

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

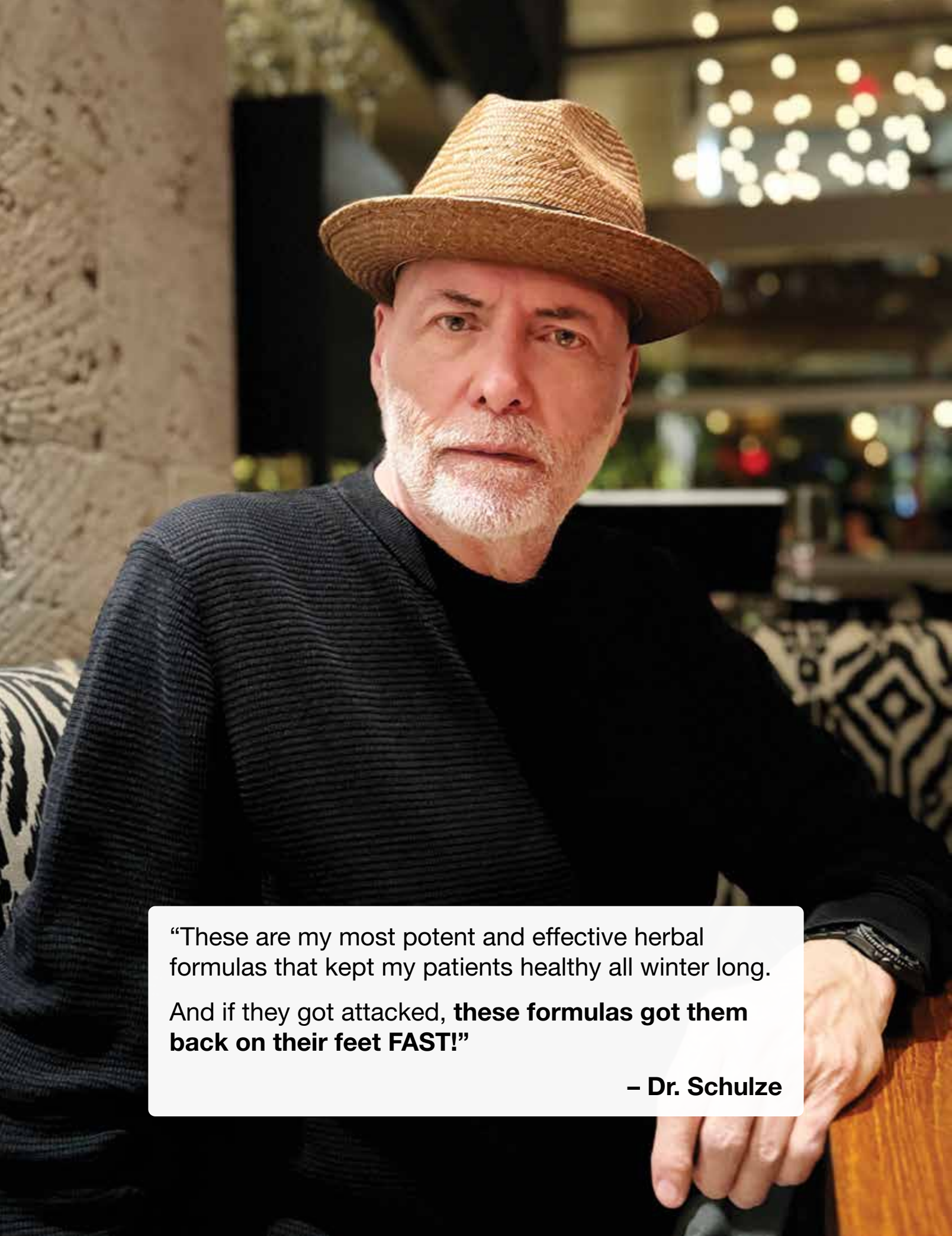
Since 1979

2025-26 **SEASONAL REPORT**

THE ONLY
SHOT



YOU
NEED!



“These are my most potent and effective herbal formulas that kept my patients healthy all winter long. And if they got attacked, **these formulas got them back on their feet FAST!**”

– Dr. Schulze

Fall & Winter 2025 - 2026

This time of the year “winter invaders” make their rounds, and if they come to your house, will you and your loved ones be ready? I’ve spent 50 years helping my patients and their families stay strong through every season. My message is clear:

STOP the habits that drain your energy and weaken your immune defenses and START new daily practices that fuel and strengthen your body and immune system. With this simple approach, you can build the kind of natural resilience that makes you unstoppable all winter long.

And, if you get attacked by any seasonal invader, I want you to have the tools to protect you and your family and stop these killers dead in their tracks.

That’s why, in this month’s Special Report, I’m giving you my top herbal formulas and proven tips from decades of clinical practice and natural healing experience. Think of it as your quick-start checklist for protecting your health and keeping your energy high all season long.

I’m also giving you the same strategies and formulas I developed in my clinic that helped all my patients turn a month-long hell into a few days of bounce-back!

My friends, by preparing now, you can move into the holidays with confidence, enjoy time with loved ones, and start the New Year feeling clear, strong, and ready for what’s ahead.

And if you get caught, you know how to get on your feet quickly. This fall is your chance to build a supercharged foundation for 2026.

Let’s get started!

Dr. Schulze

My Winter

Friends, I am showing you my daily routine. I LIVE on my products. People always say I look so young, my skin looks so good, I have soooo much ENERGY, I am always so HEALTHY, and here is why...

This time of year I like to gargle then swallow “some” of my **C&F Herbal “SHOT”** as soon as I wake up. I like the “10-SHOT” bottle for home use. It uses less glass, and you don’t always need 1.5-ounces. I take a little swig or a sip every morning. This way, the bottle lasts all month. Of course, if you are sick you can use a lot more.

A few minutes later, I gargle vigorously with my **Daily Oral Therapy**. I also do this right before

bed, and throughout the day, whenever I see the bottle. I also keep a bottle in my shower and gargle there, too. This formula destroys anything that gets in your mouth—the place where most trouble starts! It also eliminates any smell from the **C&F Herbal “SHOT”** that may be lingering on your breath.

Breakfast. EVERY DAY OF MY LIFE I take either my **SuperFood PLUS** or **SuperFood ULTRA** (usually **SuperFood ULTRA**) because powerful nutrition PROTECTS you and builds immunity!

Super-C PLUS. I chew 2 to 4 tablets every time I am at my sink. Vitamin C-Complex is the most powerful fuel for your immune system!

SuperFood 100. I always throw a couple of tablets in my pocket before I leave for the day, or I’ll make a quick **SuperFood 100 Powder** drink in the afternoon. More nutrition = more immune strength and more protection.

Season Arsenal

Hand Clean, I never leave home without a bottle in my pocket. This formula is absolutely essential especially during this season. I spray it all over my hands numerous times a day. And if I have to use a public bathroom, I spray it on my hands, before, during, and after. I even spray it on the toilet seat if necessary and of course on my hands liberally after I leave the restroom. If I shake hands, I use it. Often I soak my hands with it and even wipe it all over my face, Just keep a bottle in your pocket and get addicted to it. One spray can save you from a nightmare.

Air Detox. I have about five bottles all over my bathroom and bedroom. I like to spray it in my shower (careful not to slip on it), and also on my pillow at night. I use it every time I see it.

Throat & Tonsil is amazing. It now has a new, awesome applicator that lets you spray it right on your tonsils. This kills ANYTHING and EVERYTHING that attacks you and goes right where you need it.

Avoid Sick People. RUN from them, don’t be polite, tell them to get the hell away from you (but nicely) and don’t breathe their exhaust.

Blast your body with some (or all) of my very potent secret weapons to stay protected. This will BOOST your immunity, PROTECT you, and keep you healthy—all while killing germs in the air all around you.

Friends, this is what I do EVERY DAY during fall and winter months. I walk the walk, and I kick-ass on ANY invader that comes near me.

Have fun out there and have an awesome October!

— Dr. Schulze



SUPERCARGE

My C&F Herbal “SHOT” is the ULTIMATE because it’s packed with more herbs than anyone else would ever put in one bottle! All you have to do is open the cap, drink it straight out of the bottle, gargle, swallow it. Nothing could be easier, simpler, faster...and more potent.



What's in it?

Botanical Ingredients include Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, and enough organic. Acerola Cherry to give you an assailable blast of natural Vitamin-C (actually 1,000% — 10 times—your Recommended Daily Intake).

What's NOT in it?

This formula is made using only the most potent organic and wild-harvested herbs, with no chemicals, no sugars and no junk.

DON'T WAIT!

At the first sign of that “uh-oh” feeling, take action! Don't wait and don't try to “sleep it off.” Keep Dr. Schulze's C&F Herbal “SHOT” on-hand this winter to get a heroic dose of herbs immediately, the moment you need it. Use two, three or up to six “shots” a day — whatever it takes to get you back on track!

YOUR IMMUNITY

...and Make It Delicious

Dr. Schulze's Defender Drink

The easiest, most delicious way to boost immunity!



Dr. Schulze's Defender Recipe

In a Blender add:
1 **C&F HERBAL “SHOT”**
Pour it in to get a clinically extreme dose of my immune-boosting Echinacea Blend, SuperTonic, 1,000% of your Vitamin-C Complex, and over a dozen additional immune boosting herbs.

SUPER-C PLUS, ONE-HALF TABLESPOON
This is a double dose, giving you an additional 1,000% of your RDA of Vitamin-C. You're now at 2,000% not including the fresh fruit!

8 OUNCES OF ANY JUICE
Mixed fresh citrus is best, and a touch of lemon or lime is awesome.

1/2 CUP OF ANY FRUIT
Strawberries, Blackberries, Raspberries, Blueberries are readily available, make it taste great, and add even more Vitamin-C. All fruits contain natural Vitamin-C.

4 OUNCES PURE WATER OR ICE CUBES
This can be more or less depending on your taste. Ice cubes will cool this drink to soothe sore throats.

I NEVER Leave Home Without This, EVER!!!!

The Great Plague of 2020

Friends, ever since the great plague of 2020, (the name of which I cannot mention under threat of prison), I have been using my Hand Clean on my hands and body around 10 times a day. When I am out and about, bathrooms are not always available, and when they are, they are often worse than what my hands might be contaminated with. So instead of going into strange, dirty bathrooms, I simply apply 5 or more sprays of my Hand Clean, then I'm clean, and I'm ready to move on!

Public Toilets

I used to tell people to wash their hands with soap and water 10 times a day, but this not only dries out your skin, but where you wash them and what you touch going in and out of a public toilet might be dirtier than your hands. Even if you clean your hands really well, how do you get out of the bathroom without touching contaminated and infected surfaces? You're trapped!



I had the Solution

Back in 2020, the President asked that any company capable of producing hand sanitizer to start making it due to the shortage. Legally, I cannot make hand sanitizer because you have to put harmful chemicals in it by law, but regardless, I realized something:

I had a warehouse full of thousands and thousands of gallons of pure organic, 98% (196 proof) sugarcane alcohol, which I dilute down with distilled water to make my herbal medicines. I realized that I could dilute down this same organic alcohol with distilled water to 71% (alcohol).

[According to a study published by the National Library of Medicine in 2020, the World Health Organization states that alcohol-based hand sanitizers in multiple dilutions inactivate the current virus. Furthermore, in 2021 it was stated that 30% alcohol resulted in complete viral inactivation, but they suggested 60% to be absolutely positively sure. This concentration also kills a broad range of bacteria and fungus.]

No DRY Hands / No STICKY Hands

Additionally, I added organic Lemon Oil that moisturizes your hands. So unlike soap and water or other alcohol-based sanitizers that dry out your skin, my Hand Clean does the opposite, it makes your hands and your skin softer. I also added Thyme, because the essential oil of Thyme (Thymol) has been used historically and currently in commercial products such as Listerine. I also added Peppermint and Ginger for their powerful herbal effects and WOW! Did I mention it's NOT sticky either. What is it with all these other hand sanitizers that when you use them you feel like your hands are covered with GLUE. Tacky, Sticky,



Toxic YUCK!!! Over 150 brands of hand sanitizers have been recalled since 2020 due to them containing deadly chemicals such as Methanol, made from poison gas, which can cause permanent blindness if as little as 10ml is ingested. I feel like I need to wash my hands after I use any of those.

It's not a Mojito, but it could be!

When I am out, after I spray 5 or more sprays onto my hands, I finish with a few sprays in and around my mouth, as well as my face and arms. People around me usually freak out, because you couldn't spray any other hand sanitizer on the market into your mouth, unless you want to poison yourself with toxic blinding glue. But with my Hand Clean, you can spray it almost anywhere, including your mouth, and even swallow it, and it won't hurt you, it just cleans you against microscopic bad guys.

Friends, I hope you enjoyed my Hand Clean story, and I hope you enjoy this product as much as I do. It feels so assuring when your hands are clean, and free from contamination. This time of year during the fall, winter and spring seasons, all it takes is one slip-up or unconscious moment in touching a contaminated surface and then inadvertently putting a finger in your eyes, nose, or mouth and the next thing you know you are in bed for 3 weeks. So, Stay Safe, Stay Protected and Stay Clean.

Dr. Schulze



Protect Yourself

All Winter Long!



NOW through October 31st, get
FREE Shipping
On ALL Orders Over \$75!

1 SuperFood ULTRA, SuperFood PLUS & SuperFood 100

This is how I start my day, EVERY DAY, all year long! It IS my breakfast. But this time of year, it is NOT an option; it's a MUST. Getting a vitamin blast first thing in the morning will give your immune system all the nutritional building blocks it needs to build immune cells, immune chemicals, and keep your immune system running in high gear to protect and defend you. Even when I have my **SuperFood ULTRA** or **SuperFood** breakfast, I still put 3 **SuperFood 100** tablets in the coin pocket of my jeans and take them in the afternoon for an extra additional nutritional boost – or I just make a quick SuperFood 100 powder drink instead.

WONDERFUL PRODUCT!

"Love this SuperFood Ultra. Been using it for several months now and have seen a remarkable improvement in my overall health and wellbeing."

– Robin W.

I USE IT EVERY DAY!

"I like the SuperFood Plus powder. I use it every day in a morning smoothie. I feel it enhances my health and I see positive results on lab tests. I will continue to make it part of my morning routine. Thank you for making such a great product."

– Sam R.

2 C&F Herbal "SHOT"

Once a month, to keep my immune system running at peak performance, regardless of how I feel, I take a **C&F Herbal "SHOT"** every day for six days. And, if I feel like I may be coming down with something at any time, I take 1, 2, or 3 "SHOTS" a day until I feel great again. I blend the two most potent species of Echinacea in this formula that shift your immune system into high gear. Altogether, this powerful tonic contains over 20 potent immune-boosting herbs! Simply put, they stimulate your body to build more protective immune cells and immune chemicals.

NOTE: Years ago, my son, Arthur, said that when he feels sick, he doesn't want to bother putting 12 droppers full of my **Echinacea PLUS** with six droppers full of my SuperTonic and mixing it with other herbal tonics and juices, so he pushed me to create the **C&F Herbal "SHOT"** which has been a huge success ever since.

3 Super-C PLUS

If there is one nutritional complex that's essential for your immune system, it is Vitamin C. My **Super-C PLUS** contains not just Vitamin C but also potent bioflavonoids, hesperidin, rutin, and 1,000 more Vitamin C complexes that we haven't fully identified yet. This formula is PURE IMMUNE FUEL that your immune system needs EVERY DAY. Don't you dare put that cheap, toxic chemical ascorbic acid crap from China in your mouth that all the other vitamin C manufacturers are using! First, it's highly toxic, and second, it's incomplete—missing all the God-given micronutrients, some we have discovered and some we won't discover for another 500 years. What better way to get your immune fuel every day than the way God and Nature intended—from 12 organic herbs, vegetables, and fruits that are the highest naturalsources of Vitamin C complex on planet Earth.

Protect Yourself All Winter Long!



4 Echinacea PLUS & Children's Echinacea

Echinacea PLUS is my combination of Echinacea angustifolia root (the original medicine of the indigenous peoples of the American Plains) and an additional species of Echinacea, Echinacea purpurea seed. Both of which contain concentrated organic phytochemicals that help to supercharge your immune system **NATURALLY!** This formula works to strengthen your immune system and increase the number of immune cells and immune chemicals in your body and bloodstream.

5 Super Tonic

My **SuperTonic** is something never to be without during the winter season. I designed it at the beginning of my clinical career, something that my patients could use to basically eliminate anything that could hurt them. Over 45 years later it is still one of my most popular formulas, I wish I could tell you more.

6 Throat & Tonsil

Right next to my **Daily Oral Therapy**, I keep a bottle of my **Throat & Tonsil** Spray. If I feel anything unusual in my throat and tonsils when I wake up (like a scratchy throat or any soreness), I spray this formula directly onto my tonsils using the very cool spray nozzle.

Your tonsils are an essential immune component, and if they show any sign of soreness, redness, or swelling, this means that your immune system has been compromised and is kicking in, and the tonsils are swelling with white blood cells. So, help them out!

7 Lung Tonic

The herbs in this formula support easy breathing by opening up respiratory passageways and allowing more air to enter the lungs.

NO LONGER NEED INHALER!

"It's great. Until I started using Lung Tonic, I was needing an inhaler once a day to loosen the phlegm stuck in my chest. I no longer need my inhaler and use this product every day instead."

— Mary K.

8 Hand Clean

I use my Hand Clean more often than any of my herbal formulas. I keep a bottle in my car and another in my pocket whenever I go out. I clean my hands at least once an hour when I am out. Often, I put a lot of it on my hands and then wipe it all over my face. I even spray it in my mouth (my son, Arthur, calls it 'Mojito in a bottle'—Organic Sugar Cane Alcohol "rum" over 70% alcohol, Organic Lemon Oil, Organic Ginger tincture and Organic Thyme tincture, *yummy* 😊). Just be careful not to spray it in your eyes. If I eat out, I spray the utensils, glasses, bottle tops, and anywhere someone besides me touched. It is the first formula I use every day and the last one I use before bed. I admit I have become obsessed with this formula. I may need therapy.

9 Herbal Shield

This is my 100% ESSENTIAL OIL BLEND to support immunity! It has an easy-to-apply roller ball dispenser. I roll it on my upper lip and then take a cotton swab and put it in my nostrils. I take it with me everywhere!

BREATHING EASY!

"I breathe so much easier whenever I use the Herbal Shield. Not only do the essential oils open up my sinuses, but my anxiety level is reduced anytime I leave the house. It's become my security blanket. :) Thanks for another amazing product!"

Maggie S.

Protect Yourself All Winter Long!



10 Daily Oral Therapy

I use this formula first thing in the morning after getting out of bed, so it lives on my bathroom sink. In the morning, the first thing I do is swish and gargle vigorously with **Daily Oral Therapy**, even straining it through my teeth. Not only does this formula work wonders for the health of my teeth and gums, but it also cleans my entire mouth of everything.

11 Air Detox

I designed this formula in my clinic, and an atomizer sprayed it constantly to keep the air fresh and clean. It has a delightful eucalyptus/citrus scent that detoxifies the air and clears the mind.

STAYED HEALTHY!

"My sister was visiting and was sneezing and coughing everywhere. I sprayed the Air Detox and even hugged and kissed her, but I stayed healthy. I love this spray!"

– Robin S., Santa Monica, CA

NEW! Products for a Flawless & Fresh You!



NEW Blemish Stick

Formulated with potent botanical astringents and skin-loving ingredients, it targets blemishes at the source—drying them out while gently cleansing. The convenient stick form makes spot treatment effortless, whether you're at home or on the go. *Free from synthetic fragrances, alcohol, and parabens—just pure, plant-based rejuvenation. Perfect for all skin types, especially sensitive or breakout-prone skin.*



NEW Fresh Breath+ Spray

A customer favorite, now with a targeted sprayer for easier and cleaner use. Just one spray blasts away bad breath instantly, using ultra-concentrated peppermint spirits—the strongest in nature. It also supports healthy digestion and overall mouth care. *Whether you're at home or on the go, this compact bottle packs a punch you can trust.*



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