

# Dr. Schulze's

OCTOBER 2020 **SPECIAL REPORT**



# Super- Immunity!

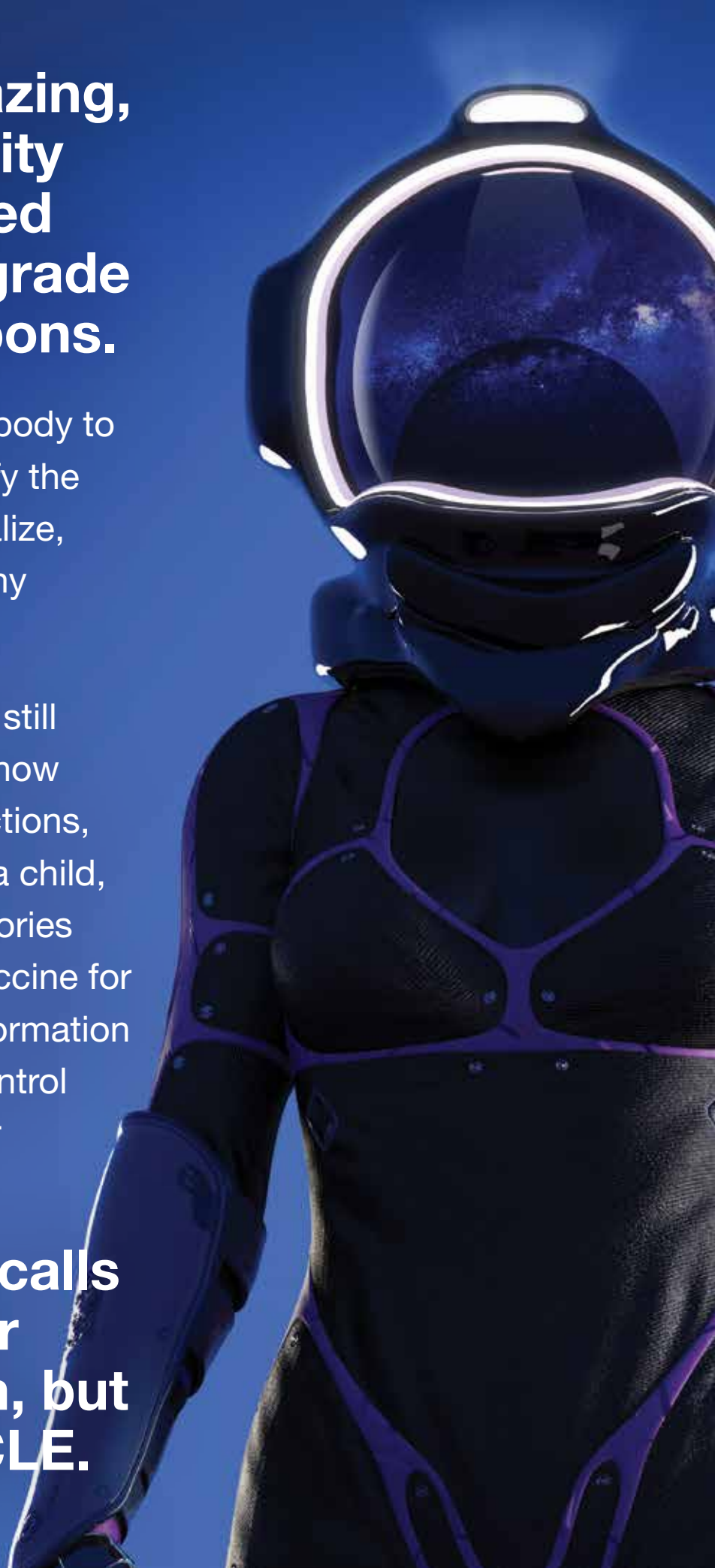
*See Inside  
for How to  
Build it...*

Imagine an amazing, high-tech security system combined with a military-grade arsenal of weapons.

It is all set-up inside your body to do surveillance and identify the bad guys, and then neutralize, poison, destroy, and kill any harmful invaders it finds.

It has a memory so vast it still stores the information on how to fight the diseases, infections, and influenza you had as a child, while its high-tech laboratories are already making the vaccine for COVID-19. It even has information the Center for Disease Control won't discover for another decade.

**Science simply calls this system your Immune System, but I call it a MIRACLE.**



# Your **Amazing** **IMMUNE SYSTEM**

by Dr. Schulze

## **Digestive Immune System**

From the beginning to the end of your digestive tract, you have immune SURVEILLANCE CHECKPOINTS from your mouth to your large intestine.

These checkpoints are there to check the air you breathe and the food traveling through your digestive tract. If they detect anything that can hurt you (bacteria, virus, parasites, pathogenic microorganisms), they sound the immune alarm, bringing immune cells and immune chemicals to the rescue.

Multiple sets of Tonsils in your mouth and throat, the Peyer's Patches in your small intestine, and your Appendix in your large intestine—these are the three main security checkpoints from the beginning to the end of your digestive/elimination tract. When they detect any intrusion, they spring into action, triggering a complex and lethal immune response.

### **Tonsils**

Long mistaken by medical doctors as a useless organ, and even surgically removed in children, the tonsils are now recognized as a competent and essential part of your immune response system. They are loaded with immune T-Cells,

B-Cells, and potent immune chemicals, and their location puts them as the first line of defense against any harmful invader that you might inhale by breathing or ingesting in your food. It has even been discovered that the tonsils can synthesize the antibody for Poliomyelitis or Polio; in fact, the tonsils may be the ONLY place in your body that can do this. This fact may explain how ignorant surgeons removing tonsils left children defenseless against the paralyzing Poliovirus. This information underscores the importance of the tonsils in maintaining your immunity and makes surgically performing tonsillectomies barbaric and insane.

### **Peyer's Patches**

Located in your small intestine, these lymph nodes are saturated with immune T-Cells and B-Cells, which not only directly kill harmful disease-causing germs in your digestive tract, but also mediate an entire immune response whenever germs are detected.

### **Appendix**

Like the Tonsils, long thought by medical doctors as another useless organ of the human body (how egotistical), the Appendix is now recognized as an immune aggregation. Its perfect position at the very beginning of the large intestine means it can detect disease-causing microorganisms when they enter your bowel. It can then neutralize them and, if necessary, initiate an immune response telling your spleen and other organs to release more immune cells.

# Organ Immune System

Numerous organs within the human body are also important parts of your immune system.

Your **Bone Marrow**, the “factory” that manufactures and churns out millions of blood cells, many of which are educated and become immune cells.

The **Thymus** is now known to be the “university” where your various T-Cells are educated. We don’t know enough yet to figure out where your B-Cells are educated (we’ve figured it out in birds but not in humans).

The **Liver** and the **Spleen** are “storage” areas for large masses of immune cells and chemicals. In these organs, the immune cells and chemicals also interact, communicate, and share vital information.

# Cellular Immune System

**Immune T-Cells**, born in the bone marrow and educated in the Thymus (hence T-Cell), are divided into various groups, mainly TCD4+ and TCD8+ cells.

The **T4’s** are considered HELPER and COMMUNICATOR cells. Whenever they come into contact with an invading microorganism, they communicate vital information about the invader back to the rest of your immune system. This information is used for a diverse counter-attack from simply sounding the alarm to sending out more killing immune cells, to telling the B-cells vital information they need to make specific poisons

to neutralize and kill the invaders. Some **T-Cells (like the TH17)** produce immune chemicals, like Interleukin, and secrete these chemicals into your bloodstream. After they meet invaders, they excrete chemicals that announce an invasion, sound the alarm, recruit and activate additional T-Cells, and even create a fever (see insert).

**T-8 cells** are often called Cytotoxic or Killer T-Cells. They are assassins more than communicators. T-8 cells kill harmful microorganisms on contact. Additionally, new T-Cells are being identified all the time.

**Interferon** is another chemical released by your immune system. Interferon Type I mediates an anti-viral immune response while Interferon Type II mediates an anti-bacterial immune response.

You also have **Regulator T-Cells** that are like referees and can speed up or slow down the immune response based on critical information on how the battle is going. You don’t want to slow down the immune system response to the invading microorganisms too soon before they are sufficiently destroyed, nor do you want to keep fighting after the invader is eliminated.


**Macrophages**, the largest of all the immune cells, devour anything and everything that can hurt you. They are like internal leeches combined with garbage trucks, hence the name (Macro=Big / Phage=Eater).

**B-Cells** are very sophisticated lethal immune weapons. After sharing information with your

other immune cells, B-Cells use five different types of **immunoglobulins** on their surface to synthesize particular poisons to kill the specific virus, bacteria, fungus, antigens, pathogens, microbes, etc. They are the chemical warfare cells of your immune system.

for immune cells and immune chemicals to travel around your body. You could consider this to be similar to your circulatory system, except it doesn’t have a pump like your heart. Instead, lymphatic fluid is moved around your body by deep breathing, exercise, massage, skin brushing, etc.

*Sometimes referred to as Leucotaxis, a fever is a direct response by your immune system. For every degree of temperature rise in your body, the speed at which your white blood cells can travel and get to the infection is DOUBLED! This means, if you run a fever of 104-degrees, your immune cells are now traveling 64 times faster than usual. Consequently, reducing your fever will help the harmful invaders to spread by slowing down your immune response.*



# Finally, Immunity and your Emotional Dialog

**Neuropeptides** are chemicals created by your brain cells in response to various thoughts you are having. It has now been discovered that your immune cells, your T-Cells, and B-Cells have specific receptors on their surface for the neuropeptides created by your thoughts. There are numerous medical and scientific articles discussing **how your body’s “internal conversation” directly affects your immune system.**

It is also known that when your neuropeptides lock on to your immune cell receptor sites, they can turn-on, turn-off, speed-up, or slow down your immune system. **It is now known that your immune system is listening to—and reacting to—your emotional dialog!**

As science progresses, it becomes more and more clear that a “body-mind-spirit” connection is happening with everything going on inside your body. How silly to think of ourselves, our anatomy, physiology, and every system in our bodies as disconnected separate systems, instead of one big organic machine with everything affecting EVERYTHING!

**Neutrophils, Basophils, Eosinophils, and Mast Cells** are your granulocyte immune cells. A very different type of immune cell is designed to deal with Bacteria, Parasites, and Immune and Allergic responses.

# Lymphatic Circulatory System

The Lymphatic system is the circulatory system for immune response. It is a series of pathways, with ducts, nodes, and nodules along these pathways,



## Don't Get Mad At Me!

In March of this year, I reported that Coronavirus would kill the weak—as diseases always do—the elderly and people with pre-existing conditions and weak immunity. This is Nature's way of house cleaning. When I said this, some people got really mad at me. But Nature is NOT Politically Correct! It doesn't give a shit!

The bottom line is that Nature promotes stronger and stronger future generations to strengthen the gene pool. Whether it be grains, fruit, or people, NATURE WEEDS OUT THE WEAK. You can call Nature cruel, but it isn't listening. It can't hear you. It doesn't care.

So, your best defense is creating a strong offense. You must start by building a powerful and supercharged immune system.

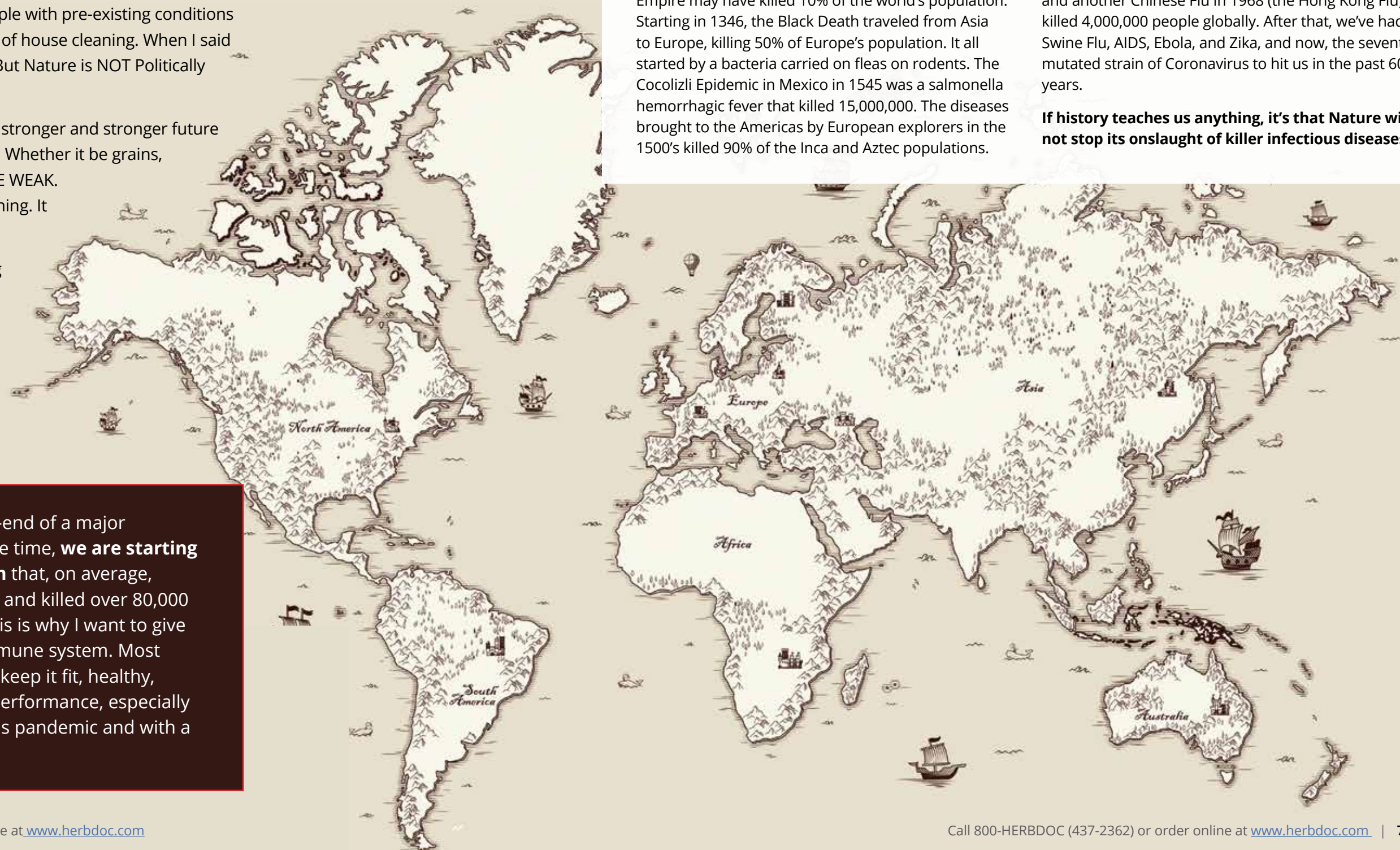
Friends, we are maybe at the tail-end of a major worldwide pandemic. At the same time, **we are starting our 2020–2021 influenza season** that, on average, kills 52,000 Americans each year, and killed over 80,000 Americans just two years ago. This is why I want to give you a little education on your immune system. Most importantly, I'll show you how to keep it fit, healthy, energized, and running at peak performance, especially right now, during this Coronavirus pandemic and with a new flu season already starting.

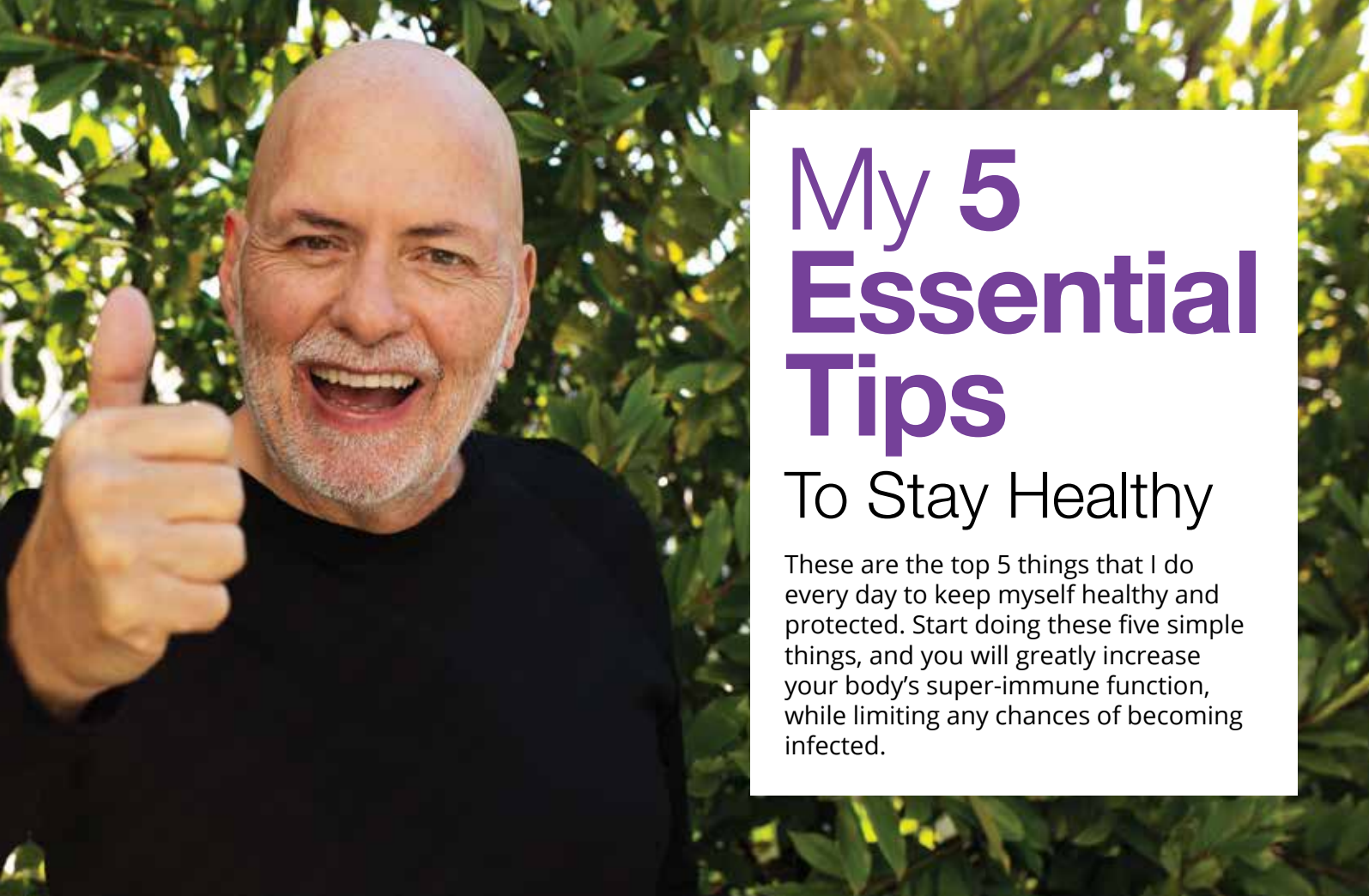
## Plagues, Epidemics, and Pandemics Have Been Slaughtering Millions Since The Beginning Of Recorded History.

The first two known disease epidemics wiped out whole villages in China over 5,000 years ago. Since then, plagues have hit ancient Athens in 430BC, killing 100,000. The Antonine Plague, which lasted 15 years, from 165 to 180, killed 5,000,000. The 21-year-long Cyprian Plague, from 250 to 271, killed 5,000 people a day. The Justinian (Bubonic) Plague of the Byzantine Empire may have killed 10% of the world's population. Starting in 1346, the Black Death traveled from Asia to Europe, killing 50% of Europe's population. It all started by a bacteria carried on fleas on rodents. The Cocolizli Epidemic in Mexico in 1545 was a salmonella hemorrhagic fever that killed 15,000,000. The diseases brought to the Americas by European explorers in the 1500's killed 90% of the Inca and Aztec populations.

Then came the great plague of London in 1665-1666, the Russian Plague of 1770, yellow fever in Philadelphia in 1793, the Russian Flu of 1889, polio in America in 1916, and then, from 1918 to 1920, the Spanish Flu, which infected 500,000,000 people! After that, the 1957 Asian Flu, which I got as a child, almost killed me. Then, another Chinese flu killed 1,100,000 people worldwide, and another Chinese Flu in 1968 (the Hong Kong Flu) killed 4,000,000 people globally. After that, we've had Swine Flu, AIDS, Ebola, and Zika, and now, the seventh mutated strain of Coronavirus to hit us in the past 60 years.

**If history teaches us anything, it's that Nature will not stop its onslaught of killer infectious diseases.**





# My 5 Essential Tips

## To Stay Healthy

These are the top 5 things that I do every day to keep myself healthy and protected. Start doing these five simple things, and you will greatly increase your body's super-immune function, while limiting any chances of becoming infected.



### #1: Wash your hands with hot water and soap 10 times a day!

Viruses live on surfaces, and when you touch these surfaces, you come in direct contact with the person who had the virus. Washing your hands with hot water and soap removes the bacteria and virus. So, especially when you're out and about, every chance you get, wash your hands. When you go into a public bathroom, wash your hands with hot water and soap. When you get home, wash your hands with hot water and soap. Do this ten times a day!



### #2: Keep your hands away from your face, especially your nose, your mouth, and your eyes!

If your hands come in contact with any bacteria or virus—and you don't get a chance to wash your hands and disinfect them—when you touch these entrances to your body, like your eyes, nose, or mouth, you infect yourself immediately. So, keep your fingers out of your eyes and mouth, and keep your booger finger out of your nose! If you would wash your hands and do those two things, chances are greatly improved that you won't infect yourself.

### #3: Carry a great hand sanitizer with you everywhere you go, especially over the next few months!

Make sure it's at least 60% alcohol, or, better yet, over 70% alcohol, which immediately kills bacteria and the influenza virus. And, find an organic, natural, and herbal one that won't dry out your skin.



### #4: Start consuming fresh, raw, organic garlic!

Garlic is a natural antibiotic. It kills both gram-positive and gram-negative bacteria, making it a **broad-spectrum antibiotic**. It also is a very positive **antiviral** that kills viruses on contact, plus it's a powerful **antifungal**. Garlic destroys just about any microorganism and pathogen that can harm you. But, at the same time—unlike indiscriminate antibiotics—garlic does not destroy your intestinal flora (the good, friendly bacteria that your body needs.) So, increase your intake of garlic. And, if anyone is sick around you, start chewing the raw cloves, and chopping it up raw to add to your food.



### #5: Avoid sick people like the plague!

I've been saying this for 40 years. If you see anyone coughing or sneezing, get away from them or tell them to get away from you! I make a habit, 365 days a year, to avoid physically, emotionally, and even spiritually toxic people. I just want to hang out with people that are healthy, fun, positive, happy, loving, and blissed out. Call me a snob, but I've always social distanced, long before that name was politically correct. I surround myself with healthy and happy people, and steer clear of the rest. Like I said, I've been preaching this for 40 years, and I know it's a politically correct term now to say "social distancing," but whatever you wanna call it, I preach it, and I take it quite a few steps further than six feet.



## BONUS STEPS!

In addition, be sure you are getting daily exercise, eat more organic super-nutritious food, and take your SuperMeal or SuperFood Plus every day to guarantee you have an abundance of all your needed nutrients in your blood. Get as much fresh air as possible and get some sunlight every day.

See the next few pages for my potent herbal formulas to protect you and your loved ones. Start building powerful super-immunity this coming fall, winter, and spring. We're gonna survive it, my friends!

— Dr. Schulze



# SUPER-IMMUNITY

Dr. Schulze's C&F Herbal "SHOT" is the **ULTIMATE** because it's packed with more herbs than anyone else would ever put in one bottle! All you have to do is open the cap, drink it straight out of the bottle, gargle, swallow it. Nothing could be easier, simpler, faster...and more potent.

## What's in it?

Botanical Ingredients include Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, and enough organic.

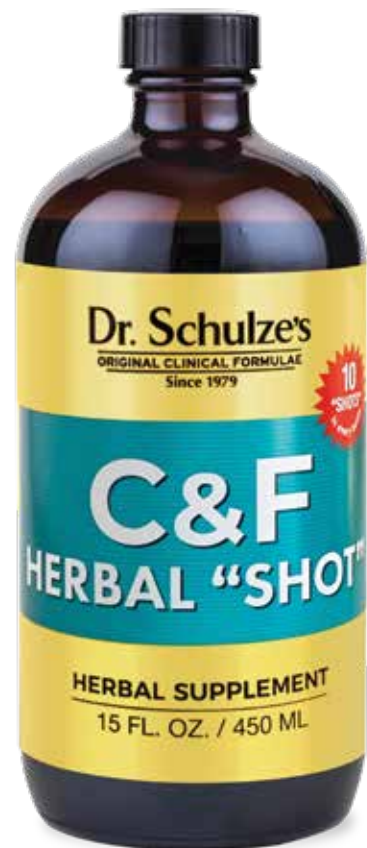
Acerola Cherry to give you an assailable blast of natural Vitamin-C (actually 1,000%—10 times—your Recommended Daily Intake).

## What's NOT in it?

This formula is made using only the most potent organic and wild-harvested herbs, with no chemicals, no sugars and no junk.

## DON'T WAIT!

At the first sign of that "uh-oh" feeling, take action! Don't wait and don't try to "sleep it off." Keep Dr. Schulze's C&F Herbal "SHOT" on-hand this winter to get a heroic dose of herbs immediately, the moment you need it. Use two, three or up to six "shots" a day—whatever it takes to get you back on track!



C&F Herbal "10-SHOT"



C&F Herbal "SHOT" (6-pack)

# SUPERCHARGER!

## Dr. Schulze's Defender Drink

The easiest, most delicious way to boost immunity!

### Dr. Schulze's Defender Recipe

In a Blender add:

**1 C&F HERBAL "SHOT"**  
Pour it in to get a clinically extreme dose of my immune-boosting Echinacea Blend, SuperTonic, 1,000% of your Vitamin-C Complex, and over a dozen additional immune boosting herbs.

### **SUPER-C PLUS, 1 LEVEL TEASPOON**

This is a double dose, giving you an additional 1,000% of your RDA of Vitamin-C. You're now at 2,000% not including the fresh fruit!

### **8 OUNCES OF ANY JUICE**

Mixed fresh citrus is best, and a touch of lemon or lime is awesome.

### **1/2 CUP OF ANY FRUIT**

Strawberries, Blackberries, Raspberries, Blueberries are readily available, make it taste great, and add even more Vitamin-C. All fruits contain natural Vitamin-C.

### **4 OUNCES PURE WATER OR ICE CUBES**

This can be more or less depending on your taste. Ice cubes will cool this drink to soothe sore throats.



# For Effective Cleaning



# For Immune Support



Now in **new, larger size to refill the spray bottles** in your home, car, and office.



Hand Clean (2-oz)

Hand Clean (8-oz refill)

## Organic Hand Clean

- ✓ **Over 70% Organic Botanical Ethyl Alcohol**
- ✓ **Exceeds government standards for cleaning agents**
- ✓ **100% Organic essential oils to moisturize your hands**

### GIVES ME PEACE OF MIND!

During this crazy COVID-19 pandemic, the stores in my area are depleted of hand sanitizers. I was thrilled to see Dr. Schulze's organic Hand Clean spray. I bought two so I could give my daughter one. It smells so good and makes my hands soft too. I use it to spray on doorknobs/handles too. Knowing it cleans without harsh chemicals gives me peace of mind. Thank you, Dr. Schulze!

— Wendy J. (via our website)



A 100% essential oil blend to **support immune response.**

## HERBAL SHIELD

- ✓ **EXTERNAL Protection!**
- ✓ **EASY to apply roller ball dispenser!**
- ✓ **TAKE it with you everywhere!**

### SUGGESTED DIRECTIONS / DOSAGE

Wash hands with soap and hot water. Apply a few drops of Herbal Shield to a cotton swab or your fingers and then coat the entire inside of each nostril. Also apply to opening of nostril, upper lip, lips, chest, and any opening to your nose and mouth. FOR EXTERNAL USE ONLY.

# More Powerful Products

To Stay Healthy All Winter Long!

## ECHINACEA PLUS

Strengthens your immune system by increasing the number of immune cells and immune chemicals in your body and bloodstream.

**BOTANICAL INGREDIENTS:** Wild Harvested Echinacea Angustifolia Root, Organic Echinacea Purpurea Seed, Organic Fresh Garlic Bulb, Wild Harvested Fresh Habanero Pepper and Juice



## SUPER TONIC

Starts working immediately to naturally support clear sinuses and lungs, especially during winter months.

**BOTANICAL INGREDIENTS:** Organic Garlic Bulb, Organic White Onion, Organic Hawaiian Yellow Ginger Root, Horseradish Root, Wild Harvested Fresh Habanero Pepper



## LUNG TONIC

Promotes clearer breathing by opening up respiratory passageways, and supports the body's need to cleanse through coughing.

**BOTANICAL INGREDIENTS:** Organic Lobelia Leaf and Seed, Organic Elecampane Root, Wild Harvested Coltsfoot Leaf, Wild Harvested Horehound Leaf, Organic Licorice Root, Wild Harvested Kola Nut, Organic Coffee Bean, Wild Harvested Cherry Bark, Organic Thyme Leaf, Organic Fennel Seed, Organic Peppermint Leaf and Essential Oil



## THROAT & TONSIL SPRAY

Soothing and cooling throat spray that strengthens your natural immune defenses, especially during winter months.

**BOTANICAL INGREDIENTS:** Wild Harvested Echinacea Angustifolia Root, Organic Echinacea Purpurea Seed, Organic Peppermint Leaf and Essential Oil, Organic Garlic Bulb, Wild Harvested Habanero Pepper



## CHILDREN'S ECHINACEA

Keeps kids healthy and strong by strengthening their natural immune defenses. Tastes great, too.

**BOTANICAL INGREDIENTS:** Wild Harvested Echinacea Angustifolia Root, Organic Echinacea Purpurea Seed with California Fig and Tangerine Oil

## AIR DETOX

Delightful eucalyptus/citrus scent to lift the spirits, clear the mind, and cleanse the air.

**BOTANICAL INGREDIENTS:** 100% pure essential oils of Eucalyptus, Grapefruit, Lime, Lemon and Orange



## DAILY ORAL THERAPY

Removes trapped food particles while cleaning your teeth, gums and tonsils. Prevents build-up of plaque and freshens breath.

**BOTANICAL INGREDIENTS:** Organic Echinacea Angustifolia Root, Organic Peppermint Leaf, Organic Peppermint spirits, Organic Cinnamon Bark, Wild Harvested Bayberry Root Bark, Organic Echinacea Purpurea Seed, Organic Thyme Leaf, Wild Harvested White Oak Bark, Organic Clove Bud, Organic Tea Tree Leaf, Organic Licorice Root, Wintergreen Oil, Organic Habanero Pepper, Organic Garlic Bulb



## FRESH BREATH PLUS

Contains concentrated extracts of Peppermint oil, Clove oil, Licorice, and a very small amount of Agave Cactus. The result is an extremely powerful breath freshener anyone can use.

**BOTANICAL INGREDIENTS:** Organic Peppermint Leaf and Organic Essential oils, Botanical menthol, Organic Licorice Root, Organic Clove Bud





# Dr. Schulze's

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