Dr. Schulze's MARCH SPECIAL REPORT

2020 NUTRITION



What is your Vitamin C made from?

Mine is made from 12 organic herbs, vegetables

and fruit.

99% of ascorbic acid is made using toxic chemicals from China. This Chinese chemotherapy literally is made from sugar that has and nail polish remover.



y first degree was as a nutritional **V** consultant. I learned all about Nobel Prize Winner, Linus Pauling, and his research on Vitamin-C. He believed we needed to take much more Vitamin-C than what our government suggested. TEN TIMES MORE!

But back then everybody thought Vitamin-C was just ascorbic acid, so I started taking 1,000 milligrams of it a day. Sadly, a few years later, science discovered that you couldn't assimilate ascorbic acid well unless it's with other natural compounds called Vitamin-C Complex, which included bioflavonoids, hesperidin, and rutin.

No problem. I wasted a few years not assimilating any Vitamin-C, but now I was taking ascorbic acid along with bioflavonoids, hesperidin, and rutin the whole Vitamin-C Complex.

Worse, a few years later, science discovered that you couldn't assimilate ascorbic acid even with the complex of bioflavonoids, hesperidin, and rutin—unless calcium was present. No problem. I'll add calcium.

As I was about to put ascorbic acid with bioflavonoids, hesperidin, rutin and now calcium into my mouth, I realized: OH MY GOD, all of that, is in... an ORANGE!

For half a decade, I listened to Science and chased Nature using human-made, chemically-synthesized toxic garbage, trying to get my daily Vitamin-C. All that time, I could have been eating oranges and all the wonderful fruits, vegetables, and herbs that Nature provides, giving me TEN TIMES my needed Vitamin-C just like Linus Pauling recommended.

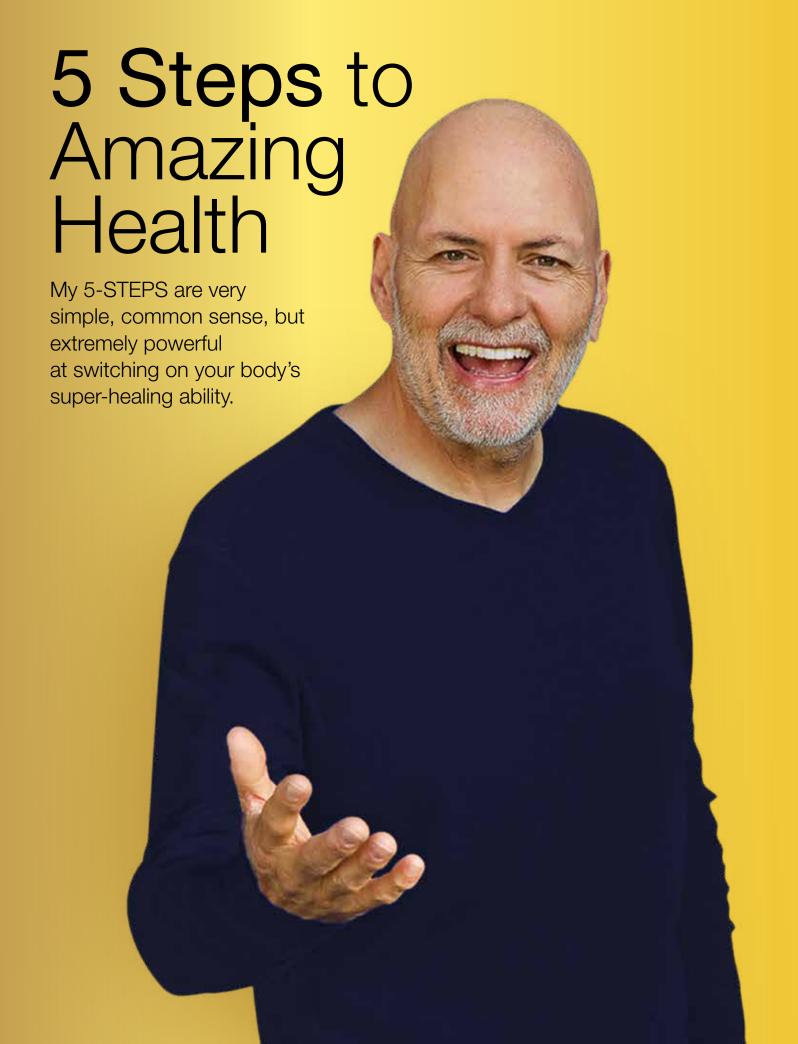
My friends, we have to trust in God and Nature! EVERYTHING we need and EVERYTHING we will discover in the next 2,000 years ...is in natural foods! That's why my Vitamin-C isn't ascorbic acid and contains nothing man-made, synthetic or toxic.

I formulated my Super-C Plus using 12 organic herbs, organic citrus, organic berries amd organic vegetables. My organic food only supplement contains ZERO junk, and just three tablets gives you over 500% of your daily Vitamin-C.

Trust in God and Nature, and you will always be taken care of!

— Dr. Richard Schulze

What are they doing trying to copy nature with Chinese toxic chemicals, when food and herbs have everything we need, and more!



THIS MONTH: **EP #1: NUTRITION**

Everyone needs a constant, rich, and easy-to-assimilate supply of nutrition in their body and blood at all times. If you want your body to repair and heal, this is critical. ALL Americans fall short of these minimal levels. Therefore, I supplied all of my patients with my SuperFoods—the richest, most nutrient-dense herbs and foods on the planet.

Almost every American is constipated and eventually develops bowel disease. This retention of toxic waste poisons your body, depresses your immunity, and keeps you from selfrepairing. Get super-nutrition IN and get the accumulated waste OUT—these are the first two of my five steps that will thrust your body into self-healing.

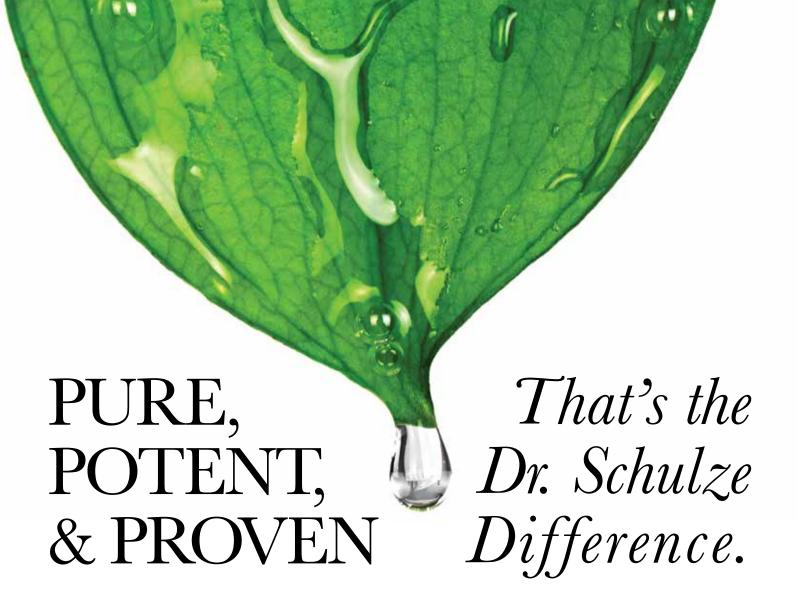
The stress of modern life beats you up, depleting and depressing your immune system. Your immune system is the most important system to protect and heal you. For most people, their immune system is limping if not almost dead. Supercharge your immune system and watch your body come alive.

STEP 4:

No one would expect their car engine to run forever without some routine cleaning and maintenance like oil changes and radiator flushes. This is common sense. Routine preventative maintenance using my simple 5-Day Detoxes a few times each year created even more miracles in my clinic.

STEP 5: PECIFICS

Using these formulas, I would get my patients to take care of their little problems—correcting imbalances and addressing specific issues—before they grew to full-blown problems. An ounce of prevention is much better than a pound of cure.





Beware of Fakes

Many herbal products I look at today in drug stores, and even health food stores, USE THE WRONG (or nonmedicinal) PART OF THE PLANT!!!!

All herbs have a specific part of the plant that has the highest concentration of the medicinal HEALING chemicals. Often, the rest of the herb is thrown away. They use the non-medicinal part that we throw away because they can still say ECHINACEA on their labeling, even though they are using the woody stalk or leaves when the medicinal (and expensive) part of the plant is the root and seeds.

Many vitamin manufacturers do this and customers just don't know. It would be like eating the bark of an apple or pear tree, when it is the fruit that is the nutritional part. Or like eating spinach root, not the greens, or garlic leaves and not the bulb.

So BEWARE, there are many FAKE herbal formulas out there just robbing you of your money by selling you what I throw into my compost pile. Worse, they are robbing you of your health!

Pure,

6 Making the most potent and effective Herbal Products, starts with using the HIGHEST QUALITY HERBS.

First, I use Organic herbs because it doesn't make any sense to consume herbs for healing your body that are sprayed and treated with toxic and dangerous chemicals, insecticides, pesticides, chemical fertilizers and other farming pollutants. More chemicals in our environment pollutes the air we breathe, the water we drink and the food we eat. Worse, these poisons cause disease. I will not try to help you get healthy while at the same time poisoning our planet.

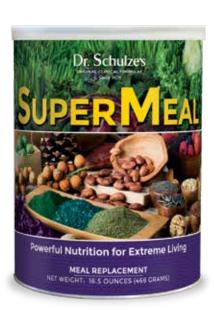
Furthermore, Organic herbs are proven to have up to 10 times more healing phytochemicals in them. This is why my manufacturing facility is an Organic, Kosher and Vegan certified facility. 9 9

That's the Dr. Schulze DIFFERENCE.

NUTRITION

Your body has the ability to create Miracles. It just needs a little help.

You have no idea what healing miracles your body can perform when it has a constant, rich and abundant supply of vital nutrition running through your bloodstream. And even if you're healthy, you have no idea how great you can feel, and how much energy you will have, when you flood your body daily with nature's powerful nutrition.







SuperMEAL

The ultimate meal replacement:

complete protein, antioxidants, Omega 3 & 6, low calorie, vegan, gluten free, over 1700% of your ENERGY Vitamin B12, 500% Vitamin C, and 100% of daily Vitamins A and E!

SuperMeal\$78	
16.5-ounce powder	

SuperFood PLUS

A nutrient-dense, easy-to-assimilate, pure product with over 1200% of "Energy" Vitamin B12, over 400% Thiamin and Riboflavin, 300% of your daily B6, 200% of vour Niacin, and over 100% of Vitamins A. C, E and Pantothenic Acid!

SuperFood Plus	\$48
14-ounce powder / 1-month supply	•
SuperFood Plus	\$56
390 tablets / 1-month supply	-
SuperFood Plus "On The Go"	\$32
20 packets / .26-ounce packet	

SuperFood 100

Get 100% of your daily vitamin and mineral needs, with over 1300% RDI of your ENERGY Vitamin B12, in **only THREE** tablets! The best "on-the-go" nutrition available!

SuperFood 100	\$38
90 tablets / 1-month supply	
SuperFood 100	\$96
270 tablets / 3-month supply	
SuperFood 100 for Kids	\$28
90 tablets / 1-month supply	•

"I first formulated my SuperFood right in the kitchen of my clinic. I was desperate, my patients were dying, and the results were miraculous."

- Dr. Schulze









SuperFood BARS

Get a potent dose of SuperFood nutrition in a convenient "on-the-go" bar! Plus, it's organic, raw, and vegan

with no added sugars!

SuperFood Bars	\$44
12-Pack / 60 grams (each)	

Cacao Crunch **Treats**

The ultimate healthy snack: Each treat contains over 600% of your ENERGY Vitamin B12 with NO Gluten, NO Sov. NO GMOs, NO Trans-Fat, and NO

Cacao Crunch Treats 12 pieces / 20.96 grams (each)

Super-C PLUS

Super-C Plus.

Super-C Plus ...

Super-C Plus

60 Tablets / 1-month supply

180 Tablets / 3-month supply

For a stronger immune system, better skin, and to help you age gracefully. The only Vitamin-C complex with NO ascorbic acid, NO sugar, and over 500% per serving!

SuperProtein Plus. Powder / 56 grams / 1-month

concentrate, with 20 grams of easy-to-assimilate protein and only 105 calories per serving!

vegan 100% plant-protein

SuperProtein

The only organic and

PLŪS

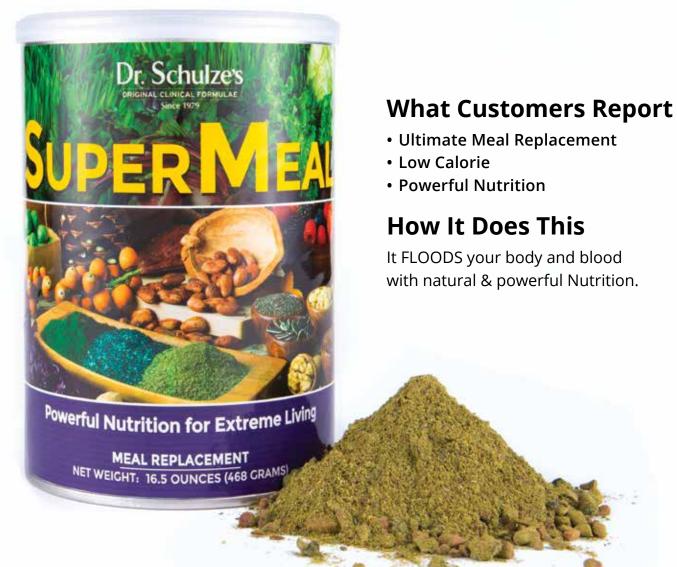
19-ounce powder



Energy Levels Through The Roof!

"My wife and I recently decided to try drinking SuperMeal every morning for breakfast. And, wow, the results are amazing. We don't feel hungry again for hours and our energy levels are through the roof! Thanks."

- Bruce M., Santa Ana, CA



What's In It?

Dr. Schulze's SuperMeal is a powerful blend of over 40 different miracle superfood ingredients. It combines three of his now-famous formulas—his nutrient-dense SuperFood Plus powder, his allnatural vitamin-C packed **Super-C Plus** and his fiberrich HerbalMucil Plus!

Additionally, Dr. Schulze included four more of his vitamin and mineral complexes, like his **Cruciferous** Protective / Nutrient-Dense Green Complex (with organic kale leaf, collard greens, Brussels sprouts and cabbage leaf), his **Antioxidant Berry Complex** (made with organic blueberries, blackberries, and

raspberries), his Omega-3 & Omega-6, High-Protein Seed & Nut Complex (made with organic flax seeds, chia seeds, walnuts, sunflower seeds, almonds, pine nuts, and pistachios) and his International Superfoods (a potent blend of both black and red maca root, with cacao bean and eleuthero root).

Just one serving of delicious SuperMeal, added to your blender with fresh, organic juice and pure water, will provide your cells with the essential nutrients they need for an entire day, leaving you full of energy and totally satisfied. Enjoy!

SuperFood PLUS

Why I Made This Formula

I designed SuperFood like all of my formulae in my clinic. It was my last-ditch effort to save my anemic and dying patients and bring them back to life. SuperFood did just that! I would make juice and blender drinks right in the kitchen, and add every herb and food that I knew would provide the most potent and powerful vitamins or minerals. My SuperFood was responsible for many of the miracles that happened in my now-famous clinic. A few years later, I started giving it to ALL of my patients.



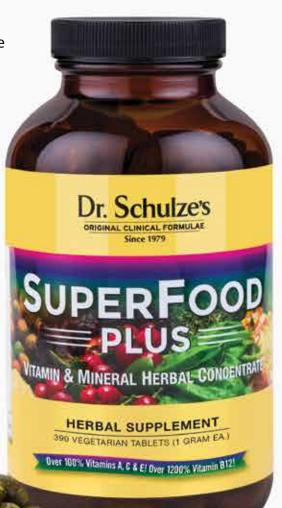
Benefits

EVERYTHING that your body wants to do and needs to do—not only to keep you alive and functioning, but to run and repair itself, and beyond that, to feel awesome—demands a constant supply of nutrition to be in your bloodstream. Without complete nutrition, it's the same old, same old, day after day, feeling blah and just surviving. SuperFood will change that. It will make you feel AWESOME! I don't want you to just survive. I want you to THRIVE! You need 100% of your daily vitamins just for survival, but SuperFood Plus gives you up to 500% of your daily vitamins! Be energetic. Be exceptional!

The Dr. Schulze Difference

Most nutritional products are nothing more than chemotherapy; man-made chemicals designed to try and mimic what scientists "think" are the important parts of food. I trust in God and nature. Instead of trying to copy it, I just use it. Mankind will never be smart enough to do that. Food and herbal nutrition is the kind of nutrition that your body recognizes, and more importantly, can assimilate and utilize. You don't need more chemicals in your body. You need more nature. You need SuperFood Plus. 100% of the ingredients in my SuperFood Plus are super-potent herbs and foods. No chemicals. No crap.

Just take it, and you will see and feel the real difference.

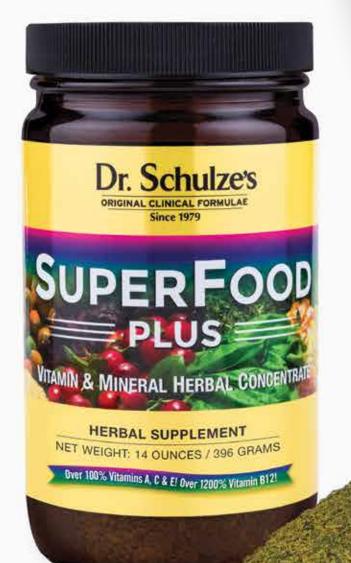


What Customers Report

- More ENERGY
- More Vitality
- Increased Health

How It Does This

It FLOODS your body and blood with natural & powerful Nutrition.



Customer Favorite!

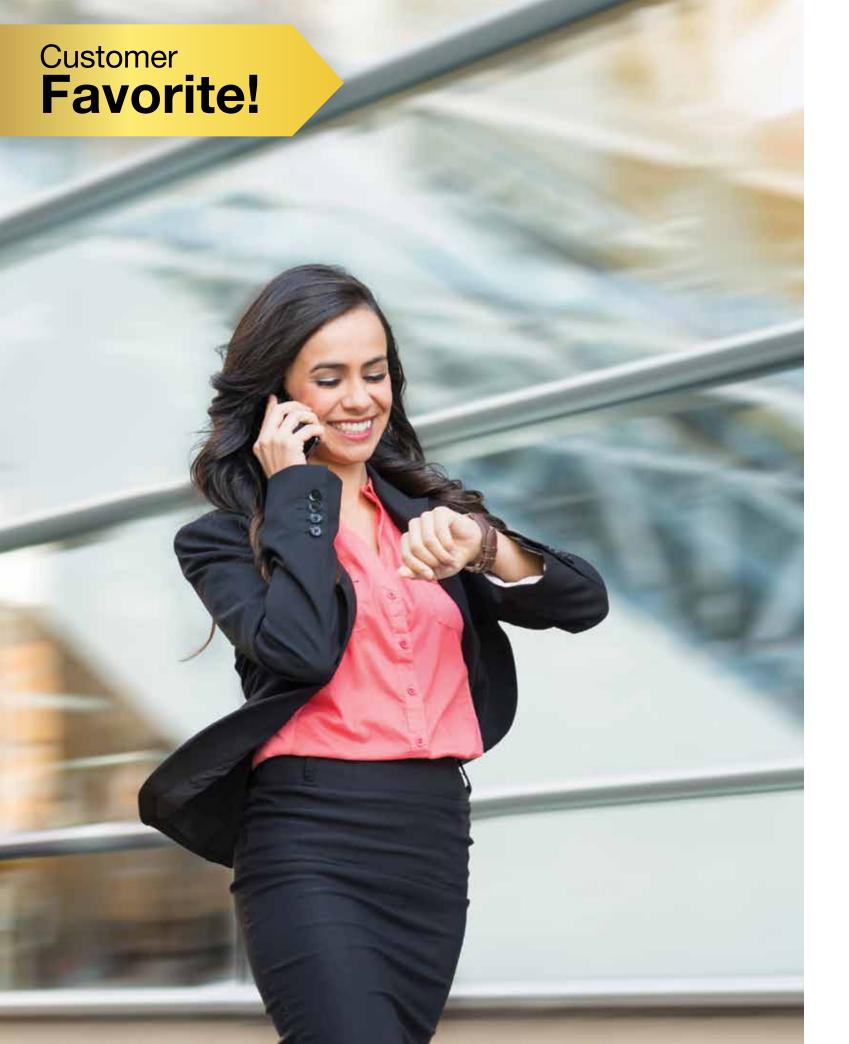
Brought Mom Back to Life!

"Your SuperFood has changed my life and saved my mother who will be 102 this summer. It literally brought her back to life. She'd been in bed for months. She was giving up and said she had no more energy left to live. I didn't know what to do, so I just started making her SuperFood every morning and afternoon. In less than three weeks she was up and puttering around the house and driving me crazy. Now she wants to go out all the time and the other day I refused to go out so she said: Well, then let me drive the car!"

- C.P. Portland, OR

What's In It?

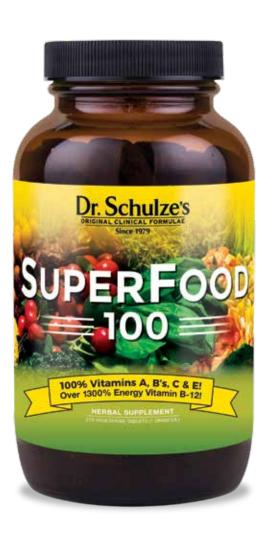
Non-Fermentable Saccharomyces Cerevisiae Yeast, Wild Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root and Organic Spinach Leaf.



Now My Whole Family Can Have Superfood

Your SuperFood Plus has given me a new life! My husband swears it has lowered his golf handicap. But my kids and parents wouldn't take your original formula, until your SuperFood-100 came along. God Bless You and THANK YOU!

- Elizabeth C., Tulsa, OK



Just 3 tablets a day and get 100% of your daily vitamin and mineral needs, with over 1300% RDI of your **ENERGY Vitamin B12! The** best "on-the-go" nutrition available!

What Customers Report

- Daily Nutrition
- Increased Energy
- Great For Travel & Office

How It Does This

Vegan, Herbal and Food **Nutrition that ASSIMILATES IN SECONDS**

What's In It?

Organic Acerola Cherry, Palm Fruit, Wild Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose

Hips, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable Saccharomyces Cerevisiae Yeast. Other Ingredients: Organic Rice to make tablets



PO BOX 9699 MARINA DEL REY, CA 90295

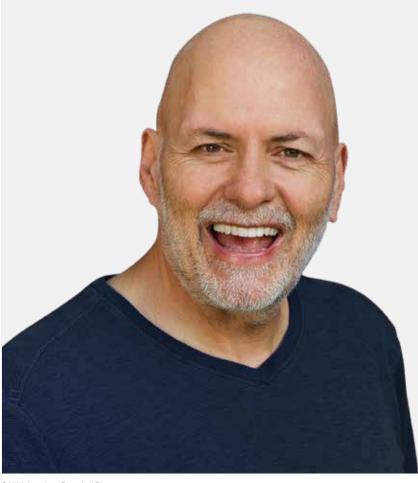
CONTACT US

1.800.HERB.DOC (437-2362) or visit <u>www.herbdoc.com</u>

RETAIL STORE

4114 GLENCOE AVENUE MARINA DEL REY, CA 90292





"I have never met someone who didn't need more nutrition."

- Dr. Schulze