

America's system of healthcare is really the opposite. It's a system of disease maintenance.

And instead of teaching health and prevention, hospitals are all based on surgical repair and emergency care. After all, this is where the real money is, not curing anything, but instead getting people into a lifelong addiction to numerous pharmaceutical drugs.

It's like a mountainous highway, with dangerous cliffs on all sides, but with no guardrails. So when you drive off the cliff, the ambulance takes you to the hospital, and the doctors do their expensive and risky life-saving work. My system is putting up the guardrails. It's a lot cheaper, a lot less painful, and a lot more fun. My system is called prevention: a sensible lifestyle and a little cleaning here and there and you can avoid all the trauma and drama.

We hear the word Prevention all the time. Well, the best Prevention is creating a life that is not **harmful to your body**—a lifestyle that promotes health, longevity like consuming Nutritious Healthy Food and Liquids, Daily Exercise and Flexibility and Movement, and a Positive Attitude and Focus on Happiness to name a few things. Add that to a program of routine DETOXIFICATION to clean out and tune up your elimination organs such as your Bowel, Liver, and

Doing a DETOX is simply a cleaning, flushing, scrubbing of, and protecting your internal organs—especially the elimination organs that are designed to keep your body clean.

In my clinic, I had to laugh at my patients because when it came to their cars, they did much better prevention than they did on their own bodies. They did all the regular servicing, they changed the oil and filter, the air filters, checked all the belts and hoses, did tune-ups, rotated tires, whatever. But with their own body, they did NOTHING. They expected a lifetime of service without ever doing any Preventative Maintenance. My patients took better care of their pets!

A DETOX is PREVENTATIVE MAINTENANCE.

Cleansing and Flushing old built-up waste out of your body will give you years more of trouble-free service. You will feel great, have tons more energy and best yet, prevent future problems and dis-eases.

"One of the greatest ways to prevent, and even heal disease, is to keep ahead of the game by periodically assisting our body in eliminating builtup toxic waste. That's a detox."

Why Detox?

A detox, or detoxification program, (also called a cleanse) is the process of extracting, neutralizing, and eliminating built-up waste, pharmaceutical drug residue, heavy metals, mucous, pus, fluids, toxic chemicals, poisons, or any harmful residues from your body. This waste can be in your fat, muscles, organs, cells, and even within the various spaces between organs within your body.

Where do the toxins come from?

First, simply being alive creates metabolic waste. Your body must continuously eliminate solid, liquid, and gaseous waste or you will get sick and die. Second, we adsorb many toxins and poisons every day from our food, air, and water as well as from drugs and toxins found in our environment.

Why should you consider a Detox?

The bottom line is that modern life and modern living has overloaded, overworked, polluted, irritated, inflamed, clogged, scarred, constipated, degenerated, and diseased all of your body's elimination organs and

This has caused a slowing-down effect of your body's elimination of toxic waste, causing it to be backed up, deposited, and even stored in your body, overworking and depressing your immune system, and lowering your disease resistance.

This unavoidable toxicity underscores the serious importance of regular and routine cleansing, detoxification, and toning of these precious elimination organs and systems.

When is it best to do a detox?

#1—For Prevention. Everyone who wants to maintain a healthy body needs to detox. Depending on the detox and your goals, once every three to four months is common.

#2—For Healing. If you are not feeling well, or if you have a diagnosed illness or disease, then begin detoxing immediately. Carefully evaluate your needs and decide upon a detox plan. Then, get going right away. You should consider my 30 Day Detox.

What will happen when you detox?

When your body gets clean and your elimination systems are cleaned, flushed, toned, strengthened and tuned-up, two things happen...

First, problems go away. There isn't any condition of the human body that isn't helped by getting cleaner and healthier.

By strengthening the systems that we already have, our bodies are better able to fight disease - existing or newly introduced as a matter of life.

No matter how far removed your problem may seem no matter how unrelated it may seem for simple detoxification—when you get clean and healthy your body will find that problem, get rid of it, and repair and heal itself. Period.

Second, you will have more energy. When your body removes toxins, poisons, waste, acids, and mucous from your body and from your organs, tissues, and cells, you will feel great and you will have a lot more energy.

Why? After detoxing, your body is clean, clear, and operates more efficiently. It uses fuel better, eliminates waste faster, and many blockages have been removed. Your immune system gets stronger and every internal organ benefits. All of this contributes to feeling great and having an abundance of energy.



Retained Waste

Our fiberless junk food diets, and lack of exercise, causes the average American to be 70,000 bowel movements SHORT in their lifetime! Do the math.

Most American high school health textbooks state that it is normal to have 3 or 4 bowel movements a week. Based on an average life span of 80 years (3.5 average bowel movements a week times 52 weeks times 80 years = 14,560 lifetime bowel movements.)

On the other hand, primitive people who eat simple diets high in fiber and no processed foods, and get plenty of exercise and have very low stress, have an average 3 bowel movements a day (3 bowel movements a day times 52 weeks times 80 years = 87,360 lifetime bowel movements.)

87,360 lifetime bowel movements for primitive people minus 14,560 lifetime bowel movements for

"My FIRST RULE with all of my patients was to get their bowel cleaned out. Then, the healing begins."

Americans shows that Americans are 72,800 bowel movements short over their lifetime compared to primitive people.

Now who would care except that **AMERICANS** HAVE THE HIGHEST INCIDENCE OF COLON-RECTAL DISEASE AND COLON-RECTAL CANCER OF ANY COUNTRY IN THE WORLD.

So obviously, what we teach our children about health in high school is really not normal, but a recipe for disease, cancer, colostomy bags, and death!

This blocked, dehydrated, encrusted, fecal matter is slowly poisoning us, infecting and rotting our bowel, causing inflammation, polyps, fissures, ulcers, tumors, cancer, and eventually killing us.

We are self-poisoning.

This is exactly how backed-up waste and blockage leads to major disease in the body. Without proper hydration, nutrition, and a thorough cleansing of the colon on a regular basis, every system of the body

The downsides of constipation are endless and infinite. You can have sickness, immune weakness, low energy, back problems, headaches, leg pain, menstrual irregularity, hormone imbalance, emotional problems, bad digestion, poor assimilation...and numerous other problems including herniation of intestine due to impaction and diverticulosis.

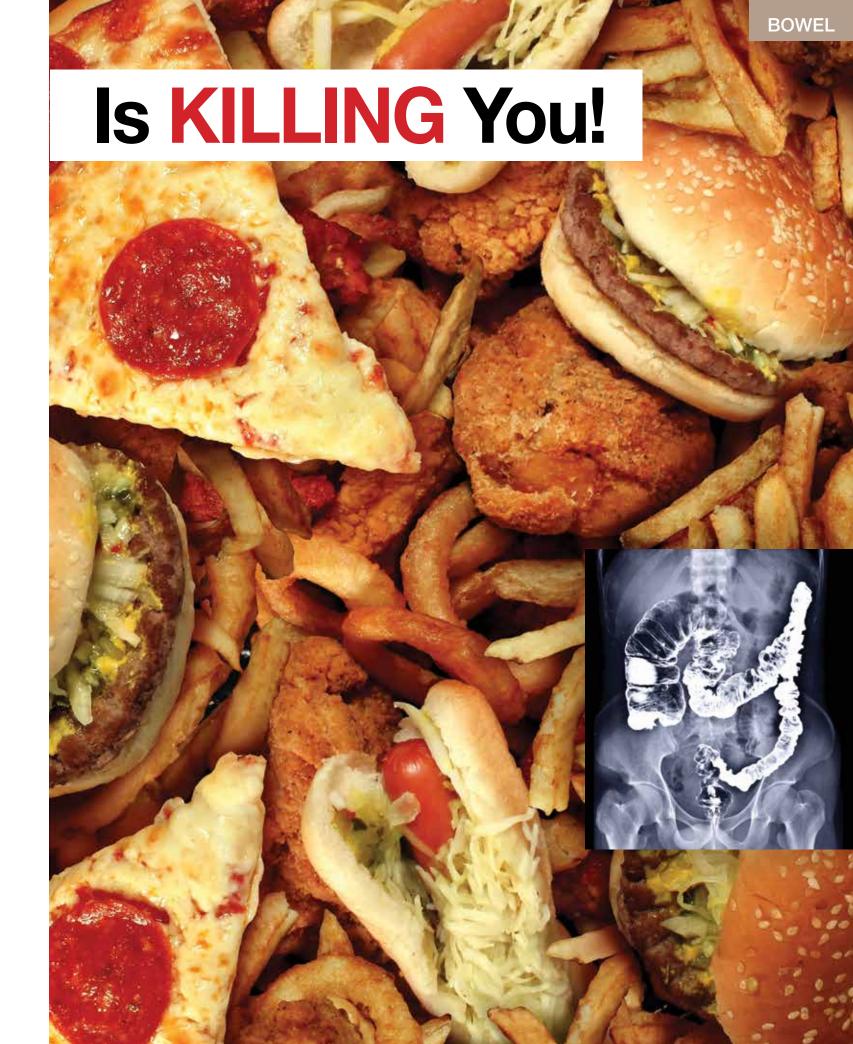
Modern medicine says that 100% of Americans, before they die, are going to have herniated intestines due to constipation. I saw hundreds of patients that developed cancer in the bowel simply because of constipation. Since all waste, toxins, and poisons that the body eliminates from all organs and systems eventually ends up in the bowel for elimination, cleaning out and keeping the bowel functioning means all the body's metabolic waste can get out of

In my clinic I saw every disease, every illness, no matter what it was, helped by cleaning out the bowel.

You may think that your problem is totally unrelated to your bowel, but let me tell you, the old Natural Healers knew it, and they were right... when you clean out your bowel, miracles can happen! This is why a seasonal Bowel Detox was MANDATORY in my clinic, and why 80% of my patients were completely healed after completing a thorough bowel detox program.

No matter how far removed the problem seems from the colon, no matter how ridiculous it may seem to do a bowel cleansing program instead of brain surgery, cleanse the bowel first and see what happens.

- Dr. Schulze



The POWER

Have you ever had any of these problems?

Abdominal discomfort, allergies, anxiety, asthma, backaches, constipation, cramps, depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, lack of sexual response, loss of concentration, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems, weight gain...

Your BOWEL is the LARGEST elimination organ in your body. It is the major way that waste gets out of your body. When your bowel is not working efficiently, your fecal waste is stored and eventually becomes

"The secret to creating powerful health is cleaning out your eliminating organs, and the best place to start is your bowel!"

- Dr. Schulze

dehydrated and compacted in your colon. Eventually, this waste turns to sludge and will poison you by being absorbed back into your body.

The fact of the matter is, our modern lifestyle has taken its toll on our digestive and elimination organs. Processed foods high in fat and low in fiber, animal fats high in cholesterol, a lack of exercise, increasing levels of toxic pollution, and increased stress all contribute to our current gastro-intestinal health crisis.

MY PATIENTS TAUGHT ME THE POWER OF COLON **CLEANSING**

Like any great egomaniac student in herbal college, I wanted to develop intricate and detailed herbal

formulas. These formulas would be difficult to make and could only be made from exotic and rare herbs found only in the Amazon rainforest or in the Himalayas. Also, these formulas would be extremely effective for treating specific problems. I was going to find the herbal cure for cancer!

Thank God my great teachers ingrained in me that before I could embark on any of my smart-bomb herbal fantasies, I had to get my patients on a good health program—first thing's first. I needed to get them to follow the basics for a month or two, the basics being what I now refer to as my Foundational Programs, the foundations of health: a good clean and wholesome food program, thorough bowel cleansing and detoxification, immune boosting, exercise, and positive emotional work. I knew that there was no replacement for these basics.

By doing so, I unknowingly destroyed my dream of creating fancy, disease-specific herbal formulas because about 80% of my patients GOT WELL just from good nutrition and bowel cleansing! That's right, in my clinic, 80% of my patients had the majority of their symptoms disappear and their problems retreated after completing my 5-Day BOWEL Detox program—regardless of what was wrong with them, and regardless of how long they had these issues. When I added my other foundational programs, over 90% got well with no specific treatment at all. So much for my trips to Tibet.

The absolute bottom line is this: hundreds of thousands of Americans are dying, because they are literally packed with old, festering fecal matter due to constipation. Many are not even aware of how backed up they are. Cleanse your bowel today and feel great. live longer and create powerful health. No matter how far removed the problem seems from your colon, cleanse the bowel first and see what happens.

Never, never underestimate the power of bowel cleansing.

- Dr. Schulze

of Bowel Cleansing



"The picture above is the large intestine (aka colon or bowel). It is highlighted in white from probably a barium x-ray procedure. In this x-ray you can see the beginning of the colon, the cecum and ascending colon are grossly expanded or herniated retaining fecal matter and sludge. This is happening because at the end of the bowel, (the descending and sigmoid colon) are so restricted that the fecal matter cannot get through and is literally backing up and expanding the previous parts of the colon. This leads to diverticulosis, diverticulitis, polyps, and eventually most likely colon-rectal cancer. Remember, according to medical texts, 100% of Americans will have some type of bowel disease by time they're in their senior years."

- Dr. Schulze

80% of my patients improved their health after doing this detox.

5-Day BOWEL Detox

- ✓ Powerfully PROMOTES regular, healthy, and complete bowel movements
- ✓ A POWERFUL intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues, and heavy metals
- ✓ Have a flatter stomach and feel CLEANER and LIGHTER than ever before

When the colon is impacted with extra waste, it swells putting pressure on (and sometimes even infecting) nearby blood vessels, nerves and organs.

If you want to start having regular, healthy, and complete bowel movements and easily clean out years of accumulated toxins, poisons and waste, this program is for YOU.

"This is the most effective clinical bowel cleansing program available anywhere!"

- Dr. Schulze



WHY it's so Effective at Improving Health

The first step in any health program is to cleanse and detoxify the bowel.

You must make sure it is working frequently and effectively and ensure all the old, toxic fecal material is out of the colon. Then you will enjoy an effective detoxification program, feel great while you're doing it, and get the most out of it.

We live in an age where we are exposed daily to literally thousands of chemical poisons in our air, water, and food, from chemical-laden junk food to common toxic household cleaners, to home and work environment poisons and heavy metal exposure. Even most toothpaste labels warn to call the Poison Control Center if you swallow any. All these exposures leave toxic residues lodged in your bowel. By cleansing your bowel, you can rest assured that these accumulated toxic residues won't stay inside you any longer.



BEST BOWEL CLEANSER!

"With all my stomach issues, I'm always looking for some help. I've been taking Dr. Schulze's because it's the BEST **BOWEL CLEANSE!**"

> - Ashley K., Temecula, CA (actual customer pictured)

BOWEL For ANYWHERE Ease

Designed to address the most common gastrointestinal complaints at home or when traveling, such as constipation, diarrhea, gastric upsets, and digestive disturbances.

Digestive & Intestinal Rescue Pack

- ✓ QUICKLY and EASILY removes dangerous micro-organisms and keeps them out of your body, stomach, and bloodstream.
- ✓ A POWERFUL one-day detox that **CAPTURES, NEUTRALIZES, and ELIMINATES** toxins in your bowel.



For Constipation: Take one or more capsule(s) of Intestinal Formula #1 with food.

For Diarrhea and foodborne issues: Take 10 capsules of Intestinal Formula #2 five times daily. You must drink a minimum of 16 oz of liquid with, or immediately, after each dose.

For Gastric Upsets, Nausea, Digestive **Disturbances, and Heartburn:**

Take 15 drops of Fresh Breath+ in 1 oz of water. Repeat as necessary.



For **FAST** Relief





One "SHOT" is all you need when you want to flush everything out of your entire gastrointestinal system by the following morning!

Bowel Flush "SHOT"

- ✓ Flush the digestive nightmare out of your bowel by morning!
- ✓ One "SHOT" is all you need!
- ✓ Promotes regular bowel movements.

The Senna and Cascara Segrada herbs make this a very strong formula designed to empty all the toxic food out of your bowel the very next morning and increase the muscular contractions.

It is loaded with Ginger Rhizome which helps drive everything in a downward direction from your mouth to your anus. It also contains Peppermint Spirits and Anise Seed, which will help relax the bowel and expel gas. Lastly, it contains my Herbal Anti-Parasite complex, consisting of Agrimony, Black Walnut, Cinchona (a famous herb from South America that contains quinine and protects you from the malaria parasite), Clove, Goldenseal, and Thyme.



Digestive Tonic

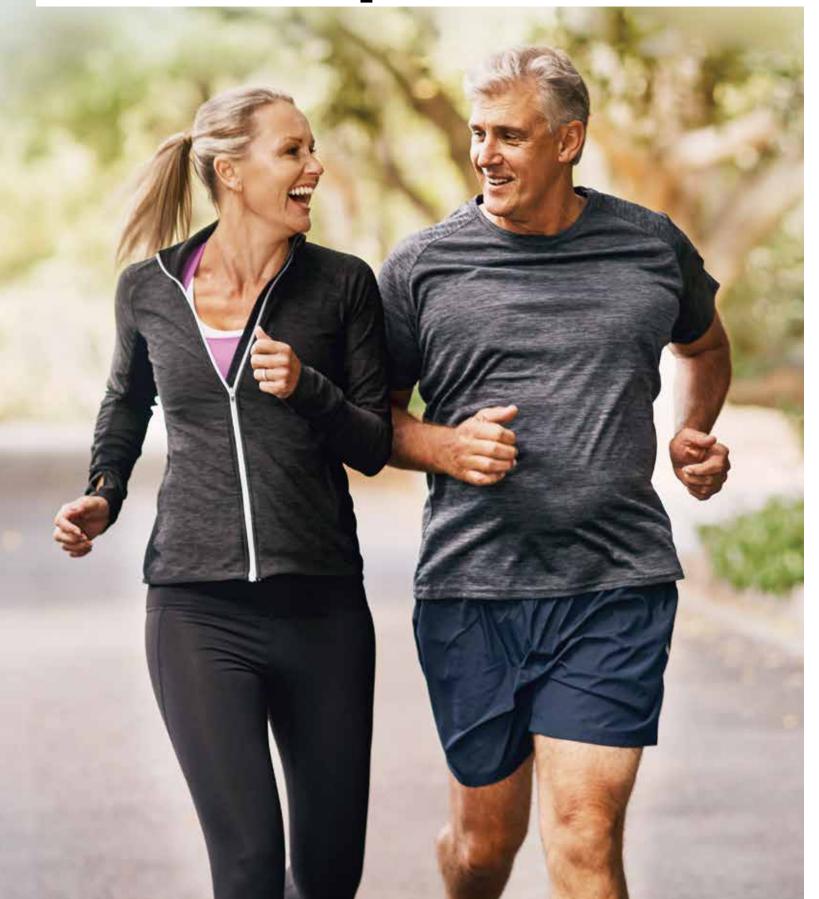
- ✓ Works FAST to soothe and calm. digestive disturbances.
- ✓ COMBATS gas, bloating, and nighttime digestive upsets.
- ✓ PROMOTES better digestion.



Fresh Breath+

15–30 drops in 1-oz water is a great remedy for any emergency digestive problem.

NEW Super Nutrition that Tastes Great!



The Ultimate Nutritional Drink

100% of your Vitamins Designed to add to your favorite drink



NEW SuperFood 100 Powder

- √ 100% of your Vitamins
- ✓ From only Fruits, Vegetables & Herbs!
- ✓ Designed to add to your favorite beverage
- ✓ Shake, drink, and enjoy your life!

The Ultimate Healthy Snack!



NEW Cacao Crunch **Bites**

- √ 600% of your ENERGY Vitamin **B12**
- √ 50% of your Vitamin C
- ✓ NO Gluten, NO Soy, NO GMOs, NO Trans-Fat, and NO Junk



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The average American stores 10 to 12 pounds of fecal waste in their bowel.

This excess bowel waste presses against your internal organs, causing 1,000 different problems.

Get the retained waste out now!

