

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

MARCH 2025 SPECIAL REPORT

How Much Backed Up Waste Are You Holding Inside?

IT'S A LOT!

Back Pain

Mood Swings

Headaches

Poor Circulation

Prostate Swelling

Emotional Struggles

Blood Sugar Spikes

Breathing Disorders

Menstrual Irregularity

Digestive Upsets

Hormone Imbalances

Gas & Indigestion

Brain Fog

Nerve Pain

Retained Fecal Waste is directly connected to so many seemingly unrelated health problems.

READ INSIDE!



A Message from Dr. Schulze...March 2025

I Don't Have A Bowel Fetish

Really, I don't! But I did have bowel problems growing up. Probably because all I ever ate in my German household was meat, eggs, milk, and dairy, ALL coming from something that had a face, ALL animal-based food, ALL of which has ZERO Fiber.

I remember having my once-a-week bowel movement, squeezing it out usually on the weekend, and it was hard as a rock. I never needed to wipe, and my Dad said that was good "like wrapped in cellophane" he would exclaim.

So early on in my herbal studies I created a bowel formula for myself, and after many revisions it helped me to have daily Bowel Movements. I took it for 12 years and after that amount of time a miracle happened, I didn't need to take it anymore. By radically changing what I ate from only animal to a high fiber food program of only Fruits, Vegetables, Nuts, Seeds and Grains, exercising daily, fixing my negative emotional habits and taking my herbal bowel formula and many other things, my bowel healed and rebuilt itself. And I was now having one bowel movement for every major meal I ate. Usually, two a day! A MIRACLE!

Bowel Horror Stories!

When I first started my practice as a doctor, I was shocked to discover that almost all my patients had some digestive or elimination problems. Most of

them did not have a fully functional bowel and were constipated from one degree to another. My clinic being in Hollywood and Malibu, I worked with a lot of models, who often had one bowel movement every 28 days with their period. I had many constipated patients, some severely, one woman who had only three bowel movements in her entire pregnancy, one per trimester.

One of my patients came to see me. Her daughter had horrible constipation. Finally, the medical doctors talked her into having a colostomy, a removal of her bowel at the young age of 15. They said it was a pretty simple surgery, but the reality of gluing a plastic bag to your lower abdomen and carrying a bag of liquid shit around with you at school got her very depressed. Her mother, trying to lift her spirits, suggested a sweet 16 party for her and her friends and bought her a new party dress. At the party, she was dancing with a boy she had a crush on and the bag came unglued and liquid fecal matter spilled all over her new dress and her boyfriend. As you can imagine, she became hysterical. Her mom cleaned her up and put her to bed sobbing. When the mom went into her daughter's room the next morning, her daughter had hung herself...hmmmm, simple surgery.

I vowed from that day forward to get the information out to as many people as possible. Just a few pennies worth of herbs and I could have got her daughter's bowel working and saved her life. Never again on my watch!

Who Gives A Shit? Obviously Not Americans! Over 60,000 Lifetime Bowel Movements Short!

Most high school health science books say it is normal for people to have three to four bowel movements a week. At the same time, America has the highest amount of colon-rectal cancer of any country in the world. So you would think some doctors would look at this and think maybe what we think is normal, is actually not correct.

In my extensive travels around the world, I noticed something unusual and very different. Primitive people, who got plenty of exercise, and ate high fiber food programs, not meat-based diets, but ate a lot of plant food, had two to three bowel movements a DAY, WOW!!!!

So I mathematically calculated this out.

With the average lifespan being around 80, even though in America we spend more money on medical care (disease maintenance) than any other country in the world, yet don't even come into the top 25 countries for longevity...Back to 80.

Americans average 2.5 bowel movements a week x 52 weeks in a year (130) per year x 80 years life expectancy = 10,400 lifetime bowel movements.

On the other hand, primitive people averaged 2.5 bowel movements a DAY on average x 7 days = 17.5 per week x 52 weeks (910 per year) x 80 years life expectancy = 72,800 lifetime bowel movements!

How Can So Many Seemingly Unrelated Health Problems Be Caused By Constipation?

Early on in my clinical days, I had a woman in her thirties with severe, debilitating lower back pain. She had been to numerous medial doctors, **still in pain**. She tried chiropractic and osteopathy, **still in pain**, yoga, **still in pain**, Acupuncture, **still in pain**, hypnosis, **still in pain** and even herbal practitioners who gave her herbs for pain, **STILL IN PAIN!!!**

One of the first questions I asked was, "How often do you have a bowel movement?" She said she was normal, and I said great, how often and she said, you know like everyone else, and I said how often, give me a number and she shouted at me I'M REGULAR. Well, 15 minutes later, she told be she goes once or twice a week!

I gave her my Intestinal Formula #1 and within a week all of her back pain was gone and I never directly addressed or dealt with her back. Not only does this show how doctors try to ease the pain and look at her back, EVEN THE HERBAL DOCTORS, but nobody addressed the root cause of her back pain which was a swollen, engorged, constipated colon, retaining pounds and pounds of shit and was physically pressing on the nerves of her lower back, inflaming them and causing excruciating pain.

If you want to hear more poop horror stories you can read my book. Scan the QR code below.



The bowel is the biggest organ in the human body. When it is impacted, constipated, bloated, swollen, it can put pressure even crush nearby organs from the uterus, fallopian tubes, prostate, stomach, liver, pancreas, lungs, heart, the list is long. And the backed-up poisons can get into your body and affect and infect every single organ in your body.

Over the next few decades in my clinic, I started EVERY PATIENT on my Intestinal Formula #1, (and SuperFood) because the large intestine is the biggest elimination organ in the body. To my surprise, and to the patients surprise, 80% OF MY PATIENTS WERE WELL AFTER A FEW WEEKS JUST BY BOWEL CLEANSING AND NUTRITION!

I always say that my patients taught me 95% of what I know, and this is why!

I Have 9 Bowel Formulae For You To Choose From For Any Digestive Or Elimination Complaint.

Starting with your stomach and digestion, I have my Fresh Breath+, which can solve any digestive problem, and my Digestive Tonic and Digestive "SHOT"—both lifesavers for any and all digestive complaints.

For constipation, I have my Intestinal Formula #1 and my Intestinal Formula #1 Maximum Strength, and for the younger ones, my Intestinal Formula #3.

My Intestinal Formula #2 is an intestinal and colon vacuum and also part of my 5-Day Bowel Detox program.

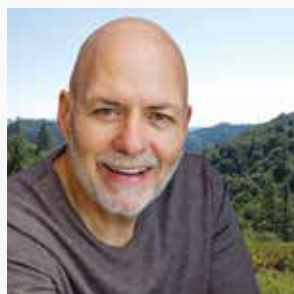
My HerbalMucil PLUS is pure fiber, but with none of the sugars, sweeteners, artificial colors, or crap that is in other 'mucil' products.

My Bowel Flush "SHOT" will FLUSH everything out of your digestive and elimination tract by the morning. **Nine** powerful herbal formulae to solve any and all digestive and elimination complaints!

Friends, you can't have sweet thoughts on a sour stomach. You cannot expect to feel great, or your health problems to go away, while you are retaining and carrying around pounds of old, toxic, poisonous fecal matter. GET CLEAN and watch the Miracles Happen!!!

Dr. Schulze

Why UnBlock?



Your colon is so big that it is connected to, touches, or is in the vicinity of, every major organ in your body, except your brain. It also touches most of your blood vessels and nerves.

Constipation causes the colon to swell and when this happens, it can compress the lungs, heart, liver, gallbladder, pancreas, kidneys, adrenals, uterus or prostate. A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems.

A sluggish, swollen bowel can compress a nearby area, causing disease and infection in any area of the body. This explains why 80% of my patients who used my **Intestinal Formula #1** and did a **5-Day BOWEL Detox** started to develop healthy hearts, normal blood pressure, normal blood sugar levels, balanced hormones, no fertility problems, functioning livers, normal cholesterol levels, healthy immune systems, normal urinary function, powerful adrenals, increased energy, healthy prostates, clean digestive tracts, stronger lower backs and normal leg circulation.

No matter how far removed from the colon the problem seems, cleanse the bowel first and see what happens. If you're like my patients, you will be thrilled with the results!

Fried and processed junk foods—found in the typical American diet—have helped to award us with the highest rates of colorectal cancer in the world!



Blockage Is The Root Cause Behind Most Disease!

We won! America won. Our lack of attention on good elimination and digestive health has awarded Americans with the highest level of digestive disorders, bowel disease, and colon cancer in the WORLD. That's right, we're #1!

HOW DID WE GET HERE?

Every single patient in my clinic had retained waste or some type of blockage somewhere in their body, and most often it was in their bowel.



First, ALL animal food—meat, eggs and dairy—has absolutely NO fiber. So, when we eat it, it's really hard to get that grease and fat out of our bowel. Add in wheat and flour products, and now you have a heavy paste.



Second, we don't move our bodies much, and a sedentary lifestyle promotes constipation.



Third, in America we have way too much stress, major stress, and stress also causes constipation.

Add this all up, and you can clearly see why Americans not only have the highest incidence of constipation, but they also have the highest incidence of colon and rectal disease on the planet.

Even worse, retained fecal waste causes everything from bad skin, bad breath and backaches, to headaches and low energy and contributes to the worsening of every known major disease. In my clinic, besides increased nutrition, a thorough BOWEL CLEANSING had the biggest impact to solve chronic health problems and greatly increase my patients' overall health.

My patients were always so amazed at how much better they felt after having regular and complete bowel movements.

Why Bowel Cleansing Is So Important...

ACCUMULATED WASTE

The human body is a metabolic engine. Every system, every organ, and every cell of the human body takes in fuel to run and eliminate waste material. The majority of this waste is deposited into your colon.

In fact, the average American stores from 10 to 12 pounds of fecal matter in his or her colon. If this toxic waste isn't regularly eliminated, it will cause your body to be backed up with poisons, making it sluggish and unhealthy.



CONSTIPATION

This body of ours must have had some incredible engineer. Everything has its place and there is no extra room. If one organ swells, then another organ gets compressed or crushed. Organs don't work well when they are crushed, and circulation gets interrupted. Every organ needs good circulation to bring nutrition in and get waste out, in order to be healthy.

Quick Start Guide To The Best Bowel **UnBlockers.**

Get started quickly with this easy overview of all
Dr. Schulze's Elimination products...

The **UnBlockers.** For Good **Reason.**

Peristalsis, the propulsive contractions of the colon muscle, is what helps your fecal matter to move along and out of your body, every day. If your peristalsis is weak or sluggish, the feces in your colon just sits there, festering and becoming toxic. Dr. Schulze's powerful herbal blend contains the natural phytochemical Emodin, which increases peristaltic waves, toning and strengthening the muscle to work more efficiently, so you can get the waste out and have a flatter stomach!



Intestinal Formula #1 is Dr. Schulze's premiere elimination product to powerfully promote regular and complete bowel movements.

Intestinal Formula #1 MAX is a maximum strength version of Intestinal Formula #1, created for those who need something a little stronger.

And for those who need something a little milder, **Intestinal Formula #3** is a liquid version that is great for the whole family.

Intestinal Formula #2 is a powerful vacuum, designed to draw toxic waste and build-up out of the colon. For the majority of people, we recommend this formula to be used along with Intestinal Formula #1, to ensure your colon is working more efficiently. Also, for a small group whose bowel runs "hot", skip Intestinal Formula #1 and go straight to the Intestinal Formula #2. It truly puts the fire out.

HerbalMucil PLUS is an organic, high-fiber formula with absolutely no sugars or fillers. Used daily, it will promote easy bowel movements and help maintain regularity.

The **Bowel Flush "SHOT"** is for the times when we overindulge. It will flush the "digestive nightmare" out of your bowel by morning. Plus, the smaller "SHOT" sized bottles make it conveniently portable.

Digestive & Intestinal Rescue Pack addresses the most common gastrointestinal complaints at home or when traveling.

Digestive Tonic will soothe any digestive disturbance, combat gas, bloating, nighttime upsets, and travel sickness.

Digestive "SHOT" works FAST on severe gastric upsets to help calm digestion so you can rest easy.

The Best Bowel Unblockers To Remove Waste & Toxins From Your Body

Shop at **HerbDoc.com**

Or call 1-800-HerbDoc



Intestinal Formula #1

The best herbal blend on the planet for regular and complete bowel movements. Plus, **strengthens the muscular movement of the colon.**

- Intestinal Formula #1** \$8
10 vegan capsules (575 mg each)
- Intestinal Formula #1** \$34
90 vegan capsules (575 mg each)
- Intestinal Formula #1** \$78
250 vegan capsules (575 mg each)

Real People, Real Results!
4.9 Stars
★★★★★
See All Customer Reviews

Intestinal Formula #1 MAX

A more powerful version of Intestinal Formula #1 **for those who need something stronger.**

- Intestinal Formula #1 MAX**..... \$34
(Maximum Strength)
90 vegan capsules (575 mg each)

Real People, Real Results!
4.8 Stars
★★★★★
See All Customer Reviews

Intestinal Formula #2

A powerful intestinal vacuum that **draws out old fecal matter, toxins, poisons, bacteria, and heavy metals.**

- Intestinal Formula #2** \$38
8-ounce powder
- Intestinal Formula #2** \$46
250 vegan capsules

Real People, Real Results!
4.8 Stars
★★★★★
See All Customer Reviews

Intestinal Formula #3

A milder, liquid version for the whole family. **For children and adults who need less power to move their bowel.**

- Intestinal Formula #3** \$24
4 ounces / 120 ml. bottle

See All Customer Reviews
Real People, Real Results!
4.9 Stars
★★★★★

HerbalMucil PLUS

The only 100% organic, herbal, fiber-rich, sugar-free, and chemical-free formula that helps you maintain regularity.

- HerbalMucil PLUS** \$38
8-ounce powder / 45-day supply

See All Customer Reviews
Real People, Real Results!
4.9 Stars
★★★★★

Bowel Flush "SHOT"

One "SHOT" is all you need when you want to **flush everything out of your entire gastrointestinal system by the following morning.**

- Bowel Flush "SHOT"** \$46
(3-pack) 1.5 ounces / 45 ml. bottle

See All Customer Reviews
Real People, Real Results!
4.9 Stars
★★★★★

More Powerful UnBlockers



Digestive Intestinal Rescue Pack

Designed to address the most common gastrointestinal complaints at home or when traveling, such as constipation, diarrhea, gastric upsets, and digestive disturbances.

Digestive & Intestinal Rescue Pack\$20
 Contains: 6 Intestinal Formula #1 capsules, 50 Intestinal Formula #2 capsules, and 1 Fresh Breath+



Digestive Tonic

Soothes and calms digestive disturbances. Combats gas, bloating, and nighttime digestive upsets. Promotes better digestion.

Digestive Tonic.....\$24
 1 ounce / 30 ml. bottle



Digestive "SHOT"

Works FAST on severe digestive disturbances and helps you properly digest your food and assimilate its nutrients.

Digestive "SHOT"\$44
 (3-pack) 1.5 ounces / 45 ml. bottle



Real People, Real Results



Looking For Some Help

"With all my stomach issues, I'm always looking for some help. I've been taking Dr. Schulze's because it's the BEST BOWEL CLEANSE!"

*— Ashley K., Temecula, CA
 (actual customer pictured)*

Powerful Ingredients

The herbs in **Intestinal Formula #1**, like Aloe, Senna, and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle.

Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile. Garlic is antibacterial, antiviral and antifungal. Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.



Curaçao & Cape Aloe Leaf

“The most potent and effective bowel cleansing herb in the world!”

Equatorial Aloes contain a powerful phytochemical (plant chemical) in the Anthraquinone family called Emodin, which has a very strong stimulating effect on smooth muscles like the bowel. When this chemical comes in contact with the surface of the bowel, it causes immediate and powerful muscular contractions, even though you rarely feel them. Emodin is such a powerful plant chemical that it will cause bowel contractions regardless of how constipated someone is, regardless of what they ate, regardless of their bowel disease. This Aloe Emodin worked 100% of the time with 100% of my patients.

Senna Leaf and Pod

“A very reliable stool softener and bowel cleanser!”

Senna stimulates the bowel to pulse more quickly, allowing more water to remain in the stool, rather than be absorbed back into the body; this makes for an easier, softer, faster bowel movement.

Companies that use Senna today use the most Senna Leaves from polluted countries like India and China, and then gas these herbs with toxic and carcinogenic bactericides upon importation. And they only use the leaf, whereas our ancestors used both the leaf and the pod, which is very potent medicinally. I use both the leaf and pod, as I have found they work much better in combination.

Cascara Sagrada Aged Bark

“Little else in nature provides such swift relief and reliable results!”

Cascara Sagrada stimulates the natural rhythmic contractions of the bowel that are more commonly known as peristalsis. It also tones the muscle wall as it works, exercising and toning the bowel muscle.

Little else in nature provides such swift relief and reliable results. Cascara Sagrada produces a regular, satisfying bowel movement of the kind that few people in our day and age achieve on a daily basis, with the predictability of clockwork.

Garlic Bulb

“Garlic has been a wonder of nature for over 4,000 years!”

Garlic keeps your entire digestive and elimination system free from harmful and toxic microbes. Whenever you are doing any bowel detoxification and cleansing, you are removing old fecal material.

Garlic also kills the intestinal invaders that inevitably make their way into the gut and live there for years, if not treated.

The Allicin found in Garlic is what makes it very difficult for all these invaders to thrive, which can happen especially when the diet is high in sugar and carbohydrates.

Why Use Intestinal Formula #1?

Intestinal Formula #1 is part one of my **5-Day BOWEL Detox**. Its main medicinal action is to relieve constipation and assist you in having more regular and complete bowel movements.

FACT The average American stores 10 to 12 pounds of fecal waste in their colon; definitely not healthy.

FACT The average American has only two or three bowel movements a week; 70,000 short in their lifetime!

FACT Constipation can cause an almost endless amount of seemingly unrelated diseases and problems.

FACT Americans eat more than ONE MILLION animals per hour! NO FIBER!

FACT In 1950, the leading medical text on the diagnosis of disease stated that 10% of Americans developed bowel disease. Today, it states 100% will eventually develop bowel disease (diverticulosis, a leading precursor to colon cancer) if they live long enough.



Good Health is the Best Reward

Our SuperFood-A-Month Club is the Best Step Toward the Healthiest You!

Visit: HerbDoc.com/SFMC
 Or, call toll-free: **1-800-HERBDOC** (437-2362)

Join Dr. Schulze's **SuperFood-A-Month Club** TODAY and Get **FREE Shipping** on Every Order, Every Month!

Add any products to your monthly order and still get FREE Shipping!

PLUS

- ✓ **Price Match Guaranteed**
If your monthly SuperFood product goes on sale, you get the savings automatically.
- ✓ **Special Exclusive Bonuses**
Receive complimentary gifts and new product previews.
- ✓ **Complete Flexibility**
Choose from any of the seven SuperFood products below and change your products and quantities any time.
- ✓ **Cancel Anytime**
With one simple phone call. No fuss, no obligations.

Choose any of these powerful, daily nutritional products.



Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

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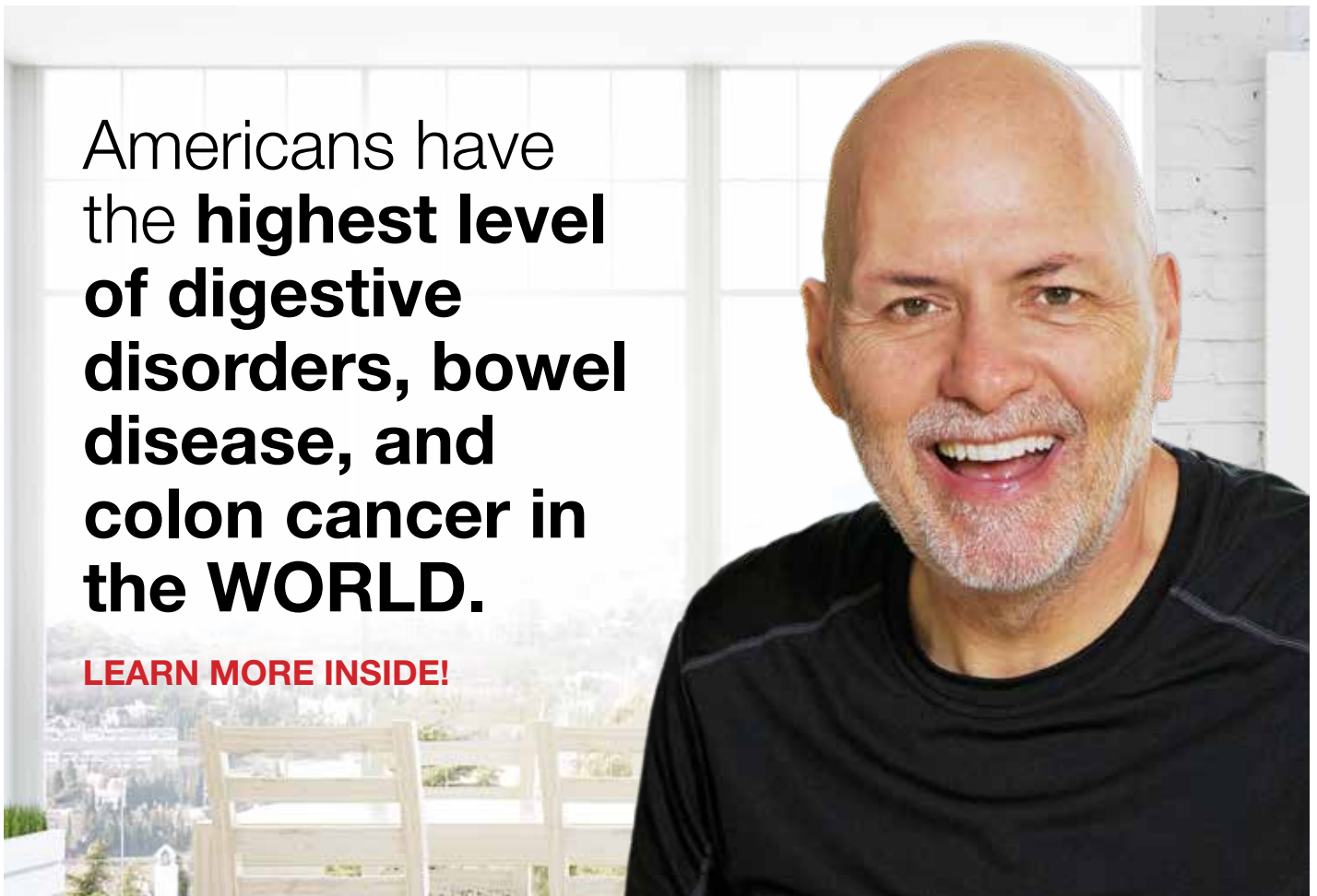
1.800.HERB.DOC (437-2362)
or visit www.herbdoc.com

RETAIL STORE

4114 GLENCOE AVENUE
MARINA DEL REY, CA 90292



Why
UnBlock?



Americans have
the **highest level**
of digestive
disorders, bowel
disease, and
colon cancer in
the WORLD.

LEARN MORE INSIDE!