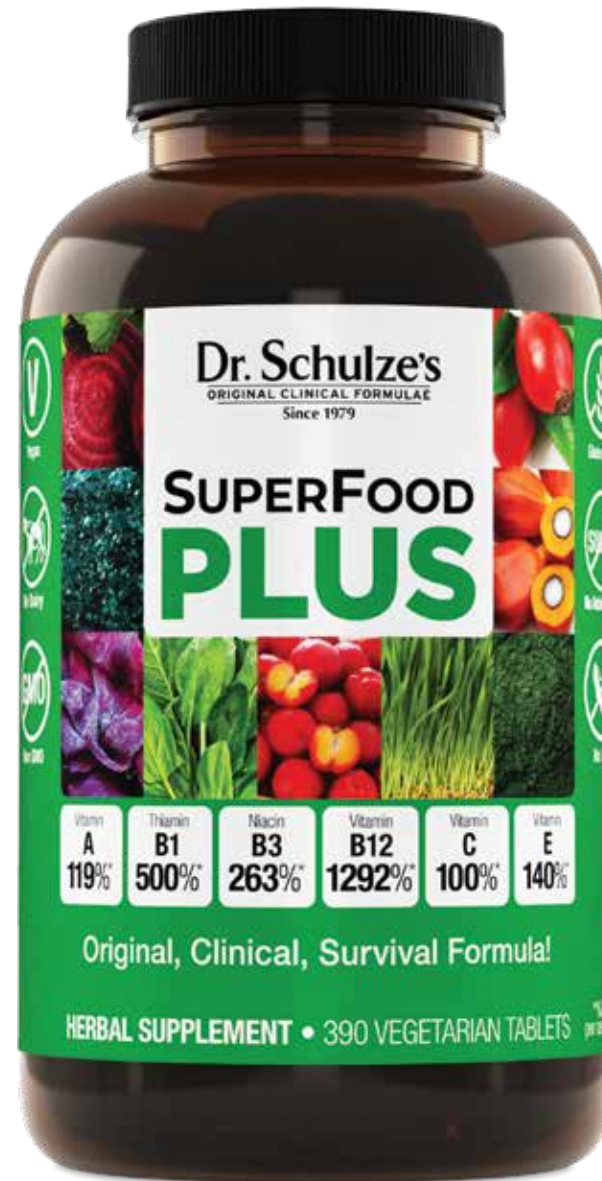
– Louis C., Grover Beach, CA

SUPERFOOD PLUS

Nature's High-Octane Super-Nutrition

When I ran my clinic, my patients were sick, tired, out of energy and vitality, and disease was consuming their bodies because they had dead blood. Their digestive tracts were so poor that they couldn't assimilate nutrition from their food. And the food they were consuming, even if it was good, it just wasn't enough. A few weeks on my SuperFood drinks and they were reborn.

I had designed SuperFood PLUS to be a rapid assimilation, rapid deployment, nutrient-saturated, plant-based vitamin and mineral concentrate and it was working miracles. Soon, I started prescribing it to my healthy patients, and everybody saw a remarkable increase in energy, vitality, and general health, not to mention improved skin, hair, nails, and the way they looked. I then prescribed SuperFood PLUS for the old and young, the sick and healthy, to all of my patients, and even for their pets. The results were nothing short of life-changing.



“ Your body needs a daily supply of nutrient-dense superfoods that it can recognize, absorb, and utilize instantly! ”

Dr. Schulze



Good life

“ I've been taking SuperFood since the 1990s. Today, I'm 75 years old and still golfing, skiing, hiking, and exercising. I feel great because of SuperFood and because I am doing my cleanses with your products. God bless Dr. Schulze! ”

– William E., Ruidoso Downs, NM

Energy for over 30 years

“ I have been taking the SuperFood PLUS in the powdered formula since my daughter was an infant. She is now 32 years old. In that time, I my energy level remains the same. No one can believe all the things that I do (hike, pilates, dancing, cleaning my own house with tons of energy to spare!) and am never bogged down with the flu or any virus in all this time. I attribute this good health and energy to God, an organic diet and the superfood from Dr. Schulze. I thank Dr. Schulze for continuing his high quality and standards for all his products! ”

– Jean R., Flagstaff, AZ



SUPERFOOD 100

Super-Nutrition Just Got Easier!

Whether you're building hormones, immune cells, brain chemicals, or nerve cells, getting your daily vitamins and minerals is crucial for maintaining healthy organs, staying energetic, and looking and feeling your best. That's why I created SuperFood 100. I know life can get busy, and some days, we don't even have time for a "green drink," but you should never miss your essential nutrients.

With just three tablets of SuperFood 100, you can fuel your body with 100% of your daily essential vitamins sourced from 15 high-powered superfoods. Plus, you'll get a natural energy boost, making it easy to skip that afternoon caffeine jolt. If you're someone who loves to taste the fruits, vegetables, and herbs you're putting into your body, try my SuperFood 100 Powder. Simply add water, shake it up, and enjoy the refreshing taste of pineapple and citrus.

Now In a Powder!

It's never been easier—or more delicious—to flood your body with pure, natural, and powerful nutrition. Feel awesome, every day!



SUPER-C PLUS

Immune Boosting, Better Skin, and Graceful Aging!

I created this formula using a blend of the finest berries, herbs, fruits, and vegetables known on the planet, the absolute highest sources of natural Vitamin C and Vitamin C-Complex nutrients. ALL the Vitamin C and Vitamin C-Complex nutrients in this formula are natural and derived solely from the whole plants—with NO chemicals and NO ascorbic

acid, period! These berries, herbs, fruits, and vegetables are organically grown or wild-harvested, cleaned, dried, and blended. That's it! This formula is alive, nutrient-dense, the highest and most complete Vitamin C SuperFood Complex available anywhere. That is why I call it Super-C PLUS!



REAL Vitamin C! NO JUNK

- ✓ NO Ascorbic acid
- ✓ NO Sugars
- ✓ Over 500% daily Vitamin C
- ✓ Potent Immune Fuel for Stronger Immunity
- ✓ Better Skin, Hair, and Nails
- ✓ Increased Collagen Production to Age Gracefully

Energy To Be Outside

“I'm 65 years old and have been a vegetarian for most of my life. My whole family has been using your products for over 25 years. My kids grew up with them. I love having the "SuperFood" energy to be outside and enjoying it all!”

– Rebecca M., Spokane Valley, WA



Prime Health!

“Organic Super-C PLUS—BUNKs—ALL industrial ascorbic acid!! No doubt, Super-C helps strengthen my arterial-walls for prime health! Annual vascular screening, now (67yro), testing—healthy blood-flow”

– Alberto V., Stanton, CA



Good Health Is the Best Reward

Our SuperFood-A-Month Club is the Best Step Toward the Healthiest You!

It's so easy to get vibrant health and unstoppable energy delivered right to your door. With Dr. Schulze's SuperFood-A-Month Club, you're not just receiving supplements – you're embracing a lifestyle of vitality and super-immunity.

Every delivery is packed with Dr. Schulze's clinically proven formulas, tailored to flood your body with powerful, organic nutrients. Each month, you're building a foundation for a longer, stronger, and healthier life.

Start your journey today!
 Visit HerbDoc.com/SFMC
 or call 1800HERBDOC
 Join the SuperFood-A-Month Club and take the first step toward a lifetime of health and vitality the Dr. Schulze way.



Join Dr. Schulze's SuperFood-A-Month Club today!

You can't build strong & healthy cells with pizza, French fries, and beer. You need **POWERFUL NUTRITION.**

- ✓ **Price Match Guaranteed**
If your monthly SuperFood product goes on sale, you get the savings automatically.
- ✓ **Special Exclusive Bonuses**
Receive complimentary gifts and new product previews.
- ✓ **Complete Flexibility**
Choose from any of the seven SuperFood products below and change your products and quantities anytime.
- ✓ **Cancel Anytime**
With one simple phone call. No fuss, no obligations.
- ✓ **FREE SHIPPING**
Every month on your entire order. Add any products to your monthly order and still get FREE Shipping.

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

PO BOX 9699
MARINA DEL REY, CA 90295

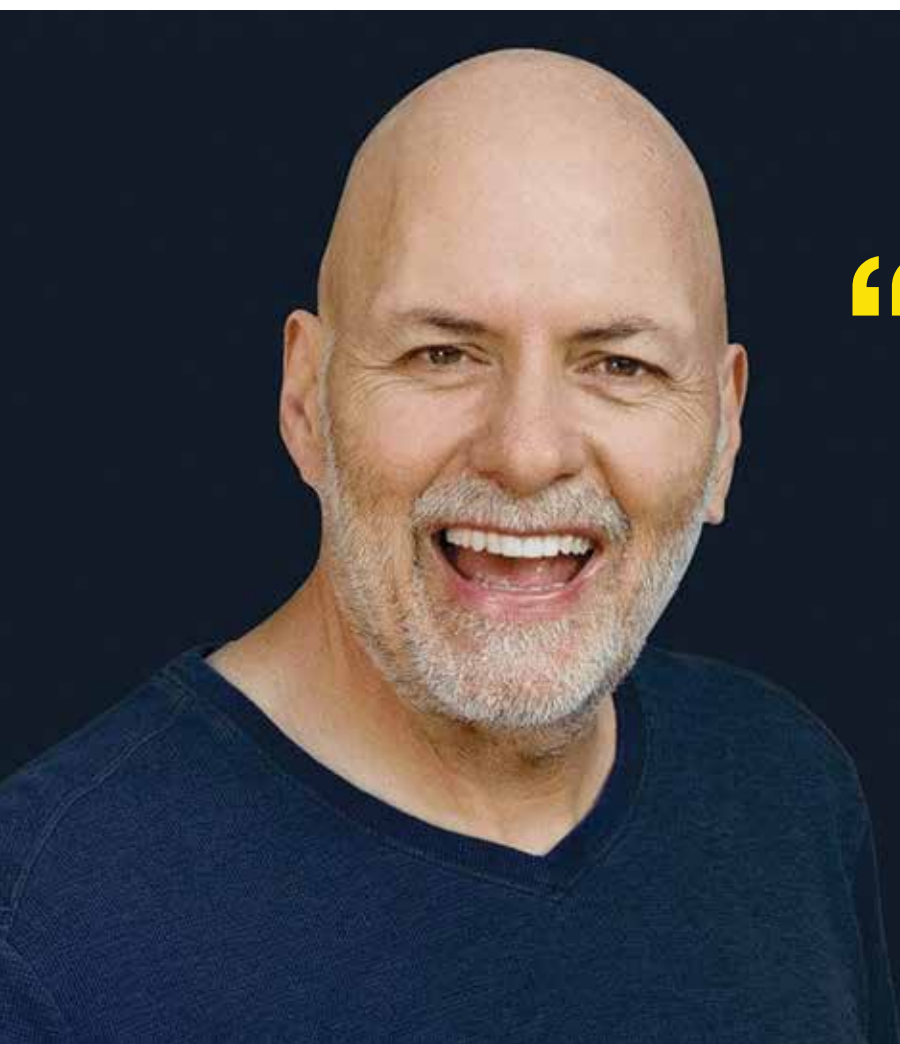
CONTACT US

1.800.HERB.DOC (437-2362)
or visit www.herbdoc.com

RETAIL STORE

4114 GLENCOE AVENUE
MARINA DEL REY, CA 90292

Flood Your
Body with
**Powerful
Nutrition**



“ I never met a person who didn't need more **NUTRITION**. More nutrition means more energy, more vitality, and more life! ”

Dr. Schulze