



Dr. Schulze's **Famous**

# Potassium Broth Recipe

My broth will flush you out and build you up. **Start it now!**

This is a great-tasting addition to your cleansing program. It will flush your system of toxins, acid and mucous, while giving you concentrated amounts of minerals.

Use only organic vegetables! We do not want to consume any toxic, immune suppressive insecticides, pesticides or inorganic chemical fertilizers while we are on a detoxification program.

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- Fill a large pot with peelings of five potatoes, peelings of five carrots, five whole chopped beets, two chopped whole onions, five cloves of garlic, five stalks of whole chopped celery and the remaining dark beet greens.
  - Add hot peppers to taste.
  - Add enough distilled water to just cover vegetables and simmer on very low temperature for 1-4 hours.
  - Strain and drink only the broth.
  - Make enough for two days, and refrigerate the leftover broth.
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